



2026 Jaguar Invitational / Girls Track & Field
Ankeny City Stadium @ Northview MS
Thursday, April 16th

Entries: Entries will take place on athletic.net. Teams will receive an email with the invite and the meet will appear on your schedule upon logging into your account. If you need the invite sent again, reach out to josh@wayzataresults.com

Entries are due Wednesday, April 15th at noon, 12:00 PM.

Coaches Meeting 3:45pm @ Yellow Barn on the NorthEast Side of Stadium

Location: Ankeny Stadium at Northview Middle School

Entry Fee: \$150.00 per team.
Send the check to Centennial Athletic Department.

Teams: Centennial, Ames, Ankeny, DCG, DSM Roosevelt, Dowling, Johnston & Cedar Rapids Prairie

Awards: Medals to 1st, 2nd, & 3rd places in all varsity individual events & 1st & 2nd in varsity relays.

All awards will be in your packet which can be picked up at the end of the meet.

Scoring: Scoring is 10-8-6-5-4-3-2-1 for both individual & relay events.

Lane Assignments: **All events will be seeded.**

Entry Limitations:
Varsity: 2 individual & 1 relay.

JV: See meet schedule for entry numbers.
Scoring limited to 2 individual & 1 relay.

(As the host school-Centennial will have unlimited entries for field events and will fill any open lanes in heats)

Bus Parking: Parking is limited on the campus of Northview Middle School. Bus parking is available in the circle drive north of your stadium.

Field Events: The Shot Put and Discus area is located on site at Northview MS just south of the stadium and softball field. Implements will be verified at the NE Team Entrance, in the equipment shed to your right. We have 2 long jump areas- an east/west set on the south "D" zone, and a north/south set behind the home bleachers. We will choose based on wind/weather the day of the meet.

Running Events: Contestants are asked to report promptly to the clerk at the Hip # Tent on the south 10 yard line. **RUNNERS MUST WEAR THE NUMBER ON THEIR RIGHT SIDE HIP** in order for the timing system to work properly. Instruct your runners to return to the finish lines in their respective lanes and remain there until the judges have their decisions.

Starting Blocks: Furnished – Have a teammate hold blocks for your runners.

Spikes: ¼" Spikes or shorter on the track & jumping surfaces

Field Events: Varsity-4 attempts, no finals. JV: 3 attempts, no finals. We will enforce the rule for return when any athlete checks out for a running event. After 15 minutes, if the athlete has not reported back, their name will be called and competition will resume. Long jump & throws may use cafeteria-style calling in order to proceed efficiently.

Discus/Shot: Rings are concrete (use rubber soled shoes).

Admission: \$8.00 cash and credit accepted at gate. Tickets can be bought on Bound ahead of time / Kindergarten - Adults. No passes.

Live Stream: Centennial Digital on YouTube/Facebook

Spectator entry to Stadium: Southeast gate only.

Team Camps: Team camps are to be made in the east bleachers only.
NO TEAM CAMPS ON THE INFIELD.

CENTENNIAL GIRLS INVITATIONAL TRACK MEET SCHEDULE

FIELD EVENTS - 2 Varsity and 4 JV per event

- DISCUS (Varsity then JV)
- SHOT PUT (JV then Varsity)
- HIGH JUMP (Combined, 4' 4" opening height)
- LONG JUMP (Varsity then JV)

*All running events will run varsity first, then JV except for the 4 x 400.

*All heats will run slow to fast.

TIME	EVENT	JV ENTRIES	NOTES
4:00	Field Events	4	
4:30	Sprint Medley Relay	2	
	3000 Meter Run	Unlimited	1 V heat, 1 JV heat
	4 x 800 Relay	Unlimited	1 V heat, 1 JV heat
	Shuttle Hurdle Relay	2	
	100 Meter Dash	4	
	Distance Medley Relay	1	
	400 Meter Dash	2	
	4 x 200	2	
	100 Meter Hurdles	4	
	800 Meter Run	4	1 V heat, 2 JV heats
	200 Meter Dash	4	
	CHS SENIOR NIGHT		Meet on North End
	400 Meter Hurdles	2	
	1500 Meter Run	Unlimited	1 V heat, 2-3 JV heats
	Unified 4x100	N/A	1 Heat - CHS Only
	4 x 100	4	
	4 x 400	2	1 JV "A" heat in lanes, 1 waterfall heat for rest of JV

Nate Lingren, CAA
 Centennial High School
 Activities Director
 515-965-9611

Event Workers

PA	Nick Hoskins			
Timing	Wayzata			
Music/Anthem	Nate			
Clerk		Greg Weno	Don Robinson	
Starters	Tim Bell	Michael Joensen		
Awards	Andy Fehn			
Long Jump	Chad Fickbohm	Matt Klingner	Dave Richard	
High Jump	Rusty Cabossart	Need 2 more		
Discus	Mandy Garcia-Saner	Need 2 more		
Shot Put	Dustin R	Kenny R	Michael T	Max Davis
Turns/Exchange Zones	Randy Hoeck	Amy Erwin	Ken Erwin	Randy Johnson
Hurdle Movers	Jesse Richard	6-8	Patrick Jackson	
Hip #'s	Jacqueline Johnson	Erin Hiscox	Kory Madson	Paris Sandoval

