

## **Alburnett Football Cheer Stunt Release Form**

I/We, \_\_\_\_\_ (Parent Names) parents and/or legal guardians of \_\_\_\_\_ (Student's Name) who is a cheerleader at Alburnett Junior Senior High School, wishes to participate in their cheerleading program, voluntarily give our consent for such participation by our son/daughter. It has been adequately explained to us that cheerleading is an activity which may involve airborne inversion of the body and therefore there is an increased potential that any one of the routines involving our son/daughter's participation could lead to serious injury, paralysis or even death. We understand that our son/daughter is required to be in good physical shape and condition and that the activities in which he/she will be asked to participate are strenuous and require physical and athletic agility. It has been fully explained to us that these activities include, but are not necessarily limited to a variety of gymnastics maneuvers, including aerials; that there will be a variety of mounts, tosses, and stunts requiring the coordination of more than one participant on the squad; and that these activities will not be confined to any one site or venue, but rather will involve a variety of sites or venues throughout the year. We represent to you that, to the best of our knowledge and belief, our son/daughter has no physical, medical, or mental disability or other limitation that would restrict his/her ability to fully participate in this activity. We have been informed that our son/daughter must be examined by a physician prior to participation in these activities and we agree to such examination. We further agree to notify immediately the appropriate Alburnett Junior Senior High School personnel in the event of any change in our son/daughter's health status. We agree to, and by signing this agreement, release the coaches, assistant coaches, volunteers and board members of Alburnett Junior Senior High and all others in contract with them from any claim of negligence by ourselves, our son/daughter, our heirs, executors and assigns, from any liability arising from claims for damages for injury to our son/daughter and any claims for loss of or damage to his/her property which may arise out of his/her participation in the Alburnett Junior Senior High School Cheer program for the team that they are a member.

### **Participant Name**

First, Last, and Date

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### **Parent/Legal Guardian Name**

First, Last, and Date

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### **Parent/Legal Guardian Signature and Date**

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