**2026 Decorah Girls Invitational - 4/9/2026**

**Decorah High School**

**Results**

### Event 1 Girls 800 Sprint Medley Junior Varsity

| | School | Seed | Finals |
|---|---|---|---|
| Finals | | | |
| 1 | South Winneshiek 'A' | 2:10.00 | 2:08.22 |
| | 1) Alyssa Holthaus 12 | 2) Jena Peters 10 | |
| | 3) Helen Maldonado 09 | 4) Remi Wadsworth 09 | |
| 2 | Crestwood 'A' | 2:20.00 | 2:12.54 |
| | 1) Addison Rice 09 | 2) Kaidence Mahr 09 | |
| | 3) Raelynn Fortney 09 | 4) Aliyah Lidtke 09 | |
| 3 | Decorah 'A' | 2:05.00 | 2:14.07 |
| | 1) Simone Downing 10 | 2) Kelby Kerndt 12 | |
| | 3) Lyla Lovstuen 12 | 4) Natalie Stevens 12 | |
| 4 | Dubuque Senior 'A' | 2:14.00 | 2:17.59 |
| | 1) ZZ Lightfoot 11 | 2) Caydence Heim 10 | |
| | 3) Emma Daley 10 | 4) Sophia Tigges 10 | |
| 5 | Decorah 'B' | 2:15.00 | x2:19.01 |
| | 1) Harlie Larson 10 | 2) Harper Menke 09 | |
| | 3) Chloe Albert 09 | 4) Natalie Holthaus 10 | |
| 6 | New Hampton 'A' | 1:58.93 | 2:30.14 |
| | 1) Rylie Rochford 09 | 2) Brooklyn McShane 12 | |
| | 3) Adeline Dieterich 09 | 4) Gretta Kuehner 10 | |

### Event 2 Girls 800 Sprint Medley Varsity

| | School | Seed | Finals | H# |
|---|---|---|---|---|
| 1 | Decorah 'A' | 1:54.00 | 1:54.44 | 2 |
| | 1) Audrey Essa 11 | 2) Cassandra Stammeyer 10 | | |
| | 3) Avery Massman 09 | 4) Eden Northup 10 | | |
| 2 | Turkey Valley 'A' | 1:57.72 | 1:56.71 | 2 |
| | 1) Kendall Kuennen 11 | 2) Brynlee Hayek 10 | | |
| | 3) Hazel Nieman 11 | 4) Isabella Stika 11 | | |
| 3 | South Winneshiek 'A' | 1:57.50 | 1:57.88 | 2 |
| | 1) Cloey Zweibohmer 12 | 2) Emmy Gehling 10 | | |
| | 3) Alexis Johanningmeier 10 | 4) Maddy Jansen 12 | | |
| 4 | New Hampton 'A' | 1:58.93 | 1:58.39 | 2 |
| | 1) Zoey Kellogg 11 | 2) Madison Shawver 12 | | |
| | 3) Aleigha Cahoy 10 | 4) Capri Lester 11 | | |
| 5 | Mason City 'A' | 2:00.17 | 1:58.45 | 2 |
| | 1) Peyton Zilge 11 | 2) Piper Johnson 12 | | |
| | 3) Latasha York 11 | 4) Mara Dixon 10 | | |
| 6 | Crestwood 'A' | 2:03.22 | 2:00.58 | 2 |
| | 1) Charley Curtis 12 | 2) Taylor Reis 11 | | |
| | 3) Bryleigh Slavin 11 | 4) Ella Otters 10 | | |
| 7 | Waverly-Shell Rock 'A' | 2:05.00 | 2:03.49 | 1 |
| | 1) Kambree Westendorf 09 | 2) Ainsley Prostine 10 | | |
| | 3) Kara Thor 12 | 4) Cameo Burgess 12 | | |
| 8 | Waukon 'A' | 2:07.00 | 2:06.75 | 1 |
| | 1) Braelyn Zuercher 10 | 2) Lyla Stigler 09 | | |

**2026 Decorah Girls Invitational - 4/9/2026**

**Decorah High School**

**Results**

**....Event 2 Girls 800 Sprint Medley Varsity**

| | | | | | |
|---|---|---|---|---|---|
| | 3) Peyton Crary 09 | 4) Kayler Hanson 10 | | | |
| 8 | Dubuque Senior 'A' | | 2:07.04 | 2:06.75 | 1 |
| | 1) Sophia Martinez 12 | 2) Lillian Boettner 10 | | | |
| | 3) Khloe Sweet 11 | 4) Leighton FitzPatrick 09 | | | |

**Event 3 Girls 3000 Meter Run Varsity**

| | Name | Year | School | Seed | Finals |
|---|---|---|---|---|---|
| 1 | Scarlett Byrnes | 12 | Osage | 10:35.30 | 10:25.06 |
| 2 | Annie Hageman | 11 | South Winneshiek | 13:00.00 | 11:46.33 |
| 3 | Ava Franzen | 11 | South Winneshiek | 13:00.27 | 11:48.47 |
| 4 | Amelia Roe | 12 | Decorah | 12:28.83 | 11:59.19 |
| 5 | Claire Johnson | 11 | Waukon | 12:26.44 | 12:02.85 |
| 6 | Deborah Hougen | 12 | Decorah | 12:33.63 | 12:17.00 |
| 7 | Elsie Sweeney | 09 | Waukon | | 12:25.45 |
| 8 | Livia McCabe | 09 | Crestwood | 12:47.21 | 12:30.08 |
| 9 | Juanita Cardona | 12 | New Hampton | 12:53.61 | 13:10.13 |
| -- | Tatum Dugan | 09 | Waukon | 13:32.94 | X13:05.52 |
| -- | Leah Peake | 09 | Waukon | 13:30.36 | X13:05.73 |

**Event 4 Girls 4x800 Meter Relay Varsity**

| | School | Seed | Finals |
|---|---|---|---|
| 1 | Waukon 'A' | 10:15.61 | 10:03.85 |
| | 1) Elle Wilkins 12 | 2) Emma O'Neill 12 | |
| | 3) Reegan Benzing 11 | 4) Bryiah Stewart 11 | |
| 2 | Decorah 'A' | 10:26.38 | 10:04.15 |
| | 1) Olivia Volkmann 11 | 2) Eva Hurley 10 | |
| | 3) Lauren Holthaus 12 | 4) Raelyn Newhouse 10 | |
| 3 | Waverly-Shell Rock 'A' | 10:28.31 | 10:33.81 |
| | 1) Regan Pries 10 | 2) Harper Morrison 09 | |
| | 3) Esther Zart 09 | 4) Allison Kay 10 | |
| 4 | Mason City 'A' | 10:30.00 | 10:39.55 |
| | 1) Brynn Peterson 10 | 2) Paizlee Carter 11 | |
| | 3) Callan Fitzgerald 10 | 4) Ivy Ketelsen 09 | |
| 5 | Turkey Valley 'A' | 10:41.42 | 10:42.89 |
| | 1) Kendall Kuennen 11 | 2) Annebelle Scheidel 09 | |
| | 3) Hazel Nieman 11 | 4) Isabella Stika 11 | |
| 6 | Dubuque Senior 'A' | 11:10.00 | 11:12.55 |
| | 1) Mallory Schaefer 10 | 2) Josephine Beard 10 | |
| | 3) Millie Eikamp 11 | 4) Braeley Wullweber 12 | |
| 7 | Crestwood 'A' | 11:27.88 | 11:24.23 |
| | 1) Ella Dennler 11 | 2) Claire Kach 10 | |
| | 3) Ava Daley 11 | 4) Amberlena Lopez 10 | |
| -- | New Hampton 'A' | 10:54.19 | SCR |
| | 1) Juanita Cardona 12 | 2) Adeline Dieterich 09 | |
| | 3) Gretta Kuehner 10 | 4) Adrianna Kinley 10 | |

**2026 Decorah Girls Invitational - 4/9/2026**

**Decorah High School**

**Results**

### ....Event 4 Girls 4x800 Meter Relay Varsity

| | | | | |
|---|---|---|---|---|
| -- | Waverly-Shell Rock 'B' | | 11:00.00 | X11:05.06 |
| | 1) Cora Garbes 09 | 2) Ayla Demuth 09 | | |
| | 3) Taylor Sikora 11 | 4) Aliya Gritters 10 | | |
| -- | Decorah 'B' | | 11:05.00 | X11:09.43 |
| | 1) Simone Downing 10 | 2) Rachel Spilde-Maki 11 | | |
| | 3) Alandra Mercado-Arneson 10 | 4) Addison Quandahl 10 | | |

