

2 Year Champions

Jayden Harter - Atlantic 150, 157
Mandius Volentine - Lewis Central 144, 144
Braxton Hass - Atlantic 106, 132
Zander Manz - Lewis Central 113, 106
Weston Porter - Lewis Central 120, 113
Carter Schorsch - Lewis Central 133, 138
Jacob McGargill - Shenandoah 165, 150
Jayden Dickinson - Shenandoah 190, 175
Mason Koehler - Glenwood 215, 215
Matt Beem - Glenwood 138 23, 24
Owen Laughlin- Shenandoah 152, 157 23, 24
Braylon Kammrad - Lewis Central 160, 170 21,23
Zane Bendorf- Harlan 182, 195 22-23
Dawson Bond - Red Oak 145, 160 21, 23
Austin Evans- Creston 138 22-23
Aidan Smith - Atlantic 106, 113 22-23
Logan Green - Clarinda 285: 21-22
Dawson Bond - Red Oak 145, 160: 21-22
Kadin Stutzman - Atlantic 152, 170: 2020, 2022
Tanner Wink - Lewis Central 106, 120 2019, 2021
Johnathon Erp - Red Oak 106, 120: 17 - 20
Taber Dominguez -Lewis Central, 113, 126: 18-20
Justin McCunn - Red Oak 160: 19 - 20
Jackson Kinsella - Creston 170, 182: 19 - 20
Cale Roller - Atlantic 220, 285: 19 - 20
Benjamin Schmitz - Kuemper 106, 113 18-19
John McConkey - Atlantic 285, 285: 17 -18
JJ Clark - Clarinda 170, 182: 15 - 16
Joey Huntington – Creston 138, 145: 15 -16
Paxton Whiteaker - Lewis Central 106,106: 14 -15
Kruz Adamson - Creston 113, 113: 13 - 14
Trevor Frain – Creston 160, 170: 13 -14
Sam Jameson – Glenwood 103, 126: 10,13
Alexander Schmitz – Kuemper 126, 132: 12 - 13

Keaton Hulett – Creston 195, 195: 12 -13
Ben Schwery – Lewis Central 145, 170: 11 -12
Collin Bevins – Creston 215, 285: 11 -12
Nate Harms – Glenwood 125, 130: 10 -11
Jared Bevins – Creston 189, 189: 09 -10
Elijah Sullivan – Lewis Central 135, 140: 09 -10
Jay Hildreth - Lewis Central 103, 119: 08 - 09
Bret Baumbach – Lewis Central 119, 130: 07 - 09
Trent Tucker - Creston 135, 145: 07 - 08
Joey Jerkovich - Lewis Central 103, 112: 07 - 08
Jesse Harris - Creston 140, 171: 07 - 08
Kaleb Evans - Creston 160, 160: 07 - 08
Justin Black - Glenwood 135, 152: 06 - 07
Colby Pedersen - Clarinda 103, 140: 05, 08
Ty Copsey - Glenwood 189, 189: 05 - 06
Mitch Artist - Glenwood 160, 160: 05 - 06
Dan Scarberry - Creston 135, 140: 03 - 04
Michael Wells - Clarinda 135 ,140: 02 - 03
Willie Harris - Creston 125, 130: 01, 03
Boone Hayes - Creston 103, 112: 01 - 02
Brad Gregory – Glenwood 112, 119: 01 - 02
Ben Moss - Lewis Central 103, 130: 00, 02
Aaron Smith - Lewis Central 145, 152: 00 - 01
Curtis Head - Shenandoah 275, 215: 00 - 01
Jon Clanton - Lewis Central 171, 189: 00 - 01
Dennis Anderson - Glenwood 275, 275: 98 - 99
Shane Heinold - Clarinda. 119, 125: 97, 99
Nick Paulsen - Atlantic 171, 189: 97 - 98
Clint Madison - Glenwood 135,145: 96 - 97
Ben Thompson - Shenandoah 130, 130: 95 - 96
Jerry Stinn - Harlan 103, 103: 94 - 95
Ryan Kinsella - Creston 152, 171: 94 - 95
Trevor Endicott - Glenwood 145, 145: 94 - 95
Chad Deal - Lewis Central 275, 275: 94 - 95
Frank Bachman - Glenwood 189, 189: 93 - 94
Jed Gammell - Creston 171, 171: 92 - 93

Chuck Steeve - Clarinda 189, 189: 91 - 92
Brian Knoll - Clarinda 125,135: 91 - 92
Dan Kjeldgaard - Lewis Central 152, 160: 91 - 92
Scott Stickler - Clarinda 125, 130: 89 - 90
Jeff Jens - Glenwood 152, 152: 89 - 90
Donnie Donahue - Clarinda 103, 103: 89 - 90
Travis Adair - Creston 119, 125: 89 - 90
Jeff Dyer - Glenwood 98, 119: 88, 90
Tony Burger - Harlan 185, 189: 88 - 89
Dave Malcom - Glenwood 98, 105: 86 - 87
Mike Moreno - Glenwood 126, 132: 89, 87
Randy Marlin - Creston 132, 132: 85 - 86
Perry Feif - Atlantic Hwt, Hwt: 85 - 86
Brent Jennings - Clarinda 105, 126: 84, 86
Tom Schminke - Lewis Central 132, 145: 84 - 85
Jerry Kast - Harlan 155, 155: 84 - 85
Bryce Jipsen - Red Oak SHwt, SHwt: 82 - 83
Todd Clapper - Lewis Central 105, 112: 82 - 83
Roger Baker - Creston 185, 185: 82 - 83
Kent Behrens - Atlantic 145, 145: 80, 82
Mike Jensen - Harlan Hwt, Hwt: 80 - 81
Bill Bussey - Glenwood 155, 167: 80 - 81
Brent Norgaard - Harlan 119, 126: 79 - 80
Don Jennings - Atlantic 132, 138: 79 - 80
Randy Meeker - Lewis Central 126, 126: 78 - 79
Devon Goetz - Creston 98, 105: 78 - 79
Jon Williams - Glenwood 155, 167: 77 - 78
Lyle Obrecht - Harlan 126, 132: 77 - 78
Jeff Christy - Creston 98,105 : 77 -78
Denny Christensen - Harlan 105, 112: 77 -78
Phil Graves - Harlan 105, 112: 76 -77
Doug Driskell - Creston 132, 138: 76 - 77
Dave Cass - Glenwood 138, 132 : 76 - 77
Lee Schechinger - Harlan 145, 167: 75 -76
Bob Klein - Harlan 155, 155 : 75 - 76
Roger Meyers - Glenwood 98, 98: 75 - 76

