

2026 Decorah Girls Relays - 4/16/2026

Decorah High School

Results

Event 1 Girls 800 Sprint Medley Junior Varsity

School	Seed	Finals
Finals		
1 Decorah 'A'	1:55.00	2:01.65
1) Kelby Kerndt 12	2) Lyla Lovstuen 12	
3) Mahraz Murphy 09	4) Caylee Malanaphy 10	
2 West Delaware 'A'	2:07.50	2:05.16
1) Brooke Foley 10	2) Ella Keister 10	
3) Lily Schulte 09	4) Abbigail Stoffel 10	
3 Central Elkader 'A'	2:10.00	2:07.07
1) Katalina Dunlap 09	2) Payton Stannard 10	
3) Ella Frieden 10	4) Alivia Wiley 12	
4 Decorah 'B'	2:00.00	x2:09.34
1) Ayslynn Arnold 11	2) Jayden Lundtvedt 11	
3) Taya Snitker 11	4) Kelbi Schuman 09	
5 Osage 'B'	2:08.24	2:09.94
1) Lauren Adams 09	2) Halle Hanson 10	
3) Olivia Muhs 10	4) Kaylee Schwarck 09	
6 Osage 'A'	2:07.43	x2:10.67
1) Lilly Nerland 11	2) Claire Machin 09	
3) Ally Aschenbrenner 09	4) Madeline Bielefeld 12	
7 Charles City 'A'	2:07.37	2:12.36
1) Mckinley Stowe 10	2) Avery Low 10	
3) Eliza Mallory 10	4) Alexuz Ohlendorf 11	
8 South Winneshiek 'A'	2:20.50	2:21.08
1) Lia Vsetecka 10	2) Jenna Dahl 09	
3) Evelyn Moonen 09	4) Kaylie Bruess 09	

Event 2 Girls 800 Sprint Medley Varsity

School	Seed	Finals
1 Decorah 'A'	1:52.60	1:50.58
1) Audrey Essa 11	2) Stella Pole 12	
3) Cassandra Stammeyer 10	4) Eden Northup 10	
2 West Delaware 'A'	1:53.75	1:50.87
1) Norah Peyton 12	2) Natalie Mensen 12	
3) Anna O'Rear 12	4) Sofia Schulte 10	
3 Saint Ansgar 'A'	1:58.62	1:54.71
1) Ava Falk 12	2) Emerson Brumm 10	
3) Jaeda Mayer 10	4) Jacey Johnston 12	
4 Mason City 'A'	1:58.45	1:55.11
1) Anna Latham 11	2) Peyton Zilge 11	
3) Latasha York 11	4) Mara Dixon 10	
5 Charles City 'A'	2:07.37	2:05.40
1) Ayla Weber 11	2) Bryn Rogstad 09	
3) Elizah Causey 10	4) Jacqueline Mayhew 09	
6 Osage 'A'	2:05.36	2:05.58
1) Anna Peterson 10	2) Ainsley Hemann 10	
3) Presly Kennedy 11	4) Abby Rachut 11	
7 South Winneshiek 'A'	2:12.30	2:11.86
1) Helen Maldonado 09	2) Hattie Conway 09	
3) Adele Conway 12	4) Hayden Steffans 10	
8 Central Elkader 'A'	2:08.00	2:12.49
1) Tenley Bormann 10	2) Maci Keppler 12	

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....Event 5 Girls 4x100 Meter Shuttle Hurdle Varsity

3) Victoria Hermanson 10

4) Sophia Huisman 10

Event 6 Girls 100 Meter Dash Junior Varsity

Name	Year	School	Seed	Finals	H#
1 Avery Massman	09	Decorah	13.30	13.15	4
2 Alexis Johannngmeier	10	South Winneshiek	14.30	13.74	4
3 Remi Wadsworth	09	South Winneshiek	14.20	13.76	4
4 Jena Peters	10	South Winneshiek	14.34	x14.25	4
5 Carlie Bergan	09	Central Elkader	15.00	14.31	3
6 Maya Schrock	09	Mason City	14.55	14.48	4
7 Alyssa Holthaus	12	South Winneshiek	14.30	x14.55	4
8 Langstyn Brandt	09	Mason City	14.73	14.58	3
9 Quinn Osgood	11	Saint Ansgar	14.30	14.72	4
10 Hayden Steffans	10	South Winneshiek		x14.80	2
11 Helen Maldonado	09	South Winneshiek	14.30	x14.88	4
11 Brylee Erickson	11	Central Elkader	15.50	14.88	3
13 Morgan Chapman	09	Charles City	15.94	15.49	2
14 Zoey Martzahl	09	Osage		15.80	1
15 Lia Vsetecka	10	South Winneshiek		x15.82	1
16 Rylee Driscoll	10	Mason City	15.46	x15.84	3
17 Kate Boedeker	09	Mason City	15.25	x16.03	3
18 Ella Eggers	11	Osage		16.22	2
19 Hailey Nelson	09	West Delaware	15.10	16.30	3
20 Mikayla Evans	11	Central Elkader	16.76	x16.36	2
21 Kaycee Kominek	09	Osage	16.14	x16.54	2
22 Lauren Baethke	09	Riceville	17.70	17.06	2
23 Dixie Price	09	Charles City		17.27	1
24 Allyson Hungerford	11	Mason City	18.05	x18.47	2
-- Avery Low	10	Charles City	14.80	SCR	3
-- Brooke Foley	10	West Delaware	15.00	SCR	