### Event 5 Girls 4x100 Meter Shuttle Hurdle Varsity

| | School | Seed | Finals | H# |
|---|---|---|---|---|
| 1 | Decorah 'A' | 1:10.00 | 1:10.00 | 2 |
| | 1) Kelby Kerndt 12 | 2) Addisyn Ivy 10 | | |
| | 3) Kennady Riehle 11 | 4) Renae Wilson 12 | | |
| 2 | Waukon 'A' | 1:11.75 | 1:10.94 | 2 |
| | 1) Kaylin Regan 11 | 2) Nora Davis 11 | | |
| | 3) Hailey Cook 09 | 4) Marissa Schullo 10 | | |
| 3 | Waverly-Shell Rock 'A' | 1:10.05 | 1:11.20 | 2 |
| | 1) Delilah Kroymann 12 | 2) Coryn Eckerman 12 | | |
| | 3) Anika Wrage 11 | 4) Madi Wheeler 09 | | |
| 4 | Mason City 'A' | 1:19.00 | 1:14.68 | 1 |
| | 1) Anna Latham 11 | 2) Finlee Carter 09 | | |
| | 3) Pyper Koch 11 | 4) Piper Johnson 12 | | |
| 5 | Dubuque Senior 'A' | | 1:15.42 | 1 |
| | 1) Evelyn Toshmatov 11 | 2) Cambel Drapeau 12 | | |
| | 3) Payton Markham 12 | 4) JaLiyah Hubbard 11 | | |
| 6 | New Hampton 'A' | 1:18.00 | 1:17.45 | 2 |
| | 1) Bailee Tenge 10 | 2) Sydney Laures 11 | | |
| | 3) Emma Praska 09 | 4) Kadence Rings-Wegner 11 | | |
| 7 | Turkey Valley 'A' | 1:25.00 | 1:29.61 | 1 |
| | 1) Ella Carolan 09 | 2) Mackenzie Albertson 09 | | |
| | 3) Annika Kuennen 09 | 4) Jocelyn Desloover 10 | | |

### Event 6 Girls 100 Meter Dash Junior Varsity

| | Name | Year | School | Seed | Finals | H# |
|---|---|---|---|---|---|---|
| 1 | Kelbi Schuman | 09 | Decorah | 14.00 | 14.36 | 3 |
| 2 | Maya Schrock | 09 | Mason City | 15.50 | 14.55 | 3 |
| 3 | Autumn Weigert | 11 | Crestwood | 15.42 | 14.69 | 3 |
| 4 | Ada Iverson | 09 | Waukon | | 14.77 | 1 |
| 5 | Regan Troendle | 11 | Kee High | | 14.86 | 1 |
| 6 | Allison Dehli | 10 | Waukon | 16.04 | 14.91 | 3 |
| 7 | Ajah LaSalle | 10 | Mason City | 15.25 | 14.98 | 3 |
| 8 | Brooklyn McShane | 12 | New Hampton | 15.00 | 15.00 | 3 |
| 9 | Morgan Mohn | 10 | Kee High | | 15.02 | 2 |
| 10 | Tegan Ash | 09 | Waukon | | x15.40 | 2 |
| 11 | Josy Connelly | 09 | Kee High | | x15.55 | 1 |
| 12 | Isabella Hesselman | 09 | Dubuque Senior | | 15.95 | 2 |

**2026 Decorah Girls Invitational - 4/9/2026**

**Decorah High School**

**Results**

**....Event 6 Girls 100 Meter Dash Junior Varsity**

| | | | | | | |
|---|---|---|---|---|---|---|
| 13 | Rylee Driscoll | 10 | Mason City | 15.46 | x15.99 | 3 |
| 14 | Hallie Vissers | 11 | Crestwood | 17.20 | 16.15 | 2 |
| 15 | Rylie Rochford | 09 | New Hampton | 16.60 | 16.16 | 2 |
| 16 | Olivia Shipman | 10 | Mason City | 15.85 | x16.20 | 3 |
| 17 | Anna Viviani | 12 | Waverly-Shell Rock | | 16.36 | 1 |
| 18 | Michelle Jimenez | 10 | Crestwood | 17.20 | x16.67 | 2 |
| 19 | Olivia Merrick | 11 | Crestwood | 17.21 | x17.25 | 2 |
| 20 | Amirrah Beaver | 10 | Dubuque Senior | | 17.63 | 1 |
| -- | Rose Wheeler | 12 | Kee High | | SCR | |
| -- | Jayden Lundtvedt | 11 | Decorah | 14.00 | SCR | |
| -- | Allyson Hungerford | 11 | Mason City | 18.05 | SCR | |

**Event 7 Girls 100 Meter Dash Varsity**

| | Name | Year | School | Seed | Finals | H# |
|---|---|---|---|---|---|---|
| 1 | Stella Pole | 12 | Decorah | 12.75 | 12.91 | 3 |
| 2 | Addie Olson | 10 | Waukon | 13.50 | 13.24 | 3 |
| 3 | Ava Holthaus | 12 | Decorah | 13.50 | 13.30 | 3 |
| 4 | Lauren Muntefering | 10 | Waverly-Shell Rock | 13.69 | 13.53 | 3 |
| 5 | Charley Curtis | 12 | Crestwood | 13.66 | 13.56 | 3 |
| 6 | Aleigha Cahoy | 10 | New Hampton | 13.76 | 13.74 | 3 |
| 7 | Addisyn Berns | 11 | Waukon | 13.50 | 13.76 | 3 |
| 8 | Kambree Westendorf | 09 | Waverly-Shell Rock | 14.45 | 13.94 | 2 |
| 9 | Isabella Riordan | 10 | Mason City | 14.00 | 13.96 | 2 |
| 10 | Mea Shelton | 11 | Crestwood | 14.00 | 14.12 | 2 |
| 11 | Brynlee Hayek | 10 | Turkey Valley | 14.30 | 14.14 | 2 |
| 12 | Rylee Mudderman | 11 | Kee High | 14.90 | 14.23 | 1 |
| 13 | Jena Peters | 10 | South Winneshiek | 15.41 | 14.34 | 1 |
| 14 | Bailee Tenge | 10 | New Hampton | 14.30 | 14.45 | 2 |
| 15 | Adele Conway | 12 | South Winneshiek | 13.90 | 14.50 | 2 |
| 16 | Addison Steinlage | 12 | Turkey Valley | 14.50 | 14.58 | 2 |
| 17 | Alicia Colsch | 11 | Kee High | 15.11 | 14.60 | 1 |
| 18 | Chaniece Curtis | 09 | Dubuque Senior | 13.78 | 14.68 | 3 |
| 19 | Langstyn Brandt | 09 | Mason City | 14.80 | 14.73 | 1 |
| 20 | Sophia Martinez | 12 | Dubuque Senior | 13.80 | 15.22 | 2 |

**Event 8 Girls Distance Medley Junior Varsity**

| | School | Seed | Finals |
|---|---|---|---|
| 1 | Decorah 'A' | 5:00.00 | 5:13.17 |
| | 1) Brylee Hanson 11 | 2) Ayslynn Arnold 11 | |
| | 3) Addison Quandahl 10 | 4) Natalie Stevens 12 | |
| 2 | South Winneshiek 'A' | 5:00.00 | 5:14.35 |
| | 1) Helen Maldonado 09 | 2) Lia Vsetecka 10 | |
| | 3) Kaylie Bruess 09 | 4) Hattie Conway 09 | |
| 3 | Dubuque Senior 'A' | 5:06.00 | 5:20.61 |
| | 1) Paulina Andrade 11 | 2) Takyra Stapleton 10 | |

**2026 Decorah Girls Invitational - 4/9/2026**

**Decorah High School**

**Results**

**....Event 8 Girls Distance Medley Junior Varsity**

| | | | | |
|---|---|---|---|---|
| | 3) Sophia Morrison 10 | 4) Sophia Tigges 10 | | |
| 4 | Decorah 'B' | | 5:10.00 | x5:21.36 |
| | 1) Harper Menke 09 | 2) Eva Hurley 10 | | |
| | 3) Natalie Holthaus 10 | 4) Chloe Albert 09 | | |

**Event 9 Girls Distance Medley Varsity**

| | School | Seed | Finals |
|---|---|---|---|
| 1 | Crestwood 'A' | 4:38.32 | 4:34.36 |
| | 1) Isabella Schlatter 12 | 2) Ava Johnson 12 | |
| | 3) Taylor Reis 11 | 4) Lexus Dohlman 10 | |
| 2 | Decorah 'A' | 4:34.33 | 4:40.17 |
| | 1) Jerikah Dodd 12 | 2) Raelyn Newhouse 10 | |
| | 3) Mahraz Murphy 09 | 4) Ruth Kueny 09 | |
| 3 | New Hampton 'A' | 4:42.71 | 4:43.13 |
| | 1) Zoey Kellogg 11 | 2) Myla Moorman 09 | |
| | 3) Jersey Pemble 10 | 4) Kinslee Rings 11 | |
| 4 | Waukon 'A' | 4:48.00 | 4:46.22 |
| | 1) Willa Troendle 12 | 2) Tessa Miller 09 | |
| | 3) Micah Benda 09 | 4) Jana Wilkins 09 | |
| 5 | South Winneshiek 'A' | 5:00.00 | 4:50.88 |
| | 1) Cloey Zweibohmer 12 | 2) Hayden Steffans 10 | |
| | 3) Tessa Phillips 12 | 4) Lauren Ondrashek 11 | |
| 6 | Turkey Valley 'A' | 4:58.44 | 4:53.59 |
| | 1) Ella Carolan 09 | 2) Bryn Franzen 09 | |
| | 3) Addison Steinlage 12 | 4) Annebelle Scheidel 09 | |
| 7 | Dubuque Senior 'A' | 4:53.00 | 4:56.47 |
| | 1) Asira Taylor 11 | 2) Jaliyah Johnson 09 | |
| | 3) Millie Eikamp 11 | 4) Mallory Schaefer 10 | |
| 8 | Waverly-Shell Rock 'A' | 5:30.00 | 5:12.48 |
| | 1) Kambree Westendorf 09 | 2) Ainsley Prostine 10 | |
| | 3) Jocelyn Endelman 12 | 4) Eryana Whitney 10 | |