Kent Morgan - Harlan 138, 138: 74 - 75
Bob Goetz - Harlan 105, 119 : 73, 75
Dan Hayes - Creston 119, 126: 73 - 74
Jeff Coalton - Lewis Central 185, 185: 73 - 74
Mark Boehm - Lewis Central Hwt, Hwt: 73 - 74
Jeff Abel - Creston 98, 112: 72, 74
Vern Loudon - Creston 119, 126: 72 - 73
Craig Anderson - Harlan 112, 112: 72 - 73
Bill Allen - Lewis Central 132, 132: 72 - 73

Number of 2 Year Champions

Creston 25
Lewis Central 25
Glenwood 20
Harlan 14
Clarinda 10
Atlantic 11
Red Oak 5
Shenandoah 5
Kuemper 2
Denison 0
St. Albert 0

Number of 3 Year Champions

Lewis Central 12
Creston 8
Glenwood 8
Atlantic 5
Clarinda 2
Shenandoah 2
Harlan 1
Denison 0
Kuemper 0
Red Oak 0
St. Albert 0

Number of 4 Year Champions

Lewis Central 10
Creston 2
Glenwood 3
Atlantic 2
Clarinda 1
Shenandoah 2
Harlan 0
Denison 0
Kuemper 0
Red Oak 1
St. Albert 0

3 Year Champions

Mason Koehler - Glenwood 215, 215, 215
Jacob McGargill - Shenandoah 165, 150, 165
Zander Manz - Lewis Central 113, 106,120, 24-26
Weston Porter - Lewis Central 120, 113, 126, 24-26
Aiden Smith - Atlantic 106, 113, 126, 22-24
Austin Evans- Creston 138, 144 22-24
Vinny Mayberry - Glenwood 106, 113, 120: 21-23
Trevor Anderson - Glenwood 126, 145, 145: 2016 - 2018
Austin Gutknecht - Clarinda 132, 132, 138: 2016 - 2018
Chase McLaren - Atlantic (120, 126, 132) 2016 - 2018
Kadon Hulett - Creston (220, 220, 220) 2015 - 2017
Carter Cox - Atlantic (113,113,120) 2015 - 2017
Matt Malcom - Glenwood (132,152,152) 2014 - 2016
Darrian Schwenke - Atlantic (103, 106, 126) 2011 - 2014
Blake Luna - Clarinda (112, 120, 120) 2011 - 2013
Zebulan Wahle - Lewis Central (135, 152, 160) 2010 - 2012
Tyler Feller - Lewis Central (112, 119, 125) 2009 - 2011
Quin Leith - Creston (119, 125, 130) 2006 - 2008
Andrew Long - Creston (103, 112, 125) 2006 - 2008
Bret Kautz - Creston (125, 130, 135) 2005,07,08
Jeff Rau - Lewis Central (103, 119, 125) 2004 - 2006
Tyler Blum - Atlantic (215, 215, 275) 2003 - 2005
Tobyn Ward - Lewis Central (119, 125, 130) 2003 - 2005
Barak Davis - Lewis Central (103, 112, 112) 2003 - 2005
Nick Hayes - Lewis Central (171, 160, 152) 2001 - 2003
Michael Mickey - Creston (112, 119, 125) 1997,98,00
Dylan Long - Creston (103, 125, 130) 1997 - 1999
Matt Fletcher - Shenandoah (119, 152, 152) 1996,98,99
Terry Parham - Glenwood (140, 152, 160) 1996 - 1998
Matt Dyer - Glenwood (130, 135, 140) 1992 - 1994
Jason Anderson - Lewis Central (103, 103, 112) 1992 - 1994
Brian Sell - Glenwood (112, 119, 125) 1991 - 1993
Chad Stouder - Glenwood (145, 160, 160) 1988 - 1990
Dan Higgins - Lewis Central (98, 105, 112) 1982 - 1984
Keith Massey - Lewis Central (105, 126, 132) 1981 - 1983