Event 7 Girls 100 Meter Dash Varsity

Name	Year	School	Seed	Finals	H#
1 Jacey Johnston	12	Saint Ansgar	12.90	12.85	2
2 Stella Pole	12	Decorah	12.91	12.89	2
3 Ava Holthaus	12	Decorah	13.30	13.09	2
4 Anna Peterson	10	Osage	13.14	13.24	2
5 Ruby Dolan	10	West Delaware	13.99	13.39	2
6 Zarah Ogun	09	West Delaware	13.88	13.43	2
7 Cloey Zweibohmer	12	South Winneshiek	14.70	13.50	1
8 Emmy Gehling	10	South Winneshiek	13.90	14.04	2
9 Ayla Weber	11	Charles City	14.17	14.09	1
10 Tenley Bormann	10	Central Elkader	14.63	14.16	1
11 Maci Keppler	12	Central Elkader	14.80	14.66	1
12 Olivia Muhs	10	Osage	15.31	15.38	1
13 Anabelle Herold	09	Riceville		17.38	1
14 Rhythm Kuehl	09	Riceville	18.07	18.36	1
-- Piper Johnson	12	Mason City	13.88	SCR	

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Event 8 Girls Distance Medley Varsity

School	Seed	Finals
1 Decorah 'A'	4:34.33	4:39.23
1) Caylee Malanaphy 10	2) Mahraz Murphy 09	
3) Lauren Holthaus 12	4) Amelia Roe 12	
2 West Delaware 'A'	4:42.92	4:48.80
1) Claire Scherbring 09	2) Jade Young 09	
3) Erin Mensen 12	4) Abbigail Stoffel 10	
3 Saint Ansgar 'A'	4:34.01	4:54.80
1) Rilyn Halvorson 09	2) Alexis Frein 12	
3) Charlie Kline 09	4) Harper DeMaris 09	
4 Osage 'A'	4:58.16	5:01.35
1) Ainsley Hemann 10	2) Presly Kennedy 11	
3) Abby Rachut 11	4) Kendall Power 12	
5 Charles City 'A'	5:04.60	5:09.95
1) Alexuz Ohlendorf 11	2) Janiah Price 12	
3) Mckinley Stowe 10	4) Jershey Dizon 09	
-- Decorah 'B'	4:45.00	XDQ
1) Jerikah Dodd 12	2) Jayden Lundtvedt 11	
3) Addison Quandahl 10	4) Simone Downing 10	
-- Decorah 'C'	5:00.00	X5:22.82
1) Harper Menke 09	2) Taya Snitker 11	
3) Chloe Albert 09	4) Natalie Holthaus 10	

Event 9 Girls 400 Meter Dash Junior Varsity

Name	Year School	Seed	Finals
1 Ella Frieden	10 Central Elkader	1:12.00	1:09.61
2 Audriana Lockett	09 Charles City		1:13.69
3 Elyse Brown	11 Osage	1:20.28	1:16.90
4 Kaylie Wilson	10 Central Elkader	1:23.26	1:17.24
5 Mikayla Evans	11 Central Elkader	1:21.25	x1:19.29
6 Allyson Hungerford	11 Mason City	1:25.00	1:28.05
7 Hannah Friedlein	11 Central Elkader	1:41.51	x1:52.99
-- Kaylee Schwarck	09 Osage	1:10.74	SCR

Event 10 Girls 400 Meter Dash Varsity

Name	Year School	Seed	Finals	H#
1 Maddy Jansen	12 South Winneshiek	1:02.50	59.74	2
2 Claire Storhoff	11 Decorah	1:04.10	1:02.64	2
3 Blair Scherf	10 Central Elkader	1:09.34	1:06.40	2
4 Taleah Dohlman	10 Riceville	1:10.00	1:06.88	2
5 Carlie Bergan	09 Central Elkader	1:08.88	1:07.15	2
6 Olivia Volkmann	11 Decorah	1:05.00	1:08.24	2
7 Amelia Walk	10 Saint Ansgar	1:09.10	1:09.37	2
8 Lily Schulte	09 West Delaware	1:11.20	1:09.67	1
9 Natalie Boggess	09 Riceville	1:12.63	1:11.16	1
10 Lauren Adams	09 Osage	1:12.35	1:12.36	1
11 Ava Twomey	10 West Delaware	1:10.50	1:12.97	2
12 Madeline Bielefeld	12 Osage	1:13.60	1:14.04	1
13 Jenna Dahl	09 South Winneshiek	1:21.51	1:21.54	1

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Event 11 Girls 4x200 Meter Relay Junior Varsity

School	Seed	Finals
1 West Delaware 'A'	1:54.80	1:58.09
1) Harper McIntyre 09	2) Jade Young 09	
3) Claire Scherbring 09	4) Zarah Ogun 09	
2 Decorah 'A'	1:58.00	2:01.59
1) Harlie Larson 10	2) Abigail Stevens 09	
3) Brylee Hanson 11	4) Payge Webb 09	
3 Charles City 'A'	2:00.11	2:04.31
1) Bryn Rogstad 09	2) Jacqueline Mayhew 09	
3) Avery Low 10	4) Morgan Chapman 09	
4 Decorah 'B'	2:05.00	x2:04.33
1) Kelbi Schuman 09	2) Karsyn Quandahl 09	
3) Ayslynn Arnold 11	4) Rachel Spilde-Maki 11	
5 Osage 'A'	2:10.35	2:13.20
1) Kaylee Schwarck 09	2) Halle Hanson 10	
3) Zoey Martzahl 09	4) Kaycee Kominek 09	