**Event 10 Girls 400 Meter Dash Junior Varsity**

| | Name | Year | School | Seed | Finals |
|---|---|---|---|---|---|
| 1 | Alandra Mercado-Arneson | 10 | Decorah | 1:09.00 | 1:10.06 |
| 2 | Harper Winter | 10 | Waukon | 1:15.00 | 1:12.72 |
| 3 | Lucy Weber | 09 | Dubuque Senior | 2:15.00 | 1:14.34 |
| 4 | Makenna Kurth | 11 | Waukon | 1:16.00 | 1:16.03 |
| 5 | Stella Duccini | 09 | Dubuque Senior | 1:17.00 | 1:16.50 |
| 6 | Emily Bailey | 10 | Kee High | 1:24.00 | 1:19.67 |
| 7 | Madison Matthews | 09 | Waukon | | x1:20.37 |
| 8 | Iyanna Larson | 09 | Waukon | | x1:48.67 |

**2026 Decorah Girls Invitational - 4/9/2026**

**Decorah High School**

**Results**

### Event 11 Girls 400 Meter Dash Varsity

| | Name | Year | School | Seed | Finals | H# |
|---|---|---|---|---|---|---|
| 1 | Ella Wilker | 09 | Waverly-Shell Rock | 1:01.00 | 1:00.35 | 2 |
| 2 | Lilah Strong | 11 | Kee High | 1:05.03 | 1:03.14 | 2 |
| 3 | Hazel Nieman | 11 | Turkey Valley | 1:04.93 | 1:03.72 | 2 |
| 4 | Claire Storhoff | 11 | Decorah | 1:05.34 | 1:04.10 | 2 |
| 5 | Cora Miller | 11 | Waukon | 1:05.64 | 1:04.56 | 2 |
| 6 | Cora Garbes | 09 | Waverly-Shell Rock | 1:05.71 | 1:06.25 | 2 |
| 7 | Kendall Kuennen | 11 | Turkey Valley | 1:05.50 | 1:07.46 | 2 |
| 8 | Adrianna Kinley | 10 | New Hampton | 1:07.19 | 1:07.91 | 2 |
| 9 | Kayler Hanson | 10 | Waukon | 1:11.88 | 1:10.79 | 1 |
| 10 | Ava Barry | 09 | Crestwood | 1:22.59 | 1:17.86 | 1 |
| 11 | Raelynn Fortney | 09 | Crestwood | 1:22.00 | 1:19.26 | 1 |
| 12 | Jenna Dahl | 09 | South Winneshiek | 1:22.00 | 1:21.51 | 1 |
| -- | Leighton FitzPatrick | 09 | Dubuque Senior | 1:13.00 | SCR | 1 |
| -- | Rachel Spilde-Maki | 11 | Decorah | 1:08.00 | SCR | 1 |

### Event 12 Girls 4x200 Meter Relay Junior Varsity

| | School | Seed | Finals |
|---|---|---|---|
| 1 | Decorah 'A' | 2:02.00 | 2:00.43 |
| | 1) Jerikah Dodd 12 | 2) Taya Snitker 11 | |
| | 3) Kelbi Schuman 09 | 4) Olivia Volkmann 11 | |
| 2 | South Winneshiek 'A' | 2:00.00 | 2:01.55 |
| | 1) Hayden Steffans 10 | 2) Tessa Phillips 12 | |
| | 3) Jena Peters 10 | 4) Remi Wadsworth 09 | |
| 3 | Mason City 'A' | 2:04.00 | 2:04.82 |
| | 1) Langstyn Brandt 09 | 2) Maya Schrock 09 | |
| | 3) Brynn Murray 09 | 4) Peyton Bobolz 11 | |
| 4 | Dubuque Senior 'A' | 2:04.00 | 2:06.50 |
| | 1) Jamiya White 09 | 2) Payton Markham 12 | |
| | 3) Tristan Jones 12 | 4) Emma Daley 10 | |
| 5 | Crestwood 'A' | 2:20.00 | 2:19.39 |
| | 1) Marina Burke 12 | 2) Brielle Munkel 10 | |
| | 3) Olivia Merrick 11 | 4) Michelle Jimenez 10 | |

### Event 13 Girls 4x200 Meter Relay Varsity

| | School | Seed | Finals |
|---|---|---|---|
| 1 | Decorah 'A' | 1:48.92 | 1:45.27 |
| | 1) Stella Pole 12 | 2) Audrey Essa 11 | |
| | 3) Cassandra Stammeyer 10 | 4) Avery Massman 09 | |
| 2 | New Hampton 'A' | 1:57.81 | 1:52.55 |
| | 1) Madison Shawver 12 | 2) Capri Lester 11 | |
| | 3) Emma Praska 09 | 4) Aleigha Cahoy 10 | |
| 3 | South Winneshiek 'A' | 1:53.00 | 1:53.56 |
| | 1) Emmy Gehling 10 | 2) Alexis Johanningmeier 10 | |

**2026 Decorah Girls Invitational - 4/9/2026**

**Decorah High School**

**Results**

**....Event 13 Girls 4x200 Meter Relay Varsity**

| | | | | |
|---|---|---|---|---|
| | 3) Adele Conway 12 | 4) Maddy Jansen 12 | | |
| 4 | Crestwood 'A' | | 1:55.01 | 1:56.32 |
| | 1) Autumn Weigert 11 | 2) Mea Shelton 11 | | |
| | 3) Aliyah Lidtke 09 | 4) Bryleigh Slavin 11 | | |
| 5 | Dubuque Senior 'A' | | 1:58.05 | 1:58.72 |
| | 1) Khloe Sweet 11 | 2) JaLiyah Hubbard 11 | | |
| | 3) Sophia Martinez 12 | 4) Lillian Boettner 10 | | |
| 6 | Waukon 'A' | | 2:00.00 | 2:02.24 |
| | 1) Brielle Kruger 09 | 2) Peyton Crary 09 | | |
| | 3) Elsie Sweeney 09 | 4) Jana Wilkins 09 | | |
| 7 | Waverly-Shell Rock 'A' | | 2:05.00 | 2:07.39 |
| | 1) Ainsley Prostine 10 | 2) Kinley Dietz 09 | | |
| | 3) Aya Kettleson 11 | 4) Anna Viviani 12 | | |
| 8 | Turkey Valley 'A' | | 2:10.00 | 2:13.91 |
| | 1) Mackenzie Albertson 09 | 2) Bryn Franzen 09 | | |
| | 3) Annika Kuennen 09 | 4) Jocelyn Desloover 10 | | |

**Event 14 Girls 100 Meter Hurdles Junior Varsity**

| | Name | Year | School | Seed | Finals | H# |
|---|---|---|---|---|---|---|
| 1 | Madi Wheeler | 09 | Waverly-Shell Rock | 17.50 | 17.30 | 2 |
| 2 | Kennady Riehle | 11 | Decorah | 18.00 | 18.18 | 2 |
| 3 | Addisyn Ivy | 10 | Decorah | 18.00 | 18.27 | 2 |
| 4 | Sydney Laures | 11 | New Hampton | 18.62 | 19.24 | 2 |
| 5 | Braelyn Zuercher | 10 | Waukon | 19.00 | 19.70 | 2 |
| 6 | Evelynn Dibert | 09 | Kee High | 20.80 | 20.82 | 1 |
| 7 | Kendall Hruby | 09 | Mason City | 20.70 | 20.84 | 2 |
| 8 | Lyla Lovstuen | 12 | Decorah | 19.50 | x21.23 | 2 |
| 9 | Olivia Shipman | 10 | Mason City | 24.70 | 21.93 | 1 |
| 10 | Stella Walsh | 10 | Dubuque Senior | | 22.30 | 1 |
| 11 | Morgan Mohn | 10 | Kee High | 19.70 | 22.34 | 2 |
| 12 | Hallie Vissers | 11 | Crestwood | | 22.73 | 1 |
| 13 | Sadhana Rawal | 09 | Dubuque Senior | | 23.35 | 1 |
| -- | Cambel Drapeau | 12 | Dubuque Senior | | SCR | |
| -- | Avery Church | 11 | Crestwood | 21.25 | SCR | |

**Event 15 Girls 100 Meter Hurdles Varsity**

| | Name | Year | School | Seed | Finals | H# |
|---|---|---|---|---|---|---|
| 1 | Renae Wilson | 12 | Decorah | 15.20 | 15.21 | 3 |
| 2 | Addison Winters | 12 | Kee High | 15.25 | 15.27 | 3 |
| 3 | Hailey Cook | 09 | Waukon | 17.05 | 16.87 | 3 |
| 4 | Kelby Kerndt | 12 | Decorah | 17.50 | 17.31 | 3 |
| 5 | Kaylin Regan | 11 | Waukon | 17.50 | 17.58 | 3 |
| 6 | Anika Wrage | 11 | Waverly-Shell Rock | 17.70 | 17.89 | 3 |
| 7 | Rylee Mudderman | 11 | Kee High | 17.83 | 17.95 | 3 |
| 8 | Coryn Eckerman | 12 | Waverly-Shell Rock | 18.49 | 18.07 | 2 |

