

MRAC BOYS SWIMMING HISTORY

Regular Season Champions

YEAR	SCHOOL	SCORE	COACH
2000-01	Metro	192	Don Copas
2001-02	Metro	149	Don Copas
2002-03	C.B. Abraham Lincoln	170	Mike Hale
2003-04	Sioux City East	169	Bryan Ferris
2004-05	Sioux City East	189	Bryan Ferris
2005-06	Sioux City East	163	Bryan Ferris
2006-07	Metro	157.5	Dan Patterson
2007-08	Metro	173	Dan Patterson
2008-09	Sioux City	118	Dan Patterson
2009-10	Sioux City		
2010-11	Sioux City		
2011-12	Sioux City	121	Bryan Ferris
2012-13	Sioux City	123	Erik Hoak
2013-14	Sioux City	133	Erik Hoak
2014-15	Sioux City	124	Erik Hoak
2015-16	Sioux City	129	Erik Hoak
2016-17	Sioux City	125	Erik Hoak
2017-18	Sioux City	130	Erik Hoak
2018-19	Sioux City	136	Erik Hoak
2019-20	Sioux City	137	Erik Hoak
2020-21	Sioux City	134	Erik Hoak
2021-22	Sioux City	125	Erik Hoak



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2000-01	SCORE	2007-08	SCORE	2015-16	SCORE
Metro	192	Metro	173	Sioux City	129
Abraham Lincoln	159	Abraham Lincoln	132	Council Bluffs	41
East	62	East	25		
2001-02	SCORE	2008-09	SCORE	2016-17	SCORE
Metro	149	Sioux City	118	Sioux City	125
Abraham Lincoln	145	Council Bluffs	52	Council Bluffs	45
East	134				
2002-03	SCORE	2009-10	SCORE	2017-18	SCORE
Abraham Lincoln	170	Sioux City		Sioux City	130
East	134	Council Bluffs		Council Bluffs	38
Metro	113				
2003-04	SCORE	2010-11	SCORE	2018-19	SCORE
East	169	Sioux City		Sioux City	136
Abraham Lincoln	138	Council Bluffs		Council Bluffs	25
Metro	110				
2004-05	SCORE	2011-12	SCORE	2019-20	SCORE
East	189	Sioux City	121	Sioux City	137
Metro	135	Council Bluffs	49	Council Bluffs	30
Abraham Lincoln	103				
2005-06	SCORE	2012-13	SCORE	2020-21	SCORE
East	163	Sioux City	123	Sioux City	134
Metro	132.5	Council Bluffs	65	Council Bluffs	23
Abraham Lincoln	132.5				
2006-07	SCORE	2013-14	SCORE	2021-22	SCORE
Metro	157.5	Sioux City	133	Sioux City	125
East	143	Council Bluffs	37	Council Bluffs	45
Abraham Lincoln	127.5				
		2014-15	SCORE		
		Sioux City	124		
		Council Bluffs	56		