Event 12 Girls 4x200 Meter Relay Varsity

School	Seed	Finals
1 West Delaware 'A'	1:46.73	1:45.20
1) Anna O'Rear 12	2) Sofia Schulte 10	
3) Norah Peyton 12	4) Natalie Mensen 12	
2 Decorah 'A'	1:45.27	1:45.53
1) Audrey Essa 11	2) Cassandra Stammeyer 10	
3) Ava Holthaus 12	4) Eden Northup 10	
3 Saint Ansgar 'A'	1:59.46	1:55.57
1) Emerson Brumm 10	2) Jaeda Mayer 10	
3) Lexi Juhl 09	4) Ava Falk 12	
4 Charles City 'A'	1:56.00	1:57.87
1) Evelyn Mayhew 12	2) Jada Low 09	
3) Lexan Joslin 09	4) Eliza Mallory 10	
5 Osage 'A'	2:03.38	2:03.97
1) Aubrey Hocken 09	2) Ally Aschenbrenner 09	
3) Kylie Johnson 09	4) Olivia Muhs 10	
6 Central Elkader 'A'	2:03.00	2:04.20
1) Tenley Bormann 10	2) Mya Gregerson 10	
3) Katalina Dunlap 09	4) Maci Keppler 12	
7 South Winneshiek 'A'	2:02.00	2:06.32
1) Annie Hageman 11	2) Ava Franzen 11	
3) Tessa Phillips 12	4) Lauren Ondrashek 11	
8 Riceville 'A'	2:20.00	2:17.70
1) Luna Nouvel 11	2) Maria Luisa Montes 11	
3) Klara Riggelson 10	4) Lauren Baethke 09	

Event 13 Girls 100 Meter Hurdles Junior Varsity

Name	Year School	Seed	Finals
1 Raelyn Newhouse	10 Decorah	18.00	17.84
2 Kennady Riehle	11 Decorah	18.18	18.06
3 Lyla Lovstuen	12 Decorah	21.23	x21.57
4 Olivia Shipman	10 Mason City	21.93	22.20

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...Event 13 Girls 100 Meter Hurdles Junior Varsity

5	Victoria Hermanson	10	Saint Ansgar	21.50	22.40
6	Kendall Hruby	09	Mason City	20.70	22.93

Event 14 Girls 100 Meter Hurdles Varsity

Name	Year	School	Seed	Finals	H#
1 Avery Schmitz	11	West Delaware	16.68	15.49	2
2 Sophia Calpito	11	Charles City	16.86	15.78	2
3 Finlee Carter	09	Mason City	17.63	17.29	2
4 Kelby Kerndt	12	Decorah	17.31	17.31	2
5 Addisyn Ivy	10	Decorah	18.27	17.96	2
6 Lilly Nerland	11	Osage	18.62	18.99	2
7 Sophia Huisman	10	Saint Ansgar	19.81	19.34	2
8 Berkley Lynch	09	West Delaware	18.98	19.39	2
9 Pyper Koch	11	Mason City	20.58	19.44	1
10 Adaline Jensen	09	Saint Ansgar	20.90	20.18	1
11 Evelyn Moonen	09	South Winneshiek		25.02	1

Event 15 Girls 800 Meter Run Junior Varsity

Name	Year	School	Seed	Finals
1 Deborah Hougen	12	Decorah	2:49.86	2:45.69
2 Addison Quandahl	10	Decorah	2:49.00	2:49.99
3 Lanie Hanna	12	Saint Ansgar	2:56.24	2:50.01
4 Harper DeMaris	09	Saint Ansgar	2:50.28	2:54.22
5 Sophia Schoneberg	12	Mason City	3:07.82	2:54.30
6 Kate Boedeker	09	Mason City	2:58.20	2:56.43
7 Hattie Conway	09	South Winneshiek		2:59.39
8 Kaylee Streit	09	Saint Ansgar	3:05.72	x2:59.69
9 Leah Litterer	09	Charles City	3:03.50	3:10.54
10 Chloe Albert	09	Decorah	3:05.00	x3:12.70
11 Soraya Bischoffberger	10	Charles City		3:12.94
12 Hannah Friedlein	11	Central Elkader	3:44.89	3:59.21
-- Hayden Steffans	10	South Winneshiek		SCR
-- Natalie Stevens	12	Decorah	2:54.07	SCR