**2026 Decorah Girls Invitational - 4/9/2026**

**Decorah High School**

**Results**

**....Event 15 Girls 100 Meter Hurdles Varsity**

| | | | | | | |
|---|---|---|---|---|---|---|
| 9 | Brynlee Hayek | 10 | Turkey Valley | 18.37 | 18.15 | 2 |
| 10 | Hailee Easley | 11 | Crestwood | 18.61 | 18.23 | 2 |
| 11 | Evelyn Toshmatov | 11 | Dubuque Senior | 18.46 | 18.78 | 2 |
| 12 | Kadence Rings-Wegner | 11 | New Hampton | 18.31 | 19.30 | 2 |
| 13 | Ella Carolan | 09 | Turkey Valley | 20.50 | 20.50 | 1 |
| 14 | Asira Taylor | 11 | Dubuque Senior | 20.93 | 21.32 | 1 |
| 15 | Sophia Shimek | 09 | South Winneshiek | 20.75 | 22.15 | 1 |
| -- | Bailee Tenge | 10 | New Hampton | 17.94 | SCR | 2 |
| -- | Ava Johnson | 12 | Crestwood | 17.93 | SCR | 3 |

**Event 16 Girls 800 Meter Run Junior Varsity**

| | Name | Year | School | Seed | Finals |
|---|---|---|---|---|---|
| 1 | Amelia Roe | 12 | Decorah | 2:43.99 | 2:41.42 |
| 2 | Deborah Hougen | 12 | Decorah | 2:55.42 | 2:49.86 |
| 3 | Annelie Scheirer | 09 | Dubuque Senior | 2:55.00 | 2:53.40 |
| 4 | Harper Menke | 09 | Decorah | 2:57.00 | x2:59.72 |
| 5 | Lucy Weber | 09 | Dubuque Senior | 2:52.00 | 3:01.67 |
| 6 | Eryana Whitney | 10 | Waverly-Shell Rock | | 3:02.42 |
| 7 | Emily Reinhardt | 10 | Waukon | 3:10.00 | 3:02.49 |
| 8 | Adeline Dieterich | 09 | New Hampton | 3:01.38 | 3:02.92 |
| 9 | Viviana Castaneda-Henkel | 09 | Dubuque Senior | 3:10.00 | x3:03.02 |
| 10 | Allison White | 09 | Waverly-Shell Rock | | 3:03.51 |
| 11 | Callie Oneill | 10 | Waukon | 3:10.00 | 3:03.76 |
| 12 | Sophia Stone | 11 | Waukon | 3:25.00 | x3:23.89 |
| 13 | Emilia Borglum | 10 | Waverly-Shell Rock | 4:18.13 | x3:52.97 |
| -- | Gretta Kuehner | 10 | New Hampton | 3:00.00 | SCR |
| -- | Juanita Cardona | 12 | New Hampton | 2:50.73 | SCR |

**Event 17 Girls 800 Meter Run Varsity**

| | Name | Year | School | Seed | Finals |
|---|---|---|---|---|---|
| 1 | Isabella Stika | 11 | Turkey Valley | 2:30.92 | 2:35.11 |
| 2 | Eva Hurley | 10 | Decorah | 2:30.49 | 2:35.17 |
| 3 | Ruth Kueny | 09 | Decorah | 2:37.00 | 2:39.30 |
| 4 | Ava Franzen | 11 | South Winneshiek | 2:46.00 | 2:39.40 |
| 5 | Braeley Wullweber | 12 | Dubuque Senior | 2:46.00 | 2:40.41 |
| 6 | Millie Eikamp | 11 | Dubuque Senior | 2:40.15 | 2:41.95 |
| 7 | Annie Hageman | 11 | South Winneshiek | 2:49.46 | 2:42.27 |
| 8 | Myla Moorman | 09 | New Hampton | 2:36.00 | 2:44.83 |
| 9 | Claire Johnson | 11 | Waukon | 2:50.00 | 2:52.63 |
| 10 | Addison Steinlage | 12 | Turkey Valley | 2:53.16 | 2:55.07 |
| 11 | Livia McCabe | 09 | Crestwood | 2:54.71 | 3:01.69 |
| 12 | Amberlena Lopez | 10 | Crestwood | 3:02.05 | 3:12.29 |
| -- | Kinslee Rings | 11 | New Hampton | 2:40.00 | SCR |
| -- | Ali Melcher | 09 | Waukon | 3:00.00 | SCR |
| -- | Eryana Whitney | 10 | Waverly-Shell Rock | 3:07.81 | SCR |

**2026 Decorah Girls Invitational - 4/9/2026**

**Decorah High School**

**Results**

**....Event 17 Girls 800 Meter Run Varsity**

| | | | | | |
|---|---|---|---|---|---|
| -- | Allison White | 09 | Waverly-Shell Rock | 3:07.68 | SCR |

**Event 18 Girls 200 Meter Dash Junior Varsity**

| | Name | Year | School | Seed | Finals | H# |
|---|---|---|---|---|---|---|
| 1 | Jersey Pemble | 10 | New Hampton | 30.40 | 28.97 | 3 |
| 2 | Zoey Kellogg | 11 | New Hampton | 30.20 | 29.52 | 3 |
| 3 | Payge Webb | 09 | Decorah | 30.50 | 29.81 | 3 |
| 4 | Brooklyn McShane | 12 | New Hampton | 32.50 | x30.67 | 2 |
| 5 | Morgan Mohn | 10 | Kee High | 31.28 | 31.12 | 3 |
| 6 | Harper Winter | 10 | Waukon | 30.00 | 31.58 | 3 |
| 7 | Regan Troendle | 11 | Kee High | 31.50 | 31.62 | 3 |
| 8 | Allison Dehli | 10 | Waukon | 30.63 | 31.76 | 3 |
| 9 | Ajah LaSalle | 10 | Mason City | 32.20 | 31.80 | 2 |
| 10 | Josy Connelly | 09 | Kee High | 32.60 | x32.51 | 2 |
| 11 | Rylee Driscoll | 10 | Mason City | 33.00 | 32.54 | 2 |
| 12 | Kaidence Mahr | 09 | Crestwood | 33.64 | 32.68 | 2 |
| 13 | Addison Rice | 09 | Crestwood | 33.11 | 32.95 | 2 |
| 14 | Aya Kettleson | 11 | Waverly-Shell Rock | 35.00 | 33.09 | 2 |
| 15 | Olivia Merrick | 11 | Crestwood | 37.78 | x33.84 | 1 |
| 16 | Anna Viviani | 12 | Waverly-Shell Rock | 40.00 | 34.65 | 1 |
| 17 | Ava Barry | 09 | Crestwood | 35.25 | x34.96 | 1 |
| 18 | ZZ Lightfoot | 11 | Dubuque Senior | 37.90 | 35.27 | 1 |
| 19 | Emily Bailey | 10 | Kee High | | x35.84 | 1 |
| 20 | Violet Rath | 09 | Mason City | 34.00 | x37.89 | 2 |
| -- | Taya Snitker | 11 | Decorah | 31.45 | SCR | |

**Event 19 Girls 200 Meter Dash Varsity**

| | Name | Year | School | Seed | Finals | H# |
|---|---|---|---|---|---|---|
| 1 | Ava Holthaus | 12 | Decorah | 28.50 | 27.70 | 2 |
| 2 | Capri Lester | 11 | New Hampton | 28.88 | 28.22 | 2 |
| 3 | Isabella Schlatter | 12 | Crestwood | 28.10 | 28.27 | 2 |
| 4 | Hazel Nieman | 11 | Turkey Valley | 27.26 | 28.35 | 2 |
| 5 | Claire Storhoff | 11 | Decorah | 28.00 | 28.55 | 2 |
| 6 | Ella Otters | 10 | Crestwood | 27.92 | 28.72 | 2 |
| 7 | Madison Shawver | 12 | New Hampton | 29.96 | 29.19 | 1 |
| 8 | Lyla Stigler | 09 | Waukon | 30.00 | 29.45 | 1 |
| 9 | Tessa Miller | 09 | Waukon | 29.86 | 29.86 | 1 |
| 10 | Harper Graff | 10 | Waverly-Shell Rock | 31.82 | 29.91 | 1 |
| 11 | Kara Thor | 12 | Waverly-Shell Rock | 28.70 | 29.96 | 2 |
| 12 | Cloey Zweibohmer | 12 | South Winneshiek | 28.32 | 30.09 | 2 |
| 13 | Mackenzie Albertson | 09 | Turkey Valley | 31.47 | 31.21 | 1 |
| 14 | Alicia Colsch | 11 | Kee High | 31.10 | 31.57 | 1 |
| 15 | Paulina Andrade | 11 | Dubuque Senior | 32.23 | 32.25 | 1 |
| -- | Lilah Strong | 11 | Kee High | 29.02 | SCR | 1 |
| -- | Kenyari Woodson | 09 | Dubuque Senior | 32.60 | SCR | |

**2026 Decorah Girls Invitational - 4/9/2026**

**Decorah High School**

**Results**

**....Event 19 Girls 200 Meter Dash Varsity**

| | | | | | |
|---|---|---|---|---|---|
| -- | Lia Vsetecka | 10 | South Winneshiek | | SCR |