4 Year Champions

Aiden Smith - Atlantic (106, 113, 126, 138) 2022-2025
Vinny Mayberry - Glenwood (106, 113, 120, 120) 2021-2024
Chase McLaren - Atlantic (120,126,132,138) 2016-19
Chase Shiltz - Creston (145, 160, 170, 182) 2014 - 17
Jake Marlin - Creston (130, 135, 138, 138) 2010 - 13
Seth Esaias - Red Oak (160, 171, 171, 182) 2009 - 12
Bryant Hummel - Clarinda (215, 215, 215, 215) 2006 - 09
Jimmy Waters - Lewis Central (145, 171, 171, 189) 2004 - 07
Brandon Mason - Lewis Central (135, 140, 160, 160) 2001 - 04
Gabe Rostermundt - Lewis Central (112, 119, 125, 125) 2000 - 03
Trent Paulson - Lewis Central (119, 135, 140, 145) 1999 - 02
Travis Paulson - Lewis Central (112, 130, 145, 152) 1999 - 02
Chad Davis - Lewis Central (103, 103, 119, 130) 1998 - 01
Tyler McGinnis - Shenandoah (130, 140, 145, 152) 1997 - 00
Matt Anderson - Shenandoah (112, 125, 140, 145) 1995 - 98
David Kjeldgaard - Lewis Central (119, 135, 140, 171) 1993 - 96
Adam Bendorf - Lewis Central (140, 152, 160, 160) 1992 - 95
Jeff Bellows - Lewis Central (103, 112, 112, 119) 1991 - 94
Rick Moreno - Glenwood (130, 135, 145, 145) 1989 - 92
Tom Becker - Glenwood (105, 112, 112, 119) 1988 - 91
Doug Kjeldgaard - Lewis Central (112, 126, 132, 145) 1986 - 89

2026 Lewis Central

106: Ace Cochrane (Glenwood)
113: Quinn Lane (Glenwood)
120: Zander Manz (Lewis Central)
126: Wetston Porter (Lewis Central)
132: Braxton Hass (Atlantic)
138: Owen Duffek (Lewis Central)
144: Mandius Volentine (Lewis Central)
150: Dayton Gusman (Red Oak)
157: Jayden Harter (Atlantic)
165: Jacob McGargill (Shenandoah)
175: Nile Lundvall (Glenwood)
190: Donovan Hedrington (Atlantic)
215: Mason Koehler (Glenwood)
275: Gunner Martwick (Creston)

2025 Atlantic

106: Keaton Schroeder (Atlantic)
113: Zander Manz (Lewis Central)
120: Wetston Porter (Lewis Central)
126: Jesse Jens (Harlan)
132: Carter Schorsch (Lewis Central)
138: Aiden Smith (Atlantic)
144: Mandius Volentine (Lewis Central)
150: Jayden Harter (Atlantic)
157: Adam Baier (Red Oak)
165: Jacob McGargill (Shenandoah)
175: Dominick Polsley (Clarinda)
190: Jayden Dickson (Shenandoah)
215: Mason Koehler (Glenwood)
275: Evan Sorensen (Atlantic)

2024 Creston

106: Zander Manz (Lewis Central)
113: Wetston Porter (Lewis Central)
120: Vinny Mayberry (Glenwood)
126: Aiden Smith (Atlantic)
132: Matt Beem (Glenwood)
138: Carter Schorsch (Lewis Central)
144: Austin Evans (Creston)
150: Jacob McGargill (Shenandoah)
157: Owen Laughlin (Shenandoah)
165: Kellan Scott (Glenwood)
175: Jayden Dickson (Shenandoah)
190: Bryson Harris (Clarinda)
215: Mason Koehler (Glenwood)
275: Max Chapman (Creston)

2023 Creston

106: Braxton Hass (Atlantic)
113: Aiden Smith (Atlantic)
120: Vinny Mayberry (Glenwood)
126: Lincoln Keeler (Creston)
132: Matt Beem (Glenwood)
138: Austin Evans (Creston)
145: Chris Aragon (Creston)
152: Owen Laughlin (Shenandoah)
160: Dawson Bond (Red Oak)
170: Braylon Kammrad (Lewis Central)
182: Karson Downey (Clarinda)
195: Zane Bendorf (Harlan)
220: Jaxson Hildebrand (Denison)
285: Even Sorensen (Atlantic)

2022 Atlantic

106: Aiden Smith (Atlantic)
113: Vinny Mayberry (Glenwood)
120: Riley Parkis (Kuemper)
126: Ethan Follman (Atlantic)
132: Lucas Musich (Harlan)
138: Austin Evans (Creston)
145: Kale Downey (Clarinda)
152: Shea Parks (Kuemper)
160: Dawson Bond (Red Oak)
170: Kadin Stutzman (Atlantic)
182: Zane Bendorf (Harlan)
195: CJ Carter (Glenwood)
220: Cal Wanninger (Kuemper)
285: Logan Green (Clarinda)

2021 Creston

106: Vinny Mayberry (Glenwood)
113: Luke Freund (Harlan)
120: Tanner Wink (Lewis Central)
126: Joe Weaver (Atlantic-CAM)
132: Triston Barncastle (Creston/O-M)
138: Shea Parkis (Kuemper Catholic)
145: Dawson Bond (Red Oak)
152: Kaden Bolton (Creston/O-M)
160: Braylon Kammrad (Lewis Central)
170: Cael McLaren (St. Albert)
182: Mitch Mayberry (Glenwood)
195: Jackson Kinsella (Creston/O-M)
220: Crew Howard (Clarinda)
285: Logan Green (Clarinda)

2020 Champion: Creston

106 Easton O'Brien - Atlantic
113 Aybren Moore - Atlantic
120 Johnathon Erp - Red Oak
126 Taber Dominguez - LC
132 Brian Paul - LC
138 Shea Parkis - Kuemper
145 Tanner Higgins - LC
152 Kadin Stutzman - Atlantic
160 Justin McCunn - Red Oak
170 Carter Bendorf - Harlan
182 Jackson Kinsella - Creston
195 Sam Chapman - Creston
220 Crew Howard - Clarinda
285 Cale Roller - Atlantic

2019 Champion: Atlantic

106 Tanner Wink - LC
113 Benjamin Schmitz - Kuemper
120 Joe Weaver - Atlantic
126 Ethan Lemon - Harlan
132 Garon Wurster - Creston
138 Chase McLaren - Atlantic
145 Oscar Olmos - Harlan
152 Connor Pellett - Atlantic
160 Justin McCunn - Red Oak
170 Jackson Kinsella - Creston
182 Brett Mower - Glenwood
195 Noah Carter - Glenwood
220 Cale Roller - Atlantic