Event 16 Girls 800 Meter Run Varsity

Name	Year	School	Seed	Finals
1 Brogan Evans	12	Mason City	2:25.00	2:21.95
2 Brynn Peterson	10	Mason City	2:28.09	2:24.18
3 Lila Powers	12	Saint Ansgar	2:37.42	2:28.31
4 Ava Witt	09	Saint Ansgar	2:28.59	2:29.85
5 Adele Conway	12	South Winneshiek	2:35.81	2:32.26
6 Amelia Roe	12	Decorah	2:41.42	2:37.43
7 Camry Zweibohmer	09	Riceville	2:38.80	2:38.16
8 Adrian Mormann	09	West Delaware	2:37.50	2:40.22
9 Mahraz Murphy	09	Decorah	2:40.00	2:43.51
10 Blair Scherf	10	Central Elkader	2:44.20	2:47.01
11 Kaylie Bruess	09	South Winneshiek	2:59.22	2:57.04
12 Kendall Power	12	Osage	2:48.91	3:06.57
13 Elyse Brown	11	Osage	3:07.76	3:10.26

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....Event 16 Girls 800 Meter Run Varsity

-- Charly Lynch 11 West Delaware 2:34.37 SCR

Event 17 Girls 200 Meter Dash Junior Varsity

Name	Year	School	Seed	Finals	H#
1 Claire Storhoff	11	Decorah	28.55	28.26	4
2 Remi Wadsworth	09	South Winneshiek	30.00	28.95	4
3 Emmy Gehling	10	South Winneshiek	29.24	29.05	4
4 Alexis Johanningmeier	10	South Winneshiek	29.20	x29.24	4
5 Charlie Kline	09	Saint Ansgar	31.25	29.74	3
6 Callan Fitzgerald	10	Mason City	30.13	30.29	4
7 Harper McIntyre	09	West Delaware	29.00	30.37	4
8 Amelia Walk	10	Saint Ansgar	30.43	30.53	3
9 Alivia Wiley	12	Central Elkader	30.50	30.54	3
10 Jena Peters	10	South Winneshiek	30.70	x30.69	3
11 Langstyn Brandt	09	Mason City	32.00	30.73	3
12 Jade Young	09	West Delaware	29.00	30.90	4
13 Jershey Dizon	09	Charles City		30.94	1
14 Audriana Luckett	09	Charles City		31.18	1
15 Helen Maldonado	09	South Winneshiek	30.50	x31.48	3
16 Brylee Erickson	11	Central Elkader	32.11	31.94	2
17 Katalina Dunlap	09	Central Elkader	32.50	x33.33	2
18 Ella Keister	10	West Delaware	32.20	x34.64	2
19 Lia Vsetecka	10	South Winneshiek	33.00	x34.65	2
20 Mikayla Evans	11	Central Elkader	35.14	x34.90	1
21 Jenna Dahl	09	South Winneshiek	35.81	x35.98	1
22 Natalie Holthaus	10	Decorah	33.00	36.64	2
23 Violet Rath	09	Mason City	37.89	x37.03	1
24 Dixie Price	09	Charles City		x38.90	1
-- Mya Gregerson	10	Central Elkader	33.08	SCR	1
-- Layla Embretson	12	Central Elkader	32.50	SCR	2
-- Payton Stannard	10	Central Elkader	30.00	SCR	4
-- Brynn Murray	09	Mason City	32.50	SCR	2
-- Jerikah Dodd	12	Decorah	30.29	SCR	3
-- Brooke Foley	10	West Delaware	32.60	SCR	
-- Alexis Frein	12	Saint Ansgar	30.30	SCR	

Event 18 Girls 200 Meter Dash Varsity

Name	Year	School	Seed	Finals	H#
1 Stella Pole	12	Decorah	26.70	26.29	2
2 Jacey Johnston	12	Saint Ansgar	26.40	26.32	2
3 Renae Wilson	12	Decorah	26.84	26.49	2
4 Ruby Dolan	10	West Delaware	29.10	28.20	2
5 Maddy Jansen	12	South Winneshiek	28.50	28.78	2
6 Erin Mensen	12	West Delaware	29.56	28.96	2
7 Cloey Zweibohmer	12	South Winneshiek	28.32	29.00	2
8 Isabella Riordan	10	Mason City	31.50	29.12	1
9 Claire Machin	09	Osage	30.19	30.09	1
10 Tenley Bormann	10	Central Elkader	29.84	30.12	2
11 Carlie Bergan	09	Central Elkader	29.84	30.38	1
12 Rilyn Halvorson	09	Saint Ansgar	30.28	30.78	1
13 Charlotte Smith	09	Riceville	30.80	31.05	1

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....Event 18 Girls 200 Meter Dash Varsity

14	Kylie Johnson	09	Osage	30.25	32.54	1
--	Elizah Causey	10	Charles City	30.31	SCR	
--	Anna Latham	11	Mason City	30.29	SCR	

Event 19 Girls 400 Meter Hurdles Varsity

Name	Year	School	Seed	Finals	
1	Norah Peyton	12	West Delaware	1:07.34	1:06.75
2	Berkley Lynch	09	West Delaware	1:15.50	1:12.10
3	Lauren Holthaus	12	Decorah	1:16.20	1:13.47
4	Finlee Carter	09	Mason City	1:16.99	1:14.58
5	Lauren Adams	09	Osage	1:18.43	1:25.47