**Event 20 Girls 400 Meter Hurdles Varsity**

| | Name | Year | School | Seed | Finals | H# |
|---|---|---|---|---|---|---|
| 1 | Raelyn Newhouse | 10 | Decorah | 1:10.00 | 1:11.29 | 2 |
| 2 | Delilah Kroymann | 12 | Waverly-Shell Rock | 1:10.00 | 1:14.99 | 2 |
| 3 | Lauren Holthaus | 12 | Decorah | 1:12.00 | 1:16.20 | 2 |
| 4 | Finlee Carter | 09 | Mason City | 1:18.00 | 1:16.99 | 2 |
| 5 | Adrianna Kinley | 10 | New Hampton | 1:16.00 | 1:18.15 | 2 |
| 6 | Jocelyn Endelman | 12 | Waverly-Shell Rock | 1:20.08 | 1:21.28 | 2 |
| 7 | Ella Dennler | 11 | Crestwood | 1:32.17 | 1:25.17 | 1 |
| 8 | Evelyn Toshmatov | 11 | Dubuque Senior | | 1:28.33 | 1 |
| 9 | Sophia Morrison | 10 | Dubuque Senior | 1:28.82 | 1:29.53 | 1 |
| -- | Hailey Cook | 09 | Waukon | 1:15.25 | SCR | 2 |
| -- | Addison Winters | 12 | Kee High | 1:11.39 | SCR | 2 |
| -- | Hailee Easley | 11 | Crestwood | 1:25.00 | SCR | |
| -- | Taylor Hill | 09 | Dubuque Senior | | X1:30.73 | 1 |
| -- | Payton Markham | 12 | Dubuque Senior | 1:33.50 | X1:32.63 | 1 |

**Event 21 Girls 1500 Meter Run Varsity**

| | Name | Year | School | Seed | Finals |
|---|---|---|---|---|---|
| 1 | Brogan Evans | 12 | Mason City | 4:57.73 | 4:55.04 |
| 2 | Scarlett Byrnes | 12 | Osage | 4:57.74 | 5:12.27 |
| 3 | Reegan Benzing | 11 | Waukon | 5:26.22 | 5:30.37 |
| 4 | Lexus Dohlman | 10 | Crestwood | 5:46.85 | 5:32.17 |
| 5 | Emma O'Neill | 12 | Waukon | 5:30.00 | 5:34.41 |
| 6 | Sage Hoyer | 09 | Dubuque Senior | 5:30.08 | 5:37.25 |
| 7 | Simone Downing | 10 | Decorah | 5:49.00 | 5:37.62 |
| 8 | Josephine Beard | 10 | Dubuque Senior | 5:48.00 | 5:47.72 |
| 9 | Claire Kach | 10 | Crestwood | 5:58.11 | 5:52.79 |
| 10 | Peyton Bobolz | 11 | Mason City | 5:51.06 | 5:57.80 |
| 11 | Natalie Stevens | 12 | Decorah | 5:52.24 | 6:02.97 |
| 12 | Juanita Cardona | 12 | New Hampton | 5:51.74 | 6:09.19 |
| 13 | Annika Kuennen | 09 | Turkey Valley | 6:35.92 | 6:55.23 |
| -- | Jaelyn Johanningmeier | 11 | Waukon | 6:45.73 | SCR |
| -- | Stella Duccini | 09 | Dubuque Senior | 6:19.00 | X6:06.59 |
| -- | Makenna Kurth | 11 | Waukon | | X6:08.46 |
| -- | Alina Buchholtz | 09 | Dubuque Senior | 6:25.00 | X6:16.48 |
| -- | Laira Davis | 09 | Waukon | | X6:20.99 |

**Event 22 Girls 4x100 Meter Relay Thrower's Varsity**

| | School | Seed | Finals |
|---|---|---|---|
| 1 | Decorah 'A' | | 58.66 |

**2026 Decorah Girls Invitational - 4/9/2026**

**Decorah High School**

**Results**

**....Event 22 Girls 4x100 Meter Relay Thrower's Varsity**

| | | | | |
|---|---|---|---|---|
| | 1) Margaret Hahn 11 | 2) Payge Webb 09 | | |
| | 3) Annika Schmelzer 12 | 4) Lauren Luzum 12 | | |
| 2 | Mason City 'A' | | 1:00.00 | 1:03.78 |
| | 1) Kayla Eide 12 | 2) Gracelynn Falls 09 | | |
| | 3) Allana Davis 09 | 4) Violet Rath 09 | | |
| 3 | South Winneshiek 'A' | | | 1:06.79 |
| | 1) Jayden Timp 11 | 2) Josie Hemesath 09 | | |
| | 3) Gracie Thompson 12 | 4) McKenna Kipp 09 | | |
| 4 | Decorah 'B' | | | x1:10.27 |
| | 1) Abigail Sawyer 09 | 2) Autumn Wagner 09 | | |
| | 3) Ayla Low 09 | 4) Allison Hilfer 09 | | |
| -- | Dubuque Senior 'A' | | | SCR |
| | 1) Eden Lee 12 | 2) Anita Powers 09 | | |
| | 3) Kendra Schmitt 12 | 4) Ariana Cehic 11 | | |
| -- | Waverly-Shell Rock 'A' | | | SCR |
| | 1) Jacie Koch 12 | 2) Kinley Dietz 09 | | |
| | 3) Cambell Hoodjer 10 | 4) Maris Carlson 10 | | |
| -- | Crestwood 'A' | | | SCR |
| | 1) Hope Ludwig 09 | 2) Clara Keller 12 | | |
| | 3) Rose Niewoehner 12 | 4) Piper Jessen 12 | | |

**Event 23 Girls 4x100 Meter Relay Junior Varsity**

| | School | Seed | Finals | H# |
|---|---|---|---|---|
| 1 | Decorah 'A' | 55.00 | 54.35 | 2 |
| | 1) Lyla Lovstuen 12 | 2) Kelby Kerndt 12 | | |
| | 3) Ava Holthaus 12 | 4) Jerikah Dodd 12 | | |
| 2 | Mason City 'A' | 58.00 | 58.05 | 2 |
| | 1) Pyper Koch 11 | 2) Kendall Hruby 09 | | |
| | 3) Maya Schrock 09 | 4) Ivy Ketelsen 09 | | |
| 3 | Decorah 'B' | 1:00.00 | x59.25 | 2 |
| | 1) Brylee Hanson 11 | 2) Ayslynn Arnold 11 | | |
| | 3) Kelbi Schuman 09 | 4) Taya Snitker 11 | | |
| 4 | Dubuque Senior 'A' | 59.60 | 1:01.57 | 2 |
| | 1) Tristan Jones 12 | 2) Stella Walsh 10 | | |
| | 3) Delaney Silvis 12 | 4) Chaniece Curtis 09 | | |
| 5 | Crestwood 'A' | 1:02.00 | 1:03.00 | 2 |
| | 1) Addison Rice 09 | 2) Kaidence Mahr 09 | | |
| | 3) Ava Barry 09 | 4) Raelynn Fortney 09 | | |
| 6 | South Winneshiek 'A' | 1:02.00 | 1:03.74 | 1 |
| | 1) Hattie Conway 09 | 2) Sophia Shimek 09 | | |
| | 3) Jenna Dahl 09 | 4) Lia Vsetecka 10 | | |
| 7 | New Hampton 'A' | 57.00 | 1:04.08 | 2 |
| | 1) Rylie Rochford 09 | 2) Sydney Laures 11 | | |
| | 3) Brooklyn McShane 12 | 4) Annabelle Baker 09 | | |
| 8 | Crestwood 'B' | 1:10.00 | x1:05.87 | 1 |
| | 1) Hallie Vissers 11 | 2) Brielle Munkel 10 | | |
| | 3) Olivia Merrick 11 | 4) Michelle Jimenez 10 | | |

**2026 Decorah Girls Invitational - 4/9/2026**

**Decorah High School**

**Results**

### ....Event 23 Girls 4x100 Meter Relay Junior Varsity

| | | | | | |
|---|---|---|---|---|---|
| -- | Kee High 'A' | | 1:03.00 | SCR | 1 |
| | 1) Evelynn Dibert 09 | 2) Josy Connelly 09 | | | |
| | 3) Regan Troendle 11 | 4) Rose Wheeler 12 | | | |

### Event 24 Girls 4x100 Meter Relay Varsity

| | School | Seed | Finals | H# |
|---|---|---|---|---|
| 1 | Decorah 'A' | 51.05 | 50.47 | 2 |
| | 1) Stella Pole 12 | 2) Audrey Essa 11 | | |
| | 3) Cassandra Stammeyer 10 | 4) Renae Wilson 12 | | |
| 2 | Mason City 'A' | 53.00 | 53.37 | 2 |
| | 1) Mara Dixon 10 | 2) Anna Latham 11 | | |
| | 3) Peyton Zilge 11 | 4) Latasha York 11 | | |
| 3 | Crestwood 'A' | 55.95 | 54.18 | 1 |
| | 1) Charley Curtis 12 | 2) Ava Johnson 12 | | |
| | 3) Taylor Reis 11 | 4) Ella Otters 10 | | |
| 4 | New Hampton 'A' | 54.12 | 54.27 | 2 |
| | 1) Madison Shawver 12 | 2) Capri Lester 11 | | |
| | 3) Zoey Kellogg 11 | 4) Aleigha Cahoy 10 | | |
| 5 | Waverly-Shell Rock 'A' | 54.00 | 54.47 | 2 |
| | 1) Harper Graff 10 | 2) Ainsley Prostine 10 | | |
| | 3) Kambree Westendorf 09 | 4) Lauren Muntefering 10 | | |
| 6 | Turkey Valley 'A' | 54.28 | 54.71 | 2 |
| | 1) Kendall Kuennen 11 | 2) Brynlee Hayek 10 | | |
| | 3) Annebelle Scheidel 09 | 4) Isabella Stika 11 | | |
| 7 | South Winneshiek 'A' | 54.72 | 55.92 | 2 |
| | 1) Helen Maldonado 09 | 2) Alyssa Holthaus 12 | | |
| | 3) Remi Wadsworth 09 | 4) Cloey Zweibohmer 12 | | |
| 8 | Dubuque Senior 'A' | 56.39 | 56.18 | 1 |
| | 1) Lillian Boettner 10 | 2) Asira Taylor 11 | | |
| | 3) Jaliyah Johnson 09 | 4) Khloe Sweet 11 | | |
| -- | Waukon 'A' | 52.38 | DQ | 2 |
| | 1) Marissa Schullo 10 | 2) Addie Olson 10 | | |
| | 3) Addisyn Berns 11 | 4) Willa Troendle 12 | | |
| -- | Kee High 'A' | 58.00 | SCR | 1 |
| | 1) Alicia Colsch 11 | 2) Rylee Mudderman 11 | | |
| | 3) Morgan Mohn 10 | 4) Lilah Strong 11 | | |