285 Derek Weyer - Harlan

2018 Champion: Glenwood

106 Benjamin Schmitz - Kuemper
113 Taber Dominguez - LC
120 Ethan Lemon - Harlan
126 Kole Hansen - Atlantic
132 Chase McLaren - Atlantic
138 Austin Gutknecht - Clarinda
145 Trevor Anderson - Glenwood
152 Caleb Kingery - LC
160 William Waugh - LC
170 Carter Maynes - Red Oak
182 Anthony Sherry - Glenwood
195 Nick Foss - Harlan
220 Isaac Bales - Glenwood
285 John McConkey - Atlantic

2017 Champion: Atlantic

106 Johnathon Erp - Red Oak
113 Jacob Goodson - Creston
120 Carter Cox - Atlantic
126 Chase McLaren - Atlantic
132 Austin Gutknecht - Clarinda
138 Gabriel Kjeldgaard - Lewis Central
145 Trevor Anderson - Glenwood
152 Jordan Renshaw - Glenwood
160 Mac Southard - Lewis Central
170 Thomas Bentley - Red Oak
182 Chase Shiltz - Creston
195 Jackson Mikkelsen - Creston
220 Kadon Hulett - Creston

285 John McConkey - Atlantic

2016 Champion: Creston

106 Kole Hansen - Atlantic
113 Carter Cox - Atlantic
120 Chase McLaren - Atlantic
126 Trevor Anderson - Glenwood
132 Austin Gutknecht - Clarinda
138 Wyatt Thompson - Creston
145 Joey Huntington - Creston
152 Matt Malcom - Glenwood
160 Cameron Leith - Creston
170 Chase Shiltz - Creston
182 JJ Clark - Clarinda
195 Seth Maitlen - Creston
220 Kaden Hulett - Creston
285 Caleb Sanders - Glenwood

2015 Champion: Creston

106 Paxton Whiteaker - LC
113 Carter Cox - Atlantic
120 Elias Shaeffer - Harlan
126 Brock Massey - LC
132 Jordan Bailey - LC
138 Mac Southard - LC
145 Reid Nichols - Atlantic
152 Matt Malcom - Glenwood
160 Chase Shiltz - Creston
170 JJ Clark - Clarinda
182 Trey Stickler - Clarinda
195 Chris Thomas - LC
220 Kaden Hulett - Creston

285 Jake Gutschenritter - Creston

2014 Champion: Creston

106 Paxton Whiteaker - LC
113 Kruz Adamson - Creston
120 Dillion Cox - Atlantic
126 Darrian Schwenke - Atlantic
132 Matt Malcom - Glenwood
138 Joey Huntington - Creston
145 Chase Shiltz - Creston
152 Ethan Ruby - LC
160 Wyatt Lewis – St. Albert
170 Trevor Frain - Creston
182 Adam Baker - Creston
195 Cale Stork - Harlan
220 Dallon Bendorf - Harlan
285 Dakota Calfee - Clarinda

2013 Champion: Creston

106 Tanner Mertz– Red Oak
113 Kruz Adamson - Creston
120 Blake Luna – Clarinda
126 Sam Jameson - Glenwood
132 Alexander Schmitz – Kuemper
138 Jake Marlin – Creston
145 Jacob Johnson – Creston
152 Josh Clark - Glenwood
160 Trevor Frain - Creston
170 Matt Williamson - Atlantic
182 Austin Lear – Lewis Central
195 Keaton Hulett – Creston
220 Cole Tanner - Creston

285 Alex Killpack - Glenwood

2012 Champion: Creston

106 Darrian Schwenke – Atlantic
113 Jared Eischeid – Kuemper
120 Blake Luna – Clarinda
126 Alexander Schmitz – Kuemper
132 Rob Young – Atlantic
138 Jake Marlin – Creston
145 Juwan Parrish – Creston
152 David Thompson – Creston
160 Zebulan Wahle – Lewis Central
170 Ben Schwery – Lewis Central
182 Seth Esaias – Red Oak
195 Keaton Hulett – Creston
220 Zach Renshaw – Lewis Central
285 Collin Bevins - Creston

2011 Champion: Lewis Central

103 Darrian Schwenke - Atlantic
112 Blake Luna - Clarinda
119 Geoff Sellers - Red Oak
125 Tyler Feller - LC
130 Nate Harms - Glenwood
135 Jake Marlin - Creston
140 Brad Schwenke - Atlantic
145 Ben Schwery - LC
152 Zebulan Wahle - LC
160 Derek Stork - Atlantic
171 Seth Esaias - Red Oak
189 Dylan Miller - LC
215 Collin Bevins - Creston

285 Tommy Grimes – LC

2010 Champion: Lewis Central

103 Sam Jameson - Glenwood
112 Nick Sulentic - LC
119 Tyler Feller - LC
125 Nate Harms - Glenwood
130 Jake Marlin - Creston
135 Zebulan Wahle - LC
140 Elijah Sullivan – LC
145 Tyler Maxwell - Glenwood
152 Carroll Heitshusen - Shen
160 Jesse Preul - Denison
171 Seth Esaias – Red Oak
189 Jared Bevins - Creston
215 Marcus Streit - Harlan
285 Matt Hoch - Harlan

2009 Champion: Lewis Central

103 Trevor Paulson - LC
112 Tyler Feller - LC
119 Jay Hildreth – LC
125 Zach Leith – Creston
130 Bret Baumbach – LC
135 Elijah Sullivan – LC
140 Taimon Wehr - Harlan
145 Brad Swank - Shenandoah
152 Nick Pursel - LC
160 Seth Esaias – Red Oak
171 Joey Bryan - Glenwood
189 Jared Bevins - Creston
215 Bryant Hummel – Clarinda