Event 20 Girls 1500 Meter Run Varsity

Name	Year	School	Seed	Finals	
1	Claire Zweibohmer	12	Riceville	5:00.37	5:03.04
2	Scarlett Byrnes	12	Osage	4:57.74	5:14.31
3	Olivia Volkmann	11	Decorah	5:24.30	5:25.42
4	Lauren Ondrashek	11	South Winneshiek	5:47.00	5:38.04
5	Simone Downing	10	Decorah	5:37.62	5:42.36
6	Jeanne Bardgett	10	West Delaware	5:39.96	5:45.84
7	Ella Horgen	10	Saint Ansgar	5:44.64	5:46.06
8	Peyton Bobolz	11	Mason City	5:51.06	5:47.59
9	Blair Scherf	10	Central Elkader	5:55.47	5:50.82
10	Tori Koenigs	12	Riceville	6:00.00	6:26.08
11	Lily Schulte	09	West Delaware	6:34.40	6:39.87
--	Tessa Phillips	12	South Winneshiek	6:00.00	SCR
--	Kaylee Streit	09	Saint Ansgar	6:30.94	SCR
--	Eva Hurley	10	Decorah	5:40.00	X5:31.32
--	Ruth Kueny	09	Decorah	5:40.00	X5:36.56
--	Loni Johnson	10	Riceville	6:47.40	X7:16.04

Event 21 Girls 4x100 Meter Relay Thrower's Varsity

School	Seed	Finals
1 Decorah 'A'	54.00	57.04
1) Margaret Hahn 11		
2) Payge Webb 09		
3) Annika Schmelzer 12		
4) Lauren Luzum 12		
2 Osage 'A'	1:02.38	1:01.68
1) Kate Klapperich 09		
2) Maddy Cooper 09		
3) Isabelle Reinardy 10		
4) Brylie Wagner 11		
3 Mason City 'A'		1:02.31
1) Kayla Eide 12		
2) Anya Frenchick 10		
3) Gracelynn Falls 09		
4) Allana Davis 09		
4 Charles City 'A'		1:03.42
1) Keyrra Flowers 12		
2) Dixie Price 09		
3) Jayla Monroe 09		
4) Soraya Bischoffberger 10		
5 Decorah 'B'	1:05.00	x1:10.27
1) Abigail Sawyer 09		
2) Autumn Wagner 09		
3) Ayla Low 09		
4) Allison Hilfer 09		
6 Central Elkader 'A'		1:12.05

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....Event 21 Girls 4x100 Meter Relay Thrower's Varsity

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|-----------------------|------------------------|
| 1) Mikayla Evans 11 | 2) Tenley Meyer 09 |
| 3) Layla Embretson 12 | 4) Hannah Friedlein 11 |

Event 22 Girls 4x100 Meter Relay Junior Varsity

School	Seed	Finals	H#
1 Decorah 'A'	52.00	54.68	2
1) Addisyn Ivy 10	2) Kelby Kerndt 12		
3) Kennady Riehle 11	4) Harper Menke 09		
2 Charles City 'A'	57.42	56.80	2
1) Ayla Weber 11	2) Bryn Rogstad 09		
3) Alexuz Ohlendorf 11	4) Mckinley Stowe 10		
3 Mason City 'A'	56.00	57.40	2
1) Pyper Koch 11	2) Kendall Hruby 09		
3) Langstyn Brandt 09	4) Maya Schrock 09		
4 Decorah 'B'	55.00	x57.60	2
1) Taya Snitker 11	2) Jayden Lundtvedt 11		
3) Lyla Lovstuen 12	4) Brylee Hanson 11		
5 Osage 'A'	59.38	57.96	1
1) Claire Machin 09	2) Kaylee Schwarck 09		
3) Aubrey Hocken 09	4) Kylie Johnson 09		
6 Charles City 'B'	1:00.00	x59.65	1
1) Jershey Dizon 09	2) Leah Litterer 09		
3) Morgan Chapman 09	4) Audriana Lockett 09		
7 Central Elkader 'A'	59.00	59.75	2
1) Katalina Dunlap 09	2) Kaylie Wilson 10		
3) Mya Gregerson 10	4) Brylee Erickson 11		
8 West Delaware 'A'	56.00	1:00.01	2
1) Claire Scherbring 09	2) Ella Keister 10		
3) Brooke Foley 10	4) Ava Twomey 10		
9 Osage 'B'	1:01.43	x1:02.80	1
1) Ella Eggers 11	2) Halle Hanson 10		
3) Zoey Martzahl 09	4) Kaycee Kominek 09		
10 Riceville 'A'		1:03.79	1
1) Luna Nouvel 11	2) Maria Luisa Montes 11		
3) Lauren Baethke 09	4) Liberty Knode 09		
-- Saint Ansgar 'A'	58.20	SCR	2
1) Adaline Jensen 09	2) Victoria Hermanson 10		
3) Olivia DeMaris 11	4) Sophia Huisman 10		

Event 23 Girls 4x100 Meter Relay Varsity

School	Seed	Finals	H#
1 Mason City 'A'	52.32	51.26	2
1) Mara Dixon 10	2) Piper Johnson 12		
3) Peyton Zilge 11	4) Latasha York 11		
2 Decorah 'A'	50.47	51.44	2
1) Caylee Malanaphy 10	2) Audrey Essa 11		
3) Ava Holthaus 12	4) Jerikah Dodd 12		
3 West Delaware 'A'	53.10	53.57	2
1) Natalie Mensen 12	2) Ruby Dolan 10		
3) Jade Young 09	4) Zarah Ogun 09		
4 Charles City 'A'	57.42	54.41	1