### Event 25 Girls 4x400 Meter Relay Junior Varsity

| | School | Seed | Finals |
|---|---|---|---|
| 1 | Waverly-Shell Rock 'A' | 4:40.00 | 4:37.00 |
| | 1) Regan Pries 10 | 2) Allison Kay 10 | |
| | 3) Aliya Gritters 10 | 4) Taylor Sikora 11 | |
| 2 | Decorah 'A' | 4:25.00 | 4:42.94 |
| | 1) Olivia Volkmann 11 | 2) Kennady Riehle 11 | |
| | 3) Addisyn Ivy 10 | 4) Rachel Spilde-Maki 11 | |

**2026 Decorah Girls Invitational - 4/9/2026**

**Decorah High School**

**Results**

**....Event 25 Girls 4x400 Meter Relay Junior Varsity**

| | | | | |
|---|---|---|---|---|
| 3 | South Winneshiek 'A' | | 4:55.00 | 5:01.78 |
| | 1) Lauren Ondrashek 11 | 2) Tessa Phillips 12 | | |
| | 3) Hayden Steffans 10 | 4) Kaylie Bruess 09 | | |

**Event 26 Girls 4x400 Meter Relay Varsity**

| | School | Seed | Finals |
|---|---|---|---|
| 1 | Waukon 'A' | 4:20.61 | 4:21.06 |
| | 1) Elle Wilkins 12 | 2) Bryiah Stewart 11 | |
| | 3) Cora Miller 11 | 4) Nora Davis 11 | |
| 2 | South Winneshiek 'A' | 4:17.00 | 4:22.34 |
| | 1) Emmy Gehling 10 | 2) Alexis Johanningmeier 10 | |
| | 3) Adele Conway 12 | 4) Maddy Jansen 12 | |
| 3 | Decorah 'A' | 4:18.68 | 4:25.78 |
| | 1) Eden Northup 10 | 2) Claire Storhoff 11 | |
| | 3) Avery Massman 09 | 4) Mahraz Murphy 09 | |
| 4 | Waverly-Shell Rock 'A' | 4:35.00 | 4:31.69 |
| | 1) Cameo Burgess 12 | 2) Harper Morrison 09 | |
| | 3) Esther Zart 09 | 4) Ayla Demuth 09 | |
| 5 | Mason City 'A' | 4:26.22 | 4:33.27 |
| | 1) Paizlee Carter 11 | 2) Isabella Riordan 10 | |
| | 3) Callan Fitzgerald 10 | 4) Brynn Peterson 10 | |
| 6 | New Hampton 'A' | 4:25.96 | 4:36.38 |
| | 1) Myla Moorman 09 | 2) Kinslee Rings 11 | |
| | 3) Jersey Pemble 10 | 4) Emma Praska 09 | |
| 7 | Crestwood 'A' | 4:48.10 | 4:52.38 |
| | 1) Mea Shelton 11 | 2) Bryleigh Slavin 11 | |
| | 3) Autumn Weigert 11 | 4) Ava Daley 11 | |
| 8 | Turkey Valley 'A' | 4:55.50 | 5:09.57 |
| | 1) Annebelle Scheidel 09 | 2) Bryn Franzen 09 | |
| | 3) Ella Carolan 09 | 4) Mackenzie Albertson 09 | |

**Event 27 Girls Long Jump Varsity**

| | Name | Year | School | Seed | Finals | |
|---|---|---|---|---|---|---|
| 1 | Addison Winters | 12 | Kee High | 16-09.50 | 17-00.75 | |
| | 15-10.75 16-11.75 17-00.75 15-01.75 FOUL 17-00 | | | | | |
| 2 | Isabella Schlatter | 12 | Crestwood | 16-07.00 | 16-10.50 | |
| | 16-06 FOUL 16-00 16-02 16-10.50 16-07.25 | | | | | |
| 3 | Ava Holthaus | 12 | Decorah | 15-02.00 | 15-10.50 | |
| | 13-08.25 FOUL 14-09.25 13-10.75 15-10.50 14-10.50 | | | | | |
| 4 | Addisyn Berns | 11 | Waukon | 15-06.00 | 15-08.00 | |
| | 14-03.75 15-07 15-01 14-07.50 14-11.75 15-08 | | | | | |
| 5 | Marissa Schullo | 10 | Waukon | 15-00.50 | 15-05.25 | |
| | 14-02.50 14-07.75 14-04.25 14-01 15-05.25 FOUL | | | | | |
| 6 | Jerikah Dodd | 12 | Decorah | 14-11.50 | 15-00.25 | 3rd jump tie breaker |
| | FOUL 14-08.75 14-09 13-09.75 14-03.75 15-00.25 | | | | | |

**2026 Decorah Girls Invitational - 4/9/2026**

**Decorah High School**

**Results**

**....Event 27 Girls Long Jump Varsity**

| | | | | | | |
|---|---|---|---|---|---|---|
| 7 | Alyssa Holthaus | 12 | South Winneshiek | 14-10.00 | J15-00.25 | |
| | 14-08.50 | 15-00.25 | 14-09 | 14-00.50 | 14-07.75 | |
| 8 | Jena Peters | 10 | South Winneshiek | 14-05.50 | 14-06.25 | |
| | 14-01 | 14-06.25 | 13-07.75 | 12-08.50 | FOUL | 14-04.75 |
| 9 | Bailee Tenge | 10 | New Hampton | 14-07.00 | 14-03.00 | |
| | 14-03 | 13-08.25 | 14-00 | | | |
| 10 | Aliyah Lidtke | 09 | Crestwood | 12-01.00 | 12-04.25 | |
| | 12-04.25 | 11-09 | FOUL | | | |
| -- | Lauren Muntefering | 10 | Waverly-Shell Rock | | SCR | |
| -- | Evelynn Dibert | 09 | Kee High | 13-02.00 | X13-00.25 | |
| | FOUL | 13-00.25 | FOUL | FOUL | | |
| -- | Marina Burke | 12 | Crestwood | 11-08.75 | X12-07.50 | |
| | FOUL | 12-07.50 | 12-04.75 | 12-07.25 | FOUL | |
| -- | Addison Rice | 09 | Crestwood | | X11-08.00 | |
| | 11-05.50 | 11-08 | FOUL | FOUL | | |

**Event 28 Girls High Jump Varsity**

| | Name | Year | School | Seed | Finals |
|---|---|---|---|---|---|
| 1 | Renae Wilson | 12 | Decorah | 5-06.50 | 5-04.00 |
| | 4-00 | 4-02 | 4-04 | 4-06 | 4-08 | 4-10 | 5-00 | 5-02 | 5-04 | 5-06 |
| | P | P | P | P | P | P | O | O | XO | XXX |
| 2 | Jocelyn Endelman | 12 | Waverly-Shell Rock | 5-04.00 | 5-02.00 | |
| | 4-00 | 4-02 | 4-04 | 4-06 | 4-08 | 4-10 | 5-00 | 5-02 | 5-04 | |
| | P | P | P | P | O | O | O | XO | XXX | |
| 3 | Cambel Drapeau | 12 | Dubuque Senior | 5-04.00 | 5-00.00 | |
| | 4-00 | 4-02 | 4-04 | 4-06 | 4-08 | 4-10 | 5-00 | 5-02 | | |
| | P | P | P | P | O | O | XXO | XXX | | |
| 4 | Lilah Strong | 11 | Kee High | 5-02.00 | 4-10.00 | |
| | 4-00 | 4-02 | 4-04 | 4-06 | 4-08 | 4-10 | 5-00 | | | |
| | P | P | P | XO | O | O | XXX | | | |
| 5 | Rylee Mudderman | 11 | Kee High | 4-10.00 | 4-08.00 | |
| | 4-00 | 4-02 | 4-04 | 4-06 | 4-08 | 4-10 | | | | |
| | P | P | P | O | O | XXX | | | | |
| 6 | Adrianna Kinley | 10 | New Hampton | 4-08.00 | J4-08.00 | |
| | 4-00 | 4-02 | 4-04 | 4-06 | 4-08 | 4-10 | | | | |
| | O | O | XO | O | XO | XXX | | | | |
| 7 | Ava Johnson | 12 | Crestwood | 4-08.00 | J4-08.00 | |
| | 4-00 | 4-02 | 4-04 | 4-06 | 4-08 | 4-10 | | | | |
| | P | P | O | XO | XXO | XXX | | | | |
| 8 | Willa Troendle | 12 | Waukon | 4-10.00 | 4-06.00 | |
| | 4-00 | 4-02 | 4-04 | 4-06 | 4-08 | | | | | |
| | P | P | P | O | XXX | | | | | |
| 9 | Alyssa Holthaus | 12 | South Winneshiek | 4-08.00 | J4-06.00 | |
| | 4-00 | 4-02 | 4-04 | 4-06 | 4-08 | | | | | |
| | P | O | XO | O | XXX | | | | | |