285 Colin White - Glenwood
2008 Champion: Lewis Central
103 Jay Hildreth - LC
112 Joey Jerkovich - LC
119 George Ivanov – LC
125 Andrew Long – Creston
130 Quin Leith – Creston
135 Bret Kautz – Creston
140 Colby Pedersen – Clarinda
145 Trent Tucker – Creston
152 Levi Davidshofer – Clarinda
160 Kaleb Evans – Creston
171 Jesse Harris – Creston
189 Derek Nightser – LC
215 Bryant Hummel – Clarinda
285 Kasey Juhl - Atlantic

2007 Champion: Clarinda
103 Joey Jerkovich - LC
112 Andrew Long - Creston
119 Bret Baumbach - LC
125 Quin Leith - Creston
130 Bret Kautz - Creston
135 Trent Tucker - Creston
140 Jesse Harris - Creston
145 Caleb Brus - Creston
152 Justin Black - Glenwood
160 Kaleb Evans - Creston
171 Brent McKinnon - Clarinda
189 Jimmy Waters - LC
215 Bryant Hummel - Clarinda

285 Wes Pudenz – Kuemper
2006 Champion: Glenwood
103 Andrew Long - Creston
112 Ryan Brown - Atlantic
119 Quin Leith - Creston
125 Jeff Rau - LC
130 Brock Mason - Shenandoah
135 Justin Black - Glenwood
140 Tyler Murtaugh - Harlan
145 Tom Slater - Shenandoah
152 Ryan Collins - Glenwood
160 Mitch Artist - Glenwood
171 Jimmy Waters - LC
189 Ty Copsey - Glenwood
215 Bryant Hummel - Clarinda
275 Steven Ricke - Kuemper

2005 Champion: Glenwood
103 Colby Pederson - Clarinda
112 Barak Davis - LC
119 Jeff Rau - LC
125 Bret Kautz - Creston
130 Tobyn Ward - LC
135 Jeremy Clark - Harlan
140 Austin Studer - Creston
145 Luke Stamp - LC
152 Mike Stamp - LC
160 Mitch Artist - Glenwood
171 Jimmy Waters - LC
189 Ty Copsey - Glenwood
215 Billy Meredith - Glenwood

275 Tyler Blum - Atlantic
2004 Champion: Glenwood
103 Jeff Rau - LC
112 Barak Davis - LC
119 Drew Langel - Glenwood
125 Tobyn Ward - LC
130 Pat Blanchard - Glenwood
135 Austin Reeves - Glenwood
140 Daniel Scarberry - Creston
145 Jimmy Waters - LC
152 Ryan Kates - Glenwood
160 Brandon Mason - LC
171 Keith Neal - Clarinda
189 Chris Downing - Creston
215 Tyler Blum - Atlantic
275 Billy Marsh – Clarinda

2003 Champion: Lewis Central
103 Barak Davis - LC
112 Derick Clark - Glenwood
119 Tobyn Ward - LC
125 Gabe Rostermundt - LC
130 Willie Harris - Creston
135 Daniel Scarberry - Creston
140 Michael Wells - Clarinda
145 Levi Heinold - Clarinda
152 Nick Hayes - LC
160 Brandon Mason - LC
171 Chris Loudon - Creston
189 Kelly Muller - Atlantic
215 Tyler Blum - Atlantic

275 Austin Jacobsen - Denison
2002 Champion: Lewis Central
103 John Foster - Creston
112 Boone Hayes - Creston
119 Brad Gregory - Glenwood
125 Gabe Rostermundt - LC
130 Ben Moss - LC
135 Michael Wells - Clarinda
140 Brandon Mason - LC
145 Trent Paulson - LC
152 Travis Paulson - LC
160 Nick Hayes - LC
171 Brent Schumacher - Harlan
189 Rod Grap - Glenwood
215 Matt Ricke - Kuemper
275 Richard Mayer - LC

2001 Champion: Lewis Central
103 Boone Hayes - Creston
112 Brad Gregory - Glenwood
119 Gabe Rostermundt - LC
125 Willie Harris - Creston
130 Chad Davis - LC
135 Brandon Mason - LC
140 Trent Paulson - LC
145 Travis Paulson - LC
152 Aaron Smith - LC
160 Blake Anderson - LC
171 Nick Hayes - LC
189 Jon Clanton - LC
215 Curtis Head - Shen

275 Steven Wegner – Harlan
2000 Champion: Lewis Central
103 Ben Moss - LC
112 Gabe Rostermundt - LC
119 Chad Davis - LC
125 Michael Mickey - Creston
130 Travis Paulson - LC
135 Trent Paulson - LC
140 David Weihs - Harlan
145 Aaron Smith - LC
152 Tyler McGinnis - Shen
160 Andrew Hayes - Creston
171 Jon Clanton - LC
189 Tyler Hanson - Creston
275 Curtis Head - Shen

1999 Champion: Lewis Central
103 Chad Davis - LC
112 Travis Paulson - LC
119 Trent Paulson - LC
125 Shane Heinold - Clarinda
130 Dylan Long - Creston
135 Benn Christensen - Glenwood
140 Justin Crouch - Glenwood
145 Tyler McGinnis - Shen
152 Matt Fletcher - Shen
160 Jared Klein - Kuemper
171 Matt Rupeiper - Kuemper
189 Adam Heiden - Denison
275 Dennis Anderson - Glenwood