2026 Decorah Girls Relays - 4/16/2026

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Results

....Event 23 Girls 4x100 Meter Relay Varsity

1) Evelyn Mayhew 12	2) Lexan Joslin 09			
3) Eliza Mallory 10	4) Janiah Price 12			
5 South Winneshiek 'A'		54.72	54.83	2
1) Emmy Gehling 10	2) Alexis Johannngmeier 10			
3) Remi Wadsworth 09	4) Alyssa Holthaus 12			
6 Osage 'A'		57.05	56.08	1
1) Anna Peterson 10	2) Ally Aschenbrenner 09			
3) Lilly Nerland 11	4) Presly Kennedy 11			
7 Saint Ansgar 'A'		54.74	56.40	2
1) Emerson Brumm 10	2) Rilyn Halvorson 09			
3) Alexis Frein 12	4) Lexi Juhl 09			
8 Riceville 'A'		1:05.00	1:03.68	1
1) Rhythm Kuehl 09	2) Natalie Boggess 09			
3) Anabelle Herold 09	4) Charlotte Smith 09			

Event 24 Girls 4x400 Meter Relay Junior Varsity

School	Seed	Finals
1 West Delaware 'A'	4:30.50	4:31.09
1) Charly Lynch 11	2) Berkley Lynch 09	
3) Harper McIntyre 09	4) Adrian Mormann 09	
2 Decorah 'A'	4:35.00	4:46.06
1) Payge Webb 09	2) Kelbi Schuman 09	
3) Chloe Albert 09	4) Alandra Mercado-Arneson 10	
3 South Winneshiek 'A'	5:00.00	4:59.02
1) Cloey Zweibohmer 12	2) Helen Maldonado 09	
3) Evelyn Moonen 09	4) Kaylie Bruess 09	
4 West Delaware 'B'	4:40.50	x5:03.83
1) Ava Twomey 10	2) Claire Scherbring 09	
3) Lily Schulte 09	4) Ella Keister 10	

Event 25 Girls 4x400 Meter Relay Varsity

School	Seed	Finals
1 West Delaware 'A'	4:04.75	4:07.38
1) Anna O'Rear 12	2) Natalie Mensen 12	
3) Erin Mensen 12	4) Sofia Schulte 10	
2 Mason City 'A'	4:26.22	4:17.12
1) Brynn Peterson 10	2) Brogan Evans 12	
3) Ivy Ketelsen 09	4) Isabella Riordan 10	
3 Decorah 'A'	4:18.68	4:17.26
1) Claire Storhoff 11	2) Cassandra Stammeyer 10	
3) Avery Massman 09	4) Raelyn Newhouse 10	
4 Saint Ansgar 'A'	4:21.64	4:24.61
1) Lila Powers 12	2) Jaeda Mayer 10	
3) Ava Falk 12	4) Ava Witt 09	
5 South Winneshiek 'A'	4:25.00	4:26.42
1) Annie Hageman 11	2) Maddy Jansen 12	
3) Ava Franzen 11	4) Adele Conway 12	
6 Osage 'A'	4:43.97	4:55.12
1) Kendall Power 12	2) Ainsley Hemann 10	
3) Madeline Bielefeld 12	4) Abby Rachut 11	
-- Charles City 'A'	4:38.00	SCR

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Results

Event 28 Girls High Jump Varsity

Name	Year	School	Seed	Finals
1 Lauren LeClere	12	West Delaware	5-04.00	5-04.50
3-10 4-00 4-02 4-04 4-06 4-08 4-10 5-00 5-02 5-04 5-04.50 5-05.50				
P P P P P P O O O XO O XXX				
2 Renae Wilson	12	Decorah	5-06.50	5-02.00
3-10 4-00 4-02 4-04 4-06 4-08 4-10 5-00 5-02 5-04				
P P P P P P O O XXO XXX				
3 Alexis Johannngmeier	10	South Winneshiek	4-06.00	4-10.00
3-10 4-00 4-02 4-04 4-06 4-08 4-10 5-00				
P O XO O XXO XXO O XXX				
4 Harper McIntyre	09	West Delaware	4-10.00	J4-10.00
3-10 4-00 4-02 4-04 4-06 4-08 4-10 5-00				
P P P P O O XO XXX				
5 Charlie Kline	09	Saint Ansgar	5-00.00	J4-10.00
3-10 4-00 4-02 4-04 4-06 4-08 4-10 5-00				
P P O O O O XXO XXX				
6 Jada Low	09	Charles City	4-10.00	4-06.00
3-10 4-00 4-02 4-04 4-06 4-08				
P P O O O XXX				
7 Ella Horgen	10	Saint Ansgar	5-01.00	J4-06.00
3-10 4-00 4-02 4-04 4-06 4-08				
P P XO XXO O XXX				
8 Brylee Hanson	11	Decorah	4-04.00	J4-06.00
3-10 4-00 4-02 4-04 4-06 4-08				
P P O XXO XXO XXX				
9 Alyssa Holthaus	12	South Winneshiek	4-08.00	4-04.00
3-10 4-00 4-02 4-04 4-06				
P P O O XXX				
-- Hailey Nelson	09	West Delaware	4-04.00	X4-06.00
3-10 4-00 4-02 4-04 4-06 4-08				
P P P O XO XXX				
-- Ayslynn Arnold	11	Decorah	4-00.00	X4-00.00
3-10 4-00 4-02				
O O XXX				

