

Maple Shade Field Hockey Team Rules 2026

Coaching Staff:

- Cassidy Santorelli – Head Varsity Coach csantorelli@msemail.org

All Field Hockey Players will:

- Abide by all the school rules.
- Be responsible and accountable for one's actions and responsibilities during school and after school hours. This includes ALL **social media!**
- Communicate with coaches/captains with any concerns you may have (positive or negative) with the team.
- Like/heart GroupMe messages to ensure information was received, read, and understood.
- Be asked to participate in team fundraisers.

Missed Practices and Games:

- All players **MUST** bring back a note from the doctor, dentist, or hospital for any missed practices or games in order to be counted as an excused absence.
- All players must provide a note to the coaching staff and athletic trainer clearing them to play if the reason for the doctor visit is due to or related to an athletic injury.
- 3 unexcused absences may result in the player's dismissal from the team. The coaching staff will determine what is considered excused. (Illnesses, Appointments with notes, Funerals, College Visits, Work)
- Please inform Coach Santorelli if you will not be at a practice or game as soon as possible.
- School work is your 1st priority! Seek extra help during learn. If that is not feasible, meet with the teacher after school. Bring a note for it to be excused, signed by that particular teacher.
- A bus is provided to take student athletes to and from games. A parent may fill out a form on the athletic website if you do not ride the bus.

Coaches' Calls:

- We are building a program that is competitive at the Varsity level.
- A starting role will need to be earned and kept the entire season.
- There will be players that will receive limited playing time due to the level of play and the number of players that are on the team.
- **ONLY** the student athlete may respectfully question the coach about playing time.
- Missing practice prior to a game or missing a game may affect playing time.

Behavior:

- Keep cell phones on silent during practices and games. If a player needs to use it for an emergency, please ask first.
- No hazing, cigarettes, vaping, drugs, or alcohol: A student athlete will be dismissed from the team if buying, selling, or caught doing any of the above.
- Inappropriate behavior and unsportsmanlike conduct at practice/games will have consequences. 1st offense-meeting with coaches and placed on a behavioral plan. 2nd offense- game suspension/s. 3rd offense-dismissal from the team.

Grades:

- You are a student first then athlete. You must maintain above a 70 in all of your classes. Grades will be checked by coaches frequently throughout the season!
- If any of your grades drop below a 70, you will not be allowed to play in the game/s until you bring your grade above a 70.

Varsity Letter:

- If you travel with the varsity program during some of the season, it does not mean you will receive a varsity letter.
- In order to earn a varsity letter you must participate in a varsity game. No minimum minute, or games. Representing the team in a positive manner off the field, on the sidelines, in practice, and within game play will earn you a varsity letter. Varsity letters are not only recognized for skill but sportsmanship.
- **Consequences:**
- Consequences for not abiding by the above rules will be dealt with accordingly with the individual athlete.
- In addition to the particular consequences listed above; a player may lose playing time, lose their position, suspended from team, dismissal from team, any other consequence the coaching staff and administration feels is required.

Student's Name: _____

Date: _____

Parent's Name: _____

Date: _____