**2026 Decorah Girls Invitational - 4/9/2026**

**Decorah High School**

**Results**

### ....Event 28 Girls High Jump Varsity

| | | | | | |
|---|---|---|---|---|---|
| 10 | Alexis Johanningmeier | 10 | South Winneshiek | 4-04.00 | J4-06.00 |
| | 4-00 4-02 4-04 4-06 4-08 | | | | |
| | O O XXO O XXX | | | | |
| 11 | Brylee Hanson | 11 | Decorah | 4-04.00 | 4-04.00 |
| | 4-00 4-02 4-04 4-06 | | | | |
| | P O XXO XXX | | | | |
| 12 | Annika Kuennen | 09 | Turkey Valley | 4-02.00 | 4-02.00 |
| | 4-00 4-02 4-04 | | | | |
| | O O XXX | | | | |
| 13 | Autumn Weigert | 11 | Crestwood | 4-04.00 | 4-00.00 |
| | 4-00 4-02 | | | | |
| | XO XXX | | | | |
| -- | Brynn Murray | 09 | Mason City | 4-08.00 | NH |
| | 4-00 4-02 4-04 4-06 | | | | |
| | P P P XXX | | | | |
| -- | Tristan Jones | 12 | Dubuque Senior | | XNH |
| | 4-00 | | | | |
| | XXX | | | | |
| -- | Ayslynn Arnold | 11 | Decorah | 4-00.00 | XNH |
| | 4-00 | | | | |
| | XXX | | | | |
| -- | Delaney Silvis | 12 | Dubuque Senior | | XNH |
| | 4-00 | | | | |
| | XXX | | | | |
| -- | Sophia Shimek | 09 | South Winneshiek | 4-04.00 | X4-00.00 |
| | 4-00 4-02 | | | | |
| | O XXX | | | | |

### Event 29 Girls Discus Throw Junior Varsity

| | Name | Year | School | Seed | Finals | H# |
|---|---|---|---|---|---|---|
| 1 | Autumn Wagner | 09 | Decorah | | 94-05 | 1 |
| | 89-07 89-07 94-05 FOUL | | | | | |
| 2 | Kinley Dietz | 09 | Waverly-Shell Rock | 86-07 | 93-04 | 2 |
| | 84-06 FOUL 93-04 80-04 | | | | | |
| 3 | Margaret Hahn | 11 | Decorah | | 87-01 | 1 |
| | 85-05 87-01 80-01 83-05 | | | | | |
| 4 | Pyper Koch | 11 | Mason City | | 85-06 | 1 |
| | 62-07 67-11 85-06 FOUL | | | | | |
| 5 | Josie Hemesath | 09 | South Winneshiek | 67-06 | 78-02 | 2 |
| | FOUL 78-02 FOUL 69-01 | | | | | |
| 6 | Clara Keller | 12 | Crestwood | 74-02 | 69-06 | 2 |
| | 69-06 61-01 67-08 65-02 | | | | | |
| 7 | Payge Webb | 09 | Decorah | | x68-02 | 1 |
| | 68-02 60-09 65-02 61-01 | | | | | |
| 8 | Cambell Hoodjer | 10 | Waverly-Shell Rock | 75-04 | 63-09 | 2 |
| | FOUL 54-04 63-09 FOUL | | | | | |

**2026 Decorah Girls Invitational - 4/9/2026**

**Decorah High School**

**Results**

### ....Event 29 Girls Discus Throw Junior Varsity

| | | | | | | | |
|---|---|---|---|---|---|---|---|
| 9 | Ayla Low | 09 | Decorah | | x62-10 | 1 |
| | 62-10 | 59-01 | 59-10 | FOUL | | | |
| 10 | Britlyn Boyer | 09 | South Winneshiek | | 61-03 | 1 |
| | FOUL | 54-10 | 61-03 | 53-08 | | | |
| 11 | Hannah Jeglum | 09 | Waukon | 47-07 | 60-06 | 2 |
| | 49-03 | FOUL | 51-04 | 60-06 | | | |
| 12 | Gracelynn Falls | 09 | Mason City | 49-11 | 59-02 | 2 |
| | 59-02 | 51-11 | 48-07 | 53-04 | | | |
| 12 | McKenna Kipp | 09 | South Winneshiek | 85-00 | x59-02 | 2 |
| | 52-02 | FOUL | 48-05 | 59-02 | | | |
| 14 | Maddie Martin | 09 | Kee High | 48-09 | 58-01 | 2 |
| | 50-07 | 54-11 | 52-07 | 58-01 | | | |
| 15 | Avery Busch | 09 | South Winneshiek | | x57-02 | 1 |
| | 42-11 | 57-02 | 39-08 | 42-09 | | | |
| 16 | Allison Hilfer | 09 | Decorah | | x55-04 | 1 |
| | 51-00 | 50-07 | 53-01 | 55-04 | | | |
| 17 | Violet Rath | 09 | Mason City | 48-10 | x52-00 | 2 |
| | 50-01 | 48-04 | 48-03 | 52-00 | | | |
| 18 | Kiley Higgins | 09 | South Winneshiek | | x51-06 | 1 |
| | 41-04 | FOUL | 51-06 | 47-09 | | | |
| 19 | BreAshia Towns | 11 | Dubuque Senior | 31-07 | 50-08 | 2 |
| | 50-03 | 50-08 | 50-03 | 46-09 | | | |
| 20 | Anya Frenchick | 10 | Mason City | 56-00 | x50-06 | 2 |
| | 50-06 | 50-06 | 42-06 | 44-07 | | | |
| 21 | Areona Claycomb | 11 | Kee High | 44-00 | 44-07 | 2 |
| | 38-03 | 44-07 | 40-05 | 43-08 | | | |
| 22 | Ariana Cehic | 11 | Dubuque Senior | | 39-05 | 1 |
| | 31-11 | 39-05 | 32-03 | 39-05 | | | |
| 23 | Anita Powers | 09 | Dubuque Senior | | x25-02 | 1 |
| | 23-03 | FOUL | 25-02 | FOUL | | | |
| -- | McKenna Looby | 11 | South Winneshiek | 85-00 | SCR | |

### Event 30 Girls Discus Throw Varsity

| | Name | Year | School | Seed | Finals | H# |
|---|---|---|---|---|---|---|
| 1 | Annika Schmelzer | 12 | Decorah | 120-00 | 125-00 | 2 |
| | 121-05 | FOUL | 125-00 | 94-01 | 108-09 | FOUL | |
| 2 | Grace Tangen | 10 | Decorah | 125-00 | 117-09 | 2 |
| | 98-08 | 108-00 | 116-03 | 115-11 | FOUL | 117-09 | |
| 3 | Jacie Koch | 12 | Waverly-Shell Rock | 100-05 | 106-00 | 2 |
| | 106-00 | 100-08 | FOUL | 97-11 | 100-02 | 105-10 | |
| 4 | Blythe Bucknell | 11 | Waukon | 93-03 | 100-08 | 2 |
| | 87-11 | 71-03 | 100-08 | 87-00 | 99-08 | 93-00 | |
| 5 | Ellaney Bodensteiner | 11 | Turkey Valley | 88-05 | 98-09 | 2 |
| | 95-07 | FOUL | 93-03 | 98-04 | 90-07 | 98-09 | |
| 6 | Sophia Palmer | 10 | Waukon | 98-08 | 96-06 | 2 |
| | FOUL | 95-03 | FOUL | 96-06 | FOUL | 90-02 | |

**2026 Decorah Girls Invitational - 4/9/2026**

**Decorah High School**

**Results**

**....Event 30 Girls Discus Throw Varsity**

| | | | | | | |
|---|---|---|---|---|---|---|
| 7 | Grace Hornseth | 11 | Kee High | 104-09 | 94-01 | 2 |
| | 91-00 | 87-01 | FOUL | FOUL | 94-01 | FOUL |
| 8 | Rose Niewoehner | 12 | Crestwood | 89-10 | 92-00 | 2 |
| | 88-03 | 91-07 | 81-03 | 91-02 | FOUL | 92-00 |
| 9 | Maris Carlson | 10 | Waverly-Shell Rock | 95-04 | 86-02 | 2 |
| | 86-02 | 70-07 | 81-07 | | | |
| 10 | Eden Lee | 12 | Dubuque Senior | 95-05 | 85-00 | 2 |
| | 80-10 | 85-00 | FOUL | | | |
| 11 | McKenna Looby | 11 | South Winneshiek | 85-00 | 77-03 | 1 |
| | FOUL | 77-03 | 69-02 | | | |
| 12 | Marjie Reicks | 11 | New Hampton | 66-06 | 76-06 | 1 |
| | 70-01 | 76-06 | 71-05 | | | |
| 13 | Sydney Laures | 11 | New Hampton | 71-10 | 75-00 | 1 |
| | 75-00 | FOUL | FOUL | | | |
| 14 | Lillian Kolsrud | 12 | Kee High | 74-05 | 74-03 | 1 |
| | 66-08 | 70-09 | 74-03 | | | |
| 15 | Hope Ludwig | 09 | Crestwood | 77-00 | 72-10 | 1 |
| | FOUL | 72-10 | FOUL | | | |
| 16 | Jayden Timp | 11 | South Winneshiek | 80-07 | 69-01 | 1 |
| | FOUL | FOUL | 69-01 | | | |
| 17 | Jenna Throndson | 12 | Turkey Valley | 86-05 | 68-07 | 1 |
| | 60-04 | 67-03 | 68-07 | | | |
| 18 | Kayla Eide | 12 | Mason City | 67-05 | 65-11 | 1 |
| | 65-04 | 65-02 | 65-11 | | | |
| 19 | Allana Davis | 09 | Mason City | 66-09 | 60-02 | 1 |
| | 59-05 | 60-02 | 57-07 | | | |
| 20 | Kendra Schmitt | 12 | Dubuque Senior | | 48-03 | 1 |
| | FOUL | 42-10 | 48-03 | | | |