Event 29 Girls Discus Throw Junior Varsity

Name	Year	School	Seed	Finals	H#
1 Blair Scherf	10	Central Elkader	91-10	89-03	2
82-05 76-09 89-03 88-08					
2 Autumn Wagner	09	Decorah	94-05	88-11	2
76-09 88-11 FOUL FOUL					
3 Sealymae Athey	10	Saint Ansgar	97-02	82-11	2
82-11 66-11 78-08 69-02					
4 Isabelle Reinardy	10	Osage	83-06	80-10	2
71-00 80-10 77-01 72-08					
5 Josie Hemesath	09	South Winneshiek	78-02	78-07	2
77-05 78-07 58-00 73-01					
6 Margaret Hahn	11	Decorah	87-01	77-08	2
69-02 77-02 76-05 77-08					
7 Audrina Franzen	10	Saint Ansgar	75-08	77-05	2
77-05 FOUL 63-06 76-02					

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Decorah High School

Results

....Event 29 Girls Discus Throw Junior Varsity

8	Payge Webb		09	Decorah	68-02	x75-09	2
	63-02	FOUL	75-09	71-00			
9	Ayla Low		09	Decorah	62-10	x72-01	2
	68-11	72-01	71-06	FOUL			
10	Tenley Meyer		09	Central Elkader	70-09	69-02	2
	FOUL	62-08	FOUL	69-02			
11	Britlyn Boyer		09	South Winneshiek	61-03	65-03	1
	49-03	54-10	FOUL	65-03			
12	Izzie O'Malley		11	Osage	58-10	64-02	1
	51-02	64-02	49-11	47-11			
13	Allana Davis		09	Mason City	66-09	64-00	2
	64-00	50-04	59-01	FOUL			
14	Allison Hilfer		09	Decorah	55-04	x63-05	1
	63-05	62-07	FOUL	61-10			
15	Gracelynn Falls		09	Mason City	59-02	57-08	1
	53-08	48-05	57-08	49-10			
16	McKenna Kipp		09	South Winneshiek	59-02	x57-03	1
	FOUL	57-03	54-09	52-01			
17	Mackenna Vorwald		09	West Delaware	55-01	55-08	1
	FOUL	50-01	54-01	55-08			
18	Violet Rath		09	Mason City	52-00	x54-05	1
	54-05	43-00	52-06	51-05			
19	Anya Frenchick		10	Mason City	56-00	x51-04	1
	50-05	51-04	39-05	38-06			
20	Avery Busch		09	South Winneshiek	57-02	x50-01	1
	50-01	47-11	49-06	45-07			
21	Kiley Higgins		09	South Winneshiek	51-06	x45-06	1
	FOUL	40-05	45-06	41-07			
22	Jayla Monroe		09	Charles City		42-07	1
	35-01	FOUL	42-07	39-07			

Event 30 Girls Discus Throw Varsity

=====							
Name	Year School			Seed	Finals	H#	
=====							
1	Grace Tangen		10	Decorah	125-03	133-11	2
	FOUL	124-01	123-10	117-02	124-06	133-11	
2	Annika Schmelzer		12	Decorah	125-07	133-03	2
	120-06	133-03	131-08	123-09	130-03	FOUL	
3	Lindsay Kruse		12	Saint Ansgar	124-03	116-02	2
	FOUL	116-00	116-02	104-00	111-04	109-09	
4	Keyrra Flowers		12	Charles City	99-03	107-00	2
	FOUL	107-00	FOUL	FOUL	97-09	86-06	
5	Maddy Cooper		09	Osage	107-01	106-08	2
	FOUL	100-03	FOUL	FOUL	FOUL	106-08	
6	Layla Embretson		12	Central Elkader	102-01	97-07	2
	89-06	FOUL	93-07	FOUL	96-01	97-07	
7	Olivia DeMaris		11	Saint Ansgar	95-02	96-07	1
	94-02	FOUL	96-07	FOUL	FOUL	87-01	
8	Evelyn Mayhew		12	Charles City	96-04	95-08	2
	94-09	FOUL	87-01	91-11	92-08	95-08	
9	Charlotte Smith		09	Riceville	89-03	90-07	1
	85-00	88-01	90-07	90-01	90-01	84-11	
10	Madeline Fink		10	West Delaware	97-06	90-03	2
	90-03	FOUL	FOUL				

2026 Decorah Girls Relays - 4/16/2026

Decorah High School

Results

....Event 30 Girls Discus Throw Varsity

11 McKenna Looby	11 South Winneshiek	85-00	86-04	1
FOUL 86-04 FOUL				
12 Jayden Timp	11 South Winneshiek	80-07	81-09	1
81-09 FOUL FOUL				
13 Katie Kass	11 West Delaware	90-03	80-09	1
80-09 FOUL FOUL				
14 Pyper Koch	11 Mason City	85-06	67-04	1
66-03 FOUL 67-04				
15 Kayla Eide	12 Mason City	73-05	66-07	1
FOUL 66-07 FOUL				
-- Brylie Wagner	11 Osage	95-01.50	FOUL	1
FOUL FOUL FOUL				

