

# MSHS

## Girls Soccer 2026 Contract



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## **INTRODUCTION**

This contract was designed to serve as a soccer handbook outlining the responsibilities you must assume, the commitments you must make, the guidelines you must follow, and if you are not in accordance with the contract, the consequences you may face. Please review the contract carefully by yourself and with your family. Sign and return the last page to one of the coaches by Tuesday August 19. If you have not returned this contract by this date, YOU WILL NOT BE ABLE TO PRACTICE OR PLAY IN GAMES.

## **RESPONSIBILITIES**

### **ACADEMICS**

Upon becoming selected as a soccer player to represent your high school, you must assume many responsibilities. Your first responsibility is to your academics. Your education cannot be compromised by your participation in soccer; therefore, it is your responsibility to maintain a quality or above quality grade point average throughout the season. The Athletic Department has established a 70% as the necessary GPA. See Mr. Diamond's Athletic Code for specific grade point average requirements.

### **BEHAVIOR/CONDUCT**

Next to academics in importance is behavior. Since your primary role as a soccer player is to represent your school, how you conduct yourself in school and out is important. Inappropriate behavior will not be tolerated.

- 1 school-based disciplinary consequence will result in 1 benched game
- 2 school-based disciplinary consequence will result in a conference with the Athletic Director.

Even though it is difficult to monitor your behavior outside of school, you are still expected to act as a role model, which means the following will not be tolerated:

- Smoking/drinking in and out of uniform.
- Fighting in and out of uniform.
- Team drama will not be tolerated. You are expected to act cordially with all of your teammates and work together when you step on the field.
- If you have a serious issue with someone on the team, the player and/or captain should bring this to the attention of the coaching staff to be addressed.

First-time offenders will be benched for at least one game, pending a conference with the Athletic Director; second-time offenders will be dismissed from the team, pending a conference with the Athletic Director. The school Athletic Code may overrule in cases of tobacco/alcohol use.

# ATTENDANCE

## **ABSENCES**

Because the entire team is so dependent upon each other and cannot function successfully without all of its members, attendance is crucial. Therefore, make every effort to attend all games and practices. Absences from a practice or a game will be excused under the following condition.

- Legitimate illness with a dated note from the treating physician. I do not need a diagnosis, but I do need to be able to verify that you were seen by a doctor/Urgent Care.
  - College Visit
  - Verified medical appt. (coach must receive parent email or note before)
  - Verified appointment to take driver's test.
  - Wedding/Funeral
- Absences from school, practice, or a game with a reason that is not listed above may fall under the coach's discretion; for example, an absence resulting from a death or serious illness of a close friend or family member is 100% excusable.
- Absences due to work are not considered excusable. Any changes made to the schedule that may impact any player's work schedule will be dealt with on an individual basis.
- Absences due to a club meeting are not considered excusable. If you are missing practice due to a club meeting, an email from the advisor or teacher must be sent to the coaches

Unexcused absences from practices can be treated as follows, however, not all situations can be treated the same and the coaching staff may use its discretion when dealing with a unique situation:

- **First** unexcused absence = benched for half of a game
- **Second** unexcused absence = benched for the entire game
- **Third** unexcused absence = benched for two games
- **Fourth** unexcused absence = suspension while awaiting a conference with the Athletic Director to discuss dismissal from the team.

Unexcused absences from games can be treated as follows, however, not all situations can be treated the same and the coaching staff may use its discretion when dealing with a situation:

- **First** unexcused absence = benched for the entire next game
- **Second** unexcused absence = benched for two full games
- **Third** unexcused absence = suspension while awaiting a conference with the Athletic Director to discuss dismissal from the team.

## **LATENESS**

Lateness is treated similarly to unexcused absences but with less severe consequences. The following applies to anyone **arriving more than ten minutes late to a game or practice.**

- First lateness = warning
  - Second lateness = benched for half of a game
  - Third lateness = benched for next entire game
  - Fourth lateness = conference with Athletic Director
  - Three instances of lateness (more than 10 minutes) will be recorded as one Unexcused Absence.
- **Arriving late to practice due to acquiring extra help in any given subject is excusable; the coaching staff must be notified in advance. You should get changed in the Team Room first, then go to get extra help.**
  - **Anyone arriving later than 30 minutes to a practice or a game without being excused must face the penalties outlined under ABSENCES. (see above)**

You must be arriving at school on time. If you arrive after 7:45 AM you can not play that day; PRACTICE OR GAME. If you are consistently late-3 times (arriving anytime after 7:40) you will not start the next game.

## **BENCHING**

If you are benched for any reason other than physical injury or illness, you must still dress for the game and sit on the bench with your team. Even though you are being disciplined, you will still be in uniform.

## **DISMISSAL FROM THE TEAM**

If you are dismissed from the team or leave voluntarily, you will lose your letter, and all uniforms, fundraising money, etc...must be turned in in a timely fashion or an obligation will be placed upon you in the Guidance Office.

## **APPEARANCE**

Take pride in your appearance; after all, it is often an accurate reflection of your performance. Teams that look good generally perform well; *Look good, feel good, play good.* Therefore, you are required to always have the following:

- Uniform / Practice Jersey
- Soccer Shorts - Biker shorts are not permitted to be worn as pants
- Cleats / NJSIA Regulated Shin Guards
- Running Sneakers

## **LETTER AWARDS**

All student-athletes that compete in our full fall season will receive a letter/pin accordingly. Varsity letters will be awarded to student-athletes who have appeared in at least 1/2 of our Varsity games. Coaches' discretion will be used for special circumstances or situations and will be on a case-by-case basis.

- Players dismissed from the team or those with more than 5 unexcused absences/disciplinary infractions forfeit their right to letter, regardless of games played.

## **TEAM EQUIPMENT**

Each student-athlete will receive a 'team kit' with all required uniform pieces. It is the players responsibility to keep track of all equipment distributed to them in the beginning of the season.

- Failure to return equipment will result in a fine to replace the item that was lost. Ripped or damaged equipment that is not reported when uniforms are distributed will also result in a fine to replace the damaged equipment item.

## **INJURIES / ILLNESS**

All documentation for injuries and illness that prevent you from participating should be shown to the coaching staff, and then turned into Mrs. Liza Sylvia the athletic trainer.

- If you are unable to participate due to an injury, you are still expected to show up each day to the practice/game to watch. Student-athletes that fail to show up will be documented as an unexcused absence. Refer to the *Absences* section for consequences.

After you have reviewed the soccer contract, please sign this and have a parent/guardian sign this page and return to Coach McKinley on or before **TUESDAY, AUGUST 18TH.**

NOTE: You will not be permitted to participate until this has been signed and returned.

# ***MSHS***

## Girls Soccer Contract

Fall 2026

Player Name: \_\_\_\_\_

Grade: \_\_\_\_\_

I, \_\_\_\_\_, a member of the MSHS Girls Soccer Program, have reviewed the Soccer contract and accept its contents.

Date: \_\_\_\_\_

I, \_\_\_\_\_, a parent/guardian of the above Soccer player have reviewed the MSHS Girls Soccer Contract and accept its contents.

Date: \_\_\_\_\_