1998 Champion: Glenwood
103 Chad Davis - LC
112 Nate Thompson - Glenwood
119 Michael Mickey - Creston
125 Dylan Long - Creston
130 Jared Riddle - Clarinda
135 Roger Vincent - Red Oak
140 Tyler McGinnis - Shen
145 Matt Anderson - Shen
152 Matt Fletcher - Shen
160 Terry Parham - Glenwood
171 Jerrid Jefferis - LC
189 Nick Paulsen - Atlantic
275 Dennis Anderson – Glenwood

1997 Champion: Glenwood
103 Dylan Long - Creston
112 Michael Mickey - Creston
119 Shane Heinold - Clarinda
125 Jake Muller - Harlan
130 Tyler McGinnis - Shen
135 Josh Mitchell - Atlantic
140 Matt Anderson - Shen
145 Clint Madison - Glenwood
152 Terry Parham - Glenwood
160 Ron Dale - Clarinda
171 Nick Paulsen - Atlantic
189 Alonzo Grosse - LC
275 Dax Doran - Harlan

1996 Champion: Glenwood

103 Justin Riddle - Clarinda
112 Barry Coates - LC
119 Matt Fletcher- Shen
125 Matt Anderson - Shen
130 Ben Thompson - Shen
135 Clint Madison - Glenwood
140 Terry Parham - Glenwood
145 Doug Brown - LC
152 Jason Liles - Red Oak
160 Drew Ditmars - LC
171 David Kjeldgaard - LC
189 Heath Graham - Shen
275 Ryan Rasmussen - Denison

1995 Champion: Lewis Central

103 Jerry Stinn - Harlan
112 Matt Anderson - Shen
119 Brett Sandolm - Red Oak
125 Dan Casey - Clarinda
130 Ben Thompson - Shen
135 Nick Rengstorf - Shen
140 David Kjeldgaard - LC
145 Trevor Endicott - Glenwood
152 Brad Honnold - Clarinda
160 Adam Bendorf - LC
171 Ryan Kinsella - Creston
189 Dirk Glynn - Creston
275 Chad Deal - LC

1994 Champion: Lewis Central

103 Jerry Stinn - Harlan
112 Jason Anderson - LC
119 Jeff Bellows - LC
125 Jason Sallach - Red Oak
130 Ryan Barker - Shen
135 David Kjeldgaard - LC
140 Matt Dyer - Glenwood
145 Trevor Endicott - Glenwood
152 Ryan Kinsella - Creston
160 Adam Bendorf - LC
171 Jake Hayes - Creston
189 Frank Bachman - Glenwood
275 Chad Deal - LC

1993 Champion: Clarinda

103 Jason Anderson - LC
112 Jeff Bellows - LC
119 David Kjeldgaard - LC
125 Brian Sell - Glenwood
130 Ryan Isaacson - Clarinda
135 Matt Dyer - Glenwood
140 Mike Waite - Shen
145 Todd McGinnis - Shen
152 Adam Bendorf - LC
160 Dain Lundvall - Glenwood
171 Jed Gammell - Creston
189 Frank Bachman - Glenwood
275 Travis Anderson - Glenwood

1992 Champion: Clarinda

103 Jason Anderson - LC
112 Jeff Bellows - LC
119 Brian Sell - Glenwood
125 Eric Barritt - LC
130 Matt Dyer - Glenwood
135 Brian Knoll - Clarinda
140 Adam Bendorf - LC
145 Rick Moreno - Glenwood
152 Jason Hayes - Creston
160 Dan Kjeldgaard - LC
171 Jed Gammell - Creston
189 Chuck Steeve - Clarinda
275 Tim Foglesong - Creston

1991 Champion: Clarinda

103 Jeff Bellows - LC
112 Brian Sell - Glenwood
119 Tom Becker - Glenwood
125 Brian Knoll - Clarinda
130 Shawn Vanpelt - Atlantic
135 Matt McAnly - Shen
140 Chris Kelly - Harlan
145 Rick Moreno - Glenwood
152 Dan Kjeldgaard - LC
160 Jim Hanson - Shen
171 Nick Maher - Shen
189 Chuck Steeve - Clarinda
275 Skyler O'Neal - LC

1990 Champion: Clarinda

103 Donnie Donahue - Clarinda
112 Tom Becker - Glenwood
119 Jeff Dyer - Glenwood
125 Travis Adair - Creston
130 Scott Stickler - Clarinda
135 Rick Moreno - Glenwood
140 Chad Briley - Creston
145 Dennis Shaw - Creston
152 Jeff Jens - Glenwood
160 Chad Stouder - Glenwood
171 Will Knoll - Clarinda
189 Jeff Kinsella - Creston
275 Clint Luther - Creston

1989 Champion: Lewis Central

103 Donnie Donahue - Clarinda
112 Tom Becker - Glenwood
119 Travis Adair - Creston
125 Scott Stickler - Clarinda
130 Rick Moreno - Glenwood
135 Mark Vacanti - LC
140 Rob Tadford - Glenwood
145 Doug Kjeldgaard - LC
152 Jeff Jens - Glenwood
160 Chad Stouder - Glenwood
171 Scott Stogdill - Glenwood
189 Tony Burger - Harlan
275 Brian Monday - Creston

1988 Champion: Creston

98 Jeff Dyer - Glenwood
105 Tom Becker - Glenwood
112 Doug Knotek - LC
119 Steve Balls - Harlan
126 Craig Goos - Glenwood
132 Doug Kjeldgaard - LC
138 Chris Cox - Harlan
145 Chad Stouder - Glenwood
155 Joe Gutschenritter - Shen
167 Kurt Jensen - Harlan
185 Tony Burger - Harlan
Hwt Bernie Nelson - Atlantic