Event 31 Girls Shot Put Junior Varsity

Name	Year	School	Seed	Finals	H#
1 Autumn Wagner	09	Decorah	31-04.00	33-07.25	2
29-07.50 FOUL 33-07.25 32-07.25					
2 Margaret Hahn	11	Decorah	29-08.25	30-09.50	2
FOUL 29-00.75 30-09.50 29-05					
3 Brylie Wagner	11	Osage	31-02.00	30-03.50	2
25-10.75 28-05 29-01.25 30-03.50					
4 Audrina Franzen	10	Saint Ansgar	28-08.00	27-09.00	2
25-05.50 25-06.75 FOUL 27-09					
5 Abigail Sawyer	09	Decorah	26-08.00	x27-04.25	2
25-06.50 27-04.25 26-04 23-10.75					
6 Tenley Meyer	09	Central Elkader	28-10.00	26-05.25	2
24-06.75 26-05.25 25-11 25-01.75					
7 Isabelle Reinardy	10	Osage	23-00.25	25-06.50	1
22-11.75 22-03.50 21-11 25-06.50					
8 Jayla Monroe	09	Charles City	22-00.00	24-09.00	1
23-09.50 20-02 24-09 21-05.25					
9 Mackenna Vorwald	09	West Delaware	20-00.00	23-07.25	1
22-05 22-05.50 23-07.25 23-07.25					
10 Josie Hemesath	09	South Winneshiek	23-05.00	22-09.75	2
22-09.75 22-00.75 22-07.25 22-08.75					
11 Ayla Low	09	Decorah	26-03.50	x22-07.50	2
22-01.50 21-05.75 22-07.50 22-00.75					
12 Gracelynn Falls	09	Mason City	22-02.00	22-02.50	1
19-09 20-07.25 21-05 22-02.50					
13 Britlyn Boyer	09	South Winneshiek	21-05.00	22-00.75	1
19-05.75 22-00.75 21-05.75 20-06.25					
14 Kiley Higgins	09	South Winneshiek	19-04.00	x21-07.50	1
21-05.75 19-10.25 21-07.50 21-00.25					
15 Avery Busch	09	South Winneshiek	19-03.25	x20-11.00	1
20-11 19-05.50 20-06.50 18-08.50					
16 Allison Hilfer	09	Decorah	20-09.75	x20-02.25	1
20-02.25 20-01.50 19-10.25 20-02					
17 McKenna Kipp	09	South Winneshiek	18-07.25	x20-01.50	1
19-08 20-01.50 19-04 19-10.25					
18 Izzie O'Malley	11	Osage		x18-09.75	1
18-04.75 17-11.75 18-09.75 18-01.50					
-- Rilyn Halvorson	09	Saint Ansgar	28-08.00	SCR	

2026 Decorah Girls Relays - 4/16/2026

Decorah High School

Results

Event 32 Girls Shot Put Varsity

Name	Year	School	Seed	Finals	H#
1 Lauren Luzum	12	Decorah	41-01.25	40-06.25	2
			39-10.25 36-04.25 FOUL 40-06.25 FOUL 39-01.50		
2 Grace Tangen	10	Decorah	40-01.00	38-11.75	2
			38-11.75 38-08.50 37-11 34-09.50 35-00.50 37-01.50		
3 Sealymae Athey	10	Saint Ansgar	36-00.00	34-02.25	2
			34-02.25 29-00.25 32-03 31-08.75 31-02.25 32-00.50		
4 Keyrra Flowers	12	Charles City	35-09.00	33-03.75	2
			FOUL 31-08.50 FOUL 31-05.50 33-03.75 32-03		
5 Allana Davis	09	Mason City	32-03.25	33-03.50	2
			27-05 32-01.75 32-02 31-11 30-01 33-03.50		
6 Evelyn Mayhew	12	Charles City	32-05.25	33-02.25	2
			33-02.25 32-05 29-11 32-04 FOUL 31-08.75		
7 Maddy Cooper	09	Osage	30-04.00	32-06.00	1
			FOUL 30-10.75 32-06 31-00 29-06 28-07		
8 Madeline Fink	10	West Delaware	32-06.50	32-05.75	2
			32-05.75 30-00.25 32-01 FOUL 31-00.50 30-00.25		
9 Layla Embretson	12	Central Elkader	30-09.00	31-09.00	1
			29-09.50 31-07.75 FOUL 28-03.75 26-07 31-09		
10 Kate Klapperich	09	Osage	32-01.75	31-02.25	1
			29-07.75 30-09.50 31-02.25		
11 Lindsay Kruse	12	Saint Ansgar	33-03.50	31-00.75	2
			30-03.25 31-00.75 29-08		
12 Jayden Timp	11	South Winneshiek	30-00.00	30-05.00	1
			27-11 27-09.25 30-05		
13 Katie Kass	11	West Delaware	31-01.50	30-03.50	1
			29-11.75 FOUL 30-03.50		
14 McKenna Looby	11	South Winneshiek	24-03.50	25-01.50	1
			24-05.50 23-10 25-01.50		
15 Violet Rath	09	Mason City	23-04.75	24-01.50	1
			24-01.50 22-05.50 21-11.75		

Women - Varsity - Team Rankings - 19 Events Scored

1) Decorah	184	2) West Delaware	121
3) Saint Ansgar	76	4) Mason City	56
5) Charles City	46	6) Osage	36
7) South Winneshiek	35	8) Central Elkader	16
9) Riceville	15		