



DUBUQUE SENIOR HIGH SCHOOL ATHLETIC DEPARTMENT

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2026 Jim Boughton Cross Country Invitational Thursday-September 24, 2026

- Location:** Dubuque Soccer & Cross Country Complex
- Schools:** Ames[^], Bettendorf, Cedar Falls, Central DeWitt, Coram Deo, Davenport Central, East Dubuque, Hempstead, IC City[^], IC Liberty, Marquette Catholic, North Scott, Pleasant Valley, Wahlert Catholic, Waterloo United, Waverly-Shell Rock[^], Western Dubuque, Dubuque Senior
[^]Women's Only team
- Entry fee:** \$125 per gender (\$250 for both Men's and Women's team)
- Parking:** We are anticipating that the Dubuque Soccer Complex will be charging for spectator parking again this year (it was \$5.00 per car last year); this is being collected by the Soccer complex, not DBQ Senior. Please plan accordingly and for the new spotlight at Ace Hardware near the soccer complex.
- Concessions:** Sandwiches, pop, candy available at the concession stand (if open).
- Race Length:** All Men's and Women's races will be at 5000m.
- Order of Events:**
- | | | |
|--------|----------------------------|----------------------------|
| 4:00pm | Freshman/Sophomore Women | Unlimited entries, count 5 |
| 4:30pm | Freshman/Sophomore Men | Unlimited entries, count 5 |
| 5:00pm | Junior Varsity Women | Unlimited entries, count 5 |
| 5:30pm | Junior Varsity Men | Unlimited entries, count 5 |
| 6:00pm | Varsity Women | Enter 10, count 5 |
| 6:30pm | Varsity Men | Enter 10, count 5 |
| 7:10pm | Senior night introductions | DBQ Senior M-W teams |
| 7:15pm | Awards | |

Race times are tentative and races may start ahead of schedule. Order of events and the possibility of combining races (Fresh-Soph & JV) due to weather conditions will be considered if necessary.

- Maps:** Course maps of an aerial view have been provided by Origin (formerly IIW) as a PDF. If you have not done so already, please save an electronic version for future meets held at the Dubuque Soccer Complex.

Awards: Team Awards

Team medals will be awarded to 1st-2nd-3rd place teams in the Varsity division.

Individual Awards

Medals for places #1-15 for ALL Men's and Women's races (Fresh-Soph, JV, Varsity)

Starting Boxes (randomly drawn):

- #1: Bettendorf
- #2: Coram Deo
- #3: Western Dubuque
- #4: IC Liberty
- #5: Wahlert Catholic
- #6: East Dubuque-GRR
- #7: IC City
- #8: DBQ Senior
- #9: Pleasant Valley
- #10: Ames
- #11: Cedar Falls
- #12: Waterloo United
- #13: Marquette Catholic
- #14: Waverly-Shell Rock
- #15: Hempstead
- #16: North Scott
- #17: Central DeWitt
- #18: Davenport Central

Entries: Timing & results will be provided by B&W Racing Services. Entry instructions are included in this document. This will be a SHOE CHIP timed event.

Entries: Deadline is September 21, 2026 @ 6:00 PM

[Meet Signup Instructions - 2026 Jim Boughton XC Invitational](#)

Live Results Link: [Jim Boughton Invitational 2026 - Sep 24, 2026 | B&W Racing Services](#)

Jim Boughton Cross Country Online Entry Instructions (#)

Date	9/24/2026	Host	B&W Racing Services
Location	Dubuque Soccer Complex	Director	Justin Bader
	Dubuque, IA 52001	Email	
First Race	4:00 pm	Phone	

Athlete Registration will be locked on 9/21/2026 at 6:00 PM (local time)

Follow the 4 steps below to get started:

1. [Sign up for a free coach account](#) (if you do not have one)

- Go to the website: www.athletic.net
- Click on '[Log In](#)' in the upper right hand corner, and then click 'Sign Up' on the bottom of that screen.
- Complete the signup wizard
- After receiving the confirmation email, go on to #2

2. Add meets to your season calendar

- [Log In](#) to Athletic.net
- Navigate to the [Events page](#)
- Start typing Jim Boughton XC into the Search Box
- Expand the meet card, and find the button to add this meet to your teams calendar
- Repeat this process for the rest of your season calendar (*You can also find meets by date and location*)
- If a meet is not listed, you can add it to your calendar by clicking 'Add new Event' and following the wizard
- Verify that your calendar is correct. Click on a Meet, then the pencil icon to make corrections to a meet, or use the trash can icon to delete a meet.

3. Enter team roster

- Navigate to your team page by opening the side menu, then click on your team.
- Click on Manage Team
- Click on Edit Roster under Athletes
- Add athletes to the roster manually, or upload your roster using the "Upload Athlete Roster" option.