1987 Champion: Glenwood

98 Jason Boatwright - Glenwood
105 Dave Malcom - Glenwood
112 Todd Harper - Glenwood
119 Doug Thompson - Shen
126 Doug Kjeldgaard - LC
132 Mike Moreno - Glenwood
138 John Robinson - LC
145 Brett Stouder - Glenwood
155 Alan VanErt - Atlantic
167 J.D. Kuehl - Atlantic
185 Erik Peterson - LC
Hwt Andrew Lauritson - Harlan

1986 Champion: Creston

98 Dave Malcom - Glenwood
105 Tom O'Grady - Glenwood
112 Doug Kjeldgaard - LC
119 Doug Hartman - Creston
126 Brent Jennings - Clarinda
132 Randy Marlin - Creston
138 Jason Harrington - Glenwood
145 Alan Smith - Creston
155 Todd Pettit - Creston
167 Craig Wilwerding - LC
185 Mark Moses - Clarinda
Hwt Perry Fief - Atlantic

1985 Champion: Creston

98 Dennis Jorgensen - Shen
112 Ted Henderson - Glenwood
112 Brad Williamson - Shen
119 Josh Lisle - Clarinda
126 Mike Moreno - Glenwood
132 Randy Marlin - Creston
138 Craig Lyons - Atlantic
145 Tom Schminke - LC
155 Jerry Kast - Harlan
167 Scott Diaz - Atlantic
185 Tom Welhs - Harlan
Hwt Perry Fief - Atlantic
Shwt Mark Morrison - LC

1984 Champion: Lewis Central

98 Jeff Hunt - Glenwood
105 Brent Jennings - Clarinda
112 Dan Higgins - LC
119 John Peopsel - Harlan
126 Drew Rogers - LC
132 Tom Schminke - LC
138 Rick Snyder - Harlan
145 Lonnie Dwyer - LC
155 Jerry Kast - Harlan
167 Rod Fields - Red Oak
185 Greg Hall - LC
Hwt Mike Kloewer - Harlan
Shwt Jeff Weeks - Creston

1983 Champion: Lewis Central

98 Phil Clark - Harlan
105 Dan Higgins - LC
112 Todd Clapper - LC
119 Jeff Masteller - Atlantic
126 Steve Jorgensen - Shen
132 Keith Massey - LC
138 Kirk Fishbaugh - Shen
145 Kelly Adamson - Creston
155 Jeff Bruck - Harlan
167 Darrell Yates - Glenwood
185 Roger Baker - Creston
Hwt John Westering - Atlantic
Shwt Bryce Jipsen - Red Oak

1982-No Tournament*

98 Dan Higgins - LC
105 Todd Clapper - LC
112 Scott Rhoades - Atlantic
119 Larry Graham - Shen
126 Keith Massey - LC
132 Lewie Massey - LC
138 Rick Pitzer - Glenwood
145 Kent Behrens - Atlantic
155 Keith Behrens - Atlantic
167 Rusty Leet - Glenwood
185 Roger Baker - Creston
Hwt Jim Strand - Glenwood
Shwt Bryce Jipsen - Red Oak
*All-Conference selection by Coaches

1981-No Tournament*

98 Terry Christensen - Glen
105 Keith Massey - LC
112 Terry Cooper - Creston
119 Robert Burrows - Atlantic
126 Lewie Massey - LC
132 Steve McGinnis - Shen
138 Bill Daeges - Harlan
145 Bob Kincade - Glenwood
155 Rick Goodwin - Red Oak
167 Bill Bussey - Glenwood
185 Dennis Ratashak - Clarinda
Hwt Mike Jensen - Harlan
*All-Conference selection by Coaches

1980 Champion: Atlantic

98 Jim Yates - Glenwood
105 Gary VanErt - Atlantic
112 Terry Cooper - Creston
119 Lewie Massey - LC
126 Brent Norgaard - Harlan
132 Adam Davis - Atlantic
138 Don Jennings - Atlantic
145 Kent Behrens - Atlantic
155 Bill Bussey - Glenwood
167 Dan Kalal - Harlan
185 Kent Kelsey - Shen
Hwt Mike Jensen - Harlan

1979 Champion: Creston

98 Terry Cooper - Creston
105 Devon Goetz - Creston
112 Brian Curtis - Red Oak
119 Brent Norgaard - Harlan
126 Randy Meeker - LC
132 Don Jennings - Atlantic
138 Steve Huebner - LC
145 Darren Knop - Atlantic
155 Dick Stipe - Clarinda
167 Steve Bussey - Glenwood
185 Bill Murtaugh - Harlan
Hwt Jeff Schoening - Glenwood

1978 Champion: Harlan

98 Devon Goetz - Creston
105 Jeff Christy - Creston
112 Denny Christiansen - Harlan
119 Mike Smith - LC
126 Randy Meeker - LC
132 Lyle Obercht - Harlan
138 Eric Swanson - Atlantic
145 John Murtaugh - Harlan
155 Jerry Oswald - Creston
167 Jon Williams - Glenwood
185 Brain Jensen - Atlantic
Hwt John Smith - Creston

1977 Champion: Harlan

98 Jeff Christy - Creston
105 Denny Christiansen - Harlan
112 Phil Graves - Harlan
119 Larry Obercht - Harlan
126 Lyle Obercht - Harlan
132 Dave Cass - Glenwood
138 Doug Driskell - Creston
145 Terry McGinnis - Shen
155 Jon Williams - Glenwood
167 Jeff Riggs - Atlantic
185 Mark Davidson - Red Oak
Hwt Brad Herzberg - Clarinda

1976 Champion: Harlan

98 Roger Meyers - Glenwood
105 Phil Graves - Harlan
112 John Walters - Creston
119 Dennis Smith - Creston
126 Tim Briggs - Red Oak
132 Doug Driskell - Creston
138 Dave Cass - Glenwood
145 John Bruck - Harlan
155 Bob Klein - Harlan
167 Lee Schechinger - Harlan
185 Dean Thielen - Harlan
Hwt Craig Both - Atlantic