**Event 31 Girls Shot Put Junior Varsity**

| | Name | Year | School | Seed | Finals | H# |
|---|---|---|---|---|---|---|
| 1 | Autumn Wagner | 09 | Decorah | 31-04.00 | 31-03.25 | 2 |
| | 29-05.50 | 30-08 | 31-03.25 | | | |
| 2 | Margaret Hahn | 11 | Decorah | 29-08.25 | 28-05.50 | 2 |
| | 28-05.50 | 27-09.50 | FOUL | | | |
| 3 | Abigail Sawyer | 09 | Decorah | 26-04.75 | x26-08.00 | 2 |
| | 24-06.50 | 26-00 | 26-08 | | | |
| 4 | Kinley Dietz | 09 | Waverly-Shell Rock | 27-06.00 | 26-01.25 | 2 |
| | 26-01.25 | 22-06.50 | FOUL | | | |
| 5 | Hannah Jeglum | 09 | Waukon | 24-02.00 | 24-02.50 | 2 |
| | 23-08.25 | 24-02.50 | 23-11 | | | |
| 6 | Josie Hemesath | 09 | South Winneshiek | 23-05.00 | 23-05.00 | 2 |
| | 23-05 | 22-11 | 22-01.25 | | | |
| 7 | Gracelynn Falls | 09 | Mason City | 21-02.50 | 22-02.00 | 1 |
| | 18-09.50 | 20-01.50 | 22-02 | | | |
| 8 | Ayla Low | 09 | Decorah | 26-03.50 | x22-01.00 | 2 |
| | 22-01 | 21-07 | 21-07 | | | |

**2026 Decorah Girls Invitational - 4/9/2026**

**Decorah High School**

**Results**

**....Event 31 Girls Shot Put Junior Varsity**

| | | | | | | |
|---|---|---|---|---|---|---|
| 9 | Britlyn Boyer | 09 | South Winneshiek | 16-07.00 | 21-05.00 | 1 |
| | 20-09 20-02.25 21-05 | | | | | |
| 10 | Ariana Cehic | 11 | Dubuque Senior | 23-04.00 | 21-04.25 | 2 |
| | 21-04.25 FOUL 19-09 | | | | | |
| 11 | Allison Hilfer | 09 | Decorah | 20-07.00 | x20-09.75 | 1 |
| | 18-00.75 20-09.25 20-09.75 | | | | | |
| 12 | Maddie Martin | 09 | Kee High | 18-08.50 | 20-05.50 | 1 |
| | 19-02 20-05.50 19-07 | | | | | |
| 13 | Piper Jessen | 12 | Crestwood | 23-02.00 | 20-03.00 | 2 |
| | 20-02.25 20-03 20-02.50 | | | | | |
| 14 | Kiley Higgins | 09 | South Winneshiek | 18-07.00 | x19-04.00 | 1 |
| | 19-04 18-02.50 18-08.50 | | | | | |
| 15 | Avery Busch | 09 | South Winneshiek | 17-05.00 | x19-03.25 | 1 |
| | FOUL 19-03.25 19-02 | | | | | |
| 16 | Areona Claycomb | 11 | Kee High | 18-07.00 | 19-03.00 | 1 |
| | 19-00.25 18-10 19-03 | | | | | |
| 17 | BreAshia Towns | 11 | Dubuque Senior | 20-05.00 | 18-08.00 | 1 |
| | 18-08 18-06 18-03 | | | | | |
| 18 | McKenna Kipp | 09 | South Winneshiek | 17-10.00 | x18-07.25 | 1 |
| | 18-07.25 16-04 16-09 | | | | | |
| 19 | Anita Powers | 09 | Dubuque Senior | 15-09.00 | x14-00.25 | 1 |
| | 14-00.25 11-01.50 12-11.75 | | | | | |

**Event 32 Girls Shot Put Varsity**

| | Name | Year | School | Seed | Finals | H# |
|---|---|---|---|---|---|---|
| 1 | Lauren Luzum | 12 | Decorah | 39-04.50 | 41-01.25 | 2 |
| | FOUL 37-01.25 41-01.25 34-09 37-05.50 38-10.75 | | | | | |
| 2 | Grace Tangen | 10 | Decorah | 37-07.25 | 39-02.75 | 2 |
| | 39-02.75 FOUL 38-06 38-00 37-04.50 38-00 | | | | | |
| 3 | Rose Niewoehner | 12 | Crestwood | 37-05.00 | 38-04.25 | 2 |
| | 35-05 35-03.75 37-00 38-04.25 FOUL 37-02 | | | | | |
| 4 | Blythe Bucknell | 11 | Waukon | 37-11.25 | 37-10.50 | 2 |
| | 36-02.25 36-01 37-06.50 36-08 37-10.50 37-09.50 | | | | | |
| 5 | Eden Lee | 12 | Dubuque Senior | 35-02.00 | 35-06.25 | 2 |
| | 34-09 34-00 33-01 35-06.25 34-09.25 33-01 | | | | | |
| 6 | Kinslee Rings | 11 | New Hampton | 33-07.00 | 32-11.50 | 2 |
| | FOUL 32-11.50 32-02.75 30-02.50 30-10.25 29-11 | | | | | |
| 7 | Sophia Palmer | 10 | Waukon | 33-02.25 | 32-05.50 | 2 |
| | 29-01.25 31-08.75 32-05.50 30-09.75 32-00.50 32-02.75 | | | | | |
| 8 | Hope Ludwig | 09 | Crestwood | 32-01.00 | 31-11.00 | 2 |
| | 31-11 31-11 31-09 31-02.75 31-06 29-09.25 | | | | | |
| 9 | Allana Davis | 09 | Mason City | 32-00.25 | 31-00.50 | 1 |
| | 27-10.50 30-06.50 31-00.50 | | | | | |
| 10 | Ellaney Bodensteiner | 11 | Turkey Valley | 29-09.00 | 30-05.00 | 1 |
| | 30-00.50 29-10.75 30-05 | | | | | |
| 11 | Lillian Kolsrud | 12 | Kee High | 32-00.50 | 30-04.50 | 2 |
| | 29-05.75 28-11.75 30-04.50 | | | | | |

**2026 Decorah Girls Invitational - 4/9/2026**

**Decorah High School**

**Results**

**....Event 32 Girls Shot Put Varsity**

| | | | | | | |
|---|---|---|---|---|---|---|
| 12 | Jayden Timp | 11 | South Winneshiek | 27-08.50 | 30-00.00 | 1 |
| | 30-00 | 27-04.50 | 29-04 | | | |
| 13 | Gracie Thompson | 12 | South Winneshiek | 29-05.00 | 28-01.25 | 1 |
| | FOUL | 28-01.25 | 26-11.50 | | | |
| 14 | Grace Hornseth | 11 | Kee High | 35-08.00 | 28-00.50 | 2 |
| | FOUL | 28-00.50 | FOUL | | | |
| 15 | Jenna Throndson | 12 | Turkey Valley | 28-00.00 | 27-07.50 | 1 |
| | 26-06 | 27-03 | 27-07.50 | | | |
| 16 | Maris Carlson | 10 | Waverly-Shell Rock | 30-11.00 | 26-01.25 | 1 |
| | FOUL | FOUL | 26-01.25 | | | |
| 17 | Marjie Reicks | 11 | New Hampton | 24-09.00 | 24-08.75 | 1 |
| | 24-01.25 | 24-06.50 | 24-08.75 | | | |
| 18 | Cambell Hoodjer | 10 | Waverly-Shell Rock | 29-10.00 | 23-07.00 | 1 |
| | 23-07 | 23-06 | 23-01 | | | |
| 19 | Violet Rath | 09 | Mason City | 23-04.75 | 22-09.50 | 1 |
| | 22-09.50 | 21-00.50 | 20-06.25 | | | |
| 20 | Kendra Schmitt | 12 | Dubuque Senior | 21-05.00 | 20-01.00 | 1 |
| | 18-07 | 19-11 | 20-01 | | | |

Women - Varsity - Team Rankings - 19 Events Scored

| | | | | | |
|---|---|---|---|---|---|
| 1) | Decorah | 196 | 2) | Waukon | 76 |
| 3) | Waverly-Shell Rock | 57 | 4) | Crestwood | 48 |
| 5) | South Winneshiek | 40 | 6) | New Hampton | 37 |
| 7) | Mason City | 34 | 7) | Turkey Valley | 34 |
| 9) | Kee High | 32 | 10) | Osage | 18 |
| 11) | Dubuque Senior | 17 | | | |