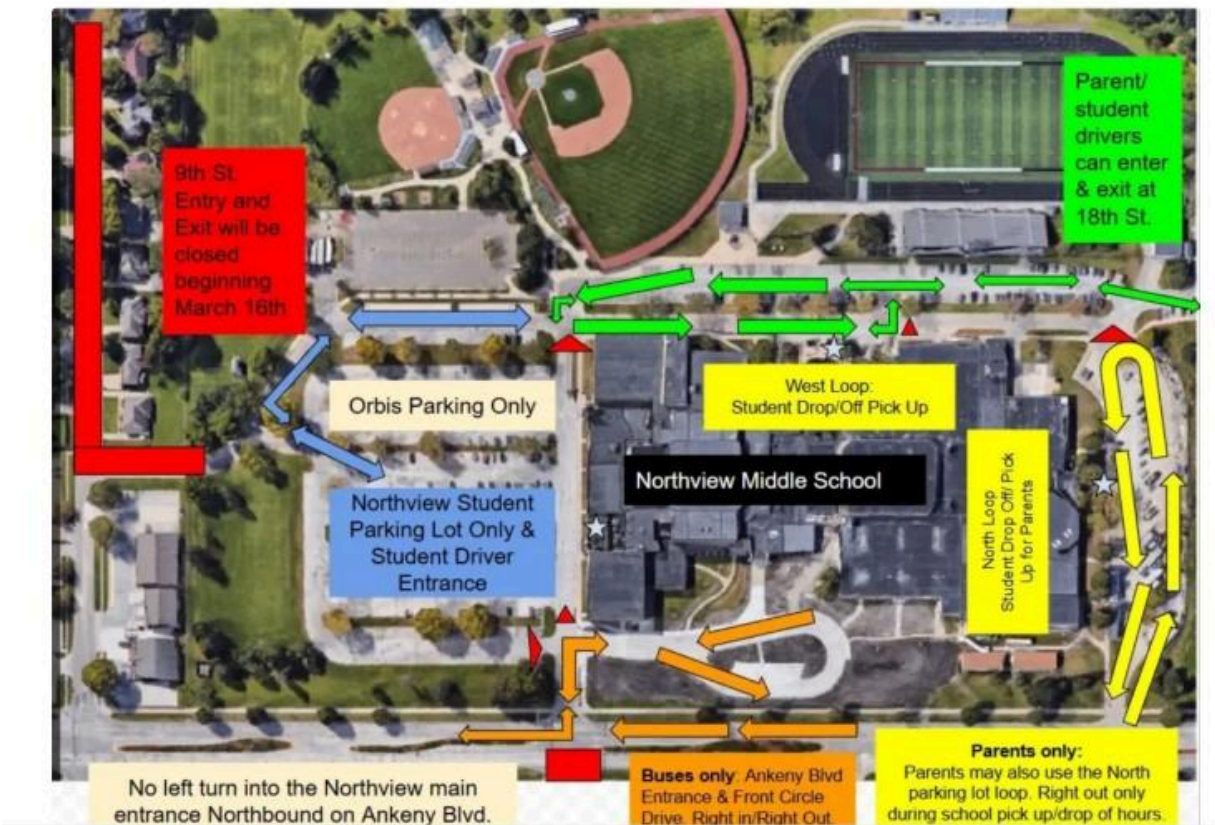
Parking Navigation Due to Road Construction

The City of Ankeny has informed our District that the 9th Street entry/exit to Northview Middle School will be closed beginning **Monday, March 16th**. Here are a few reminders as we plan for this closure:

Drop Off/Pick Up - Follow the traffic flow picture below:

- 18th Street Entry/Exit: For Parent and Student Use
- N. Ankeny Blvd. Entry/Exit (Auditorium): For Parent Use Only
- N. Ankeny Blvd. Entry/Exit (Main Entrance): For Bus Use Only
- Student Parking: South Lot Until Further Notice
- Staff Parking: North and West Lot Until Further Notice
- Parent Drop Off & Pick Up: Two locations (West side & North side)

Parents can enter our main entrance during the regular school day to pick up students.





INVOICE

Ankeny Centennial Girls Track & Field Invitational
April 16th, 2026

To: Ankeny, Ames, DC-G, Roosevelt, Dowling, Johnston, CR Prairie

For: Ankeny Centennial Invitational Girls' Track & Field Entry Fee

Fee: \$150

Please make payment to:
Ankeny Centennial Activities
% Nate Lingren, CAA
Ankeny Centennial High School
2220 NW State Street
Ankeny, IA 50023