1975 Champion: Harlan

98 Roger Meyers - Glenwood
105 Ken Doocy - Glenwood
112 Dave Muell - Harlan
119 Bob Goetz - Harlan
126 Gary Veitz - Creston
132 Ted Briggs - Red Oak
138 Kent Morgan - Harlan
145 Lee Schechinger - Harlan
155 Bob Klein - Harlan
167 Terry Latham - Creston
185 Mike Westering - Atlantic
Hwt Gary Jipsen - Red Oak

1974 Champion: Harlan

98 Tim Doocy - Glenwood
105 Dave Muell - Harlan
112 Jeff Abel - Creston
119 Don Stein - Harlan
126 Dan Hayes - Creston
132 Gary Weihs - Harlan
138 Kent Morgan - Harlan
145 Phil Langenfeld - Harlan
155 Terry Latham - Creston
167 Paul Baker - Creston
185 Jeff Coalton - LC
Hwt Mark Boehm - LC

1973 Champion: Harlan

98 Dave Muell - Harlan
105 Bob Goetz - Harlan
112 Craig Anderson - Harlan
119 Dan Hayes - Creston
126 Vern Loudon - Creston
132 Bill Allen - LC
138 Ron Jens - Glenwood
145 Curt Bolinger - Creston
155 Terry Latham - Creston
167 Bill Hoffman - Atlantic
185 Jeff Coalton - LC
Hwt Mark Boehm - LC

Conference Dual Meet Champions

	<u>Number of Dual Meet Championships</u>
2026 Atlantic	Creston 18
2025 Lewis Central	Lewis Central 13
2024 Creston	Central/Clarinda
2023 Creston	Clarinda 8
2022 Creston	Clarinda 8
2021 Creston	Atlantic 8
2020 Creston/Atlantic/Harlan	Harlan 7
2019 Atlantic	Clarinda
2018 Atlantic/Creston	Shenandoah 1
2017 Atlantic	Denison 0
2016 Creston	Glenwood
2015 Creston	Kuemper 0
2014 Creston	Red Oak 0
2013 Glenwood	Shenandoah - 0
2012 Creston	St. Albert - 0
2011 Lewis Central/Creston	Glenwood
2010 Atlantic	Clarinda
2009 Lewis Central	1983 Lewis Central
2008 Creston	1982 Lewis Central/Harlan/Atlantic
2007 Creston	1981 Glenwood
2006 Creston	1980 Atlantic
2005 Glenwood	1979 Creston
2004 Glenwood	1978 Harlan
2003 Lewis Central	1977 Harlan
2002 Lewis Central	1976 Creston
2001 Lewis Central	1975 Harlan
2000 Lewis Central	1974 Creston
1999 Lewis Central	1973 Harlan
1998 Glenwood	1972 Harlan/Creston/Lewis Central
1997 Clarinda	1971 Glenwood
1996 Clarinda	

- 98 Jeff Abel - Creston
- 105 Jim Bruck - Harlan
- 112 Craig Anderson - Harlan
- 119 Vern Loudon - Creston
- 126 Steve Delanty - LC
- 132 Bill Allen - LC
- 138 Jeff Green - LC
- 145 Al Werniment - Atlantic
- 155 Jim Rahn - Clarinda
- 167 Duane Kjelggaard - LC
- 185 Mike McManigal - LC
- Hwt Mike King - Creston

Number of Conference Tournament Championships

- Creston 14
- Lewis Central 14
- Glenwood 8
- Harlan 6
- Clarinda 5
- Atlantic 5
- Denison 0
- Kuemper 0
- Red Oak 0
- Shenandoah 0
- St. Albert - 0

1972 Champion: Creston

**Number of Individual
Champions Per School**

160 Lewis Central
(83 different indiv.)
121 Creston
(77 different indiv.)
113 Glenwood
(78 different indiv.)
74 Harlan
(57 different indiv.)
69 Atlantic
(48 different indiv.)
51 Clarinda
(34 different indiv.)
44 Shenandoah
(32 different indiv.)
30 Red Oak
(23 different indiv.)
10 Carroll Kuemper
(8 different indiv.)
5 Denison (since 1994)
(5 different indiv.)
2 St. Albert (since 2014)
(2 indiv.)

Number of Individual Tournament Champions (4 or more)

2026 Glenwood 4	
2026 Lewis Central 4	
2025 Lewis Central 5	
2024 Glenwood 4	
2019 Atlantic 4	1994 Lewis Central 5
2017 Creston 4	1993 Lewis Central 4
2016 Creston 6	1993 Glenwood 5
2015 Lewis Central 5	1992 Lewis Central 5
2014 Creston 4	1990 Creston 5
2013 Creston 6	1990 Glenwood 5
2012 Creston 5	1989 Glenwood 6
2011 Lewis Central 5	1988 Harlan 4
2010 Lewis Central 4	1988 Glenwood 4
2009 Lewis Central 6	1987 Glenwood 5
2008 Creston 6	1986 Creston 4
2008 Lewis Central 4	1984 Harlan 4
2007 Creston 7	1984 Lewis Central 5
2006 Glenwood 4	1982 Lewis Central 4
2005 Lewis Central 6	1980 Atlantic 4
2004 Lewis Central 5	1978 Creston 4
2004 Glenwood 4	1977 Harlan 4
2003 Lewis Central 5	1976 Harlan 5
2002 Lewis Central 7	1975 Harlan 5
2001 Lewis Central 9	1974 Creston 4
2000 Lewis Central 7	1974 Harlan 5
1996 Shenandoah 4	1973 Creston 4
1996 Lewis Central 4	1972 Lewis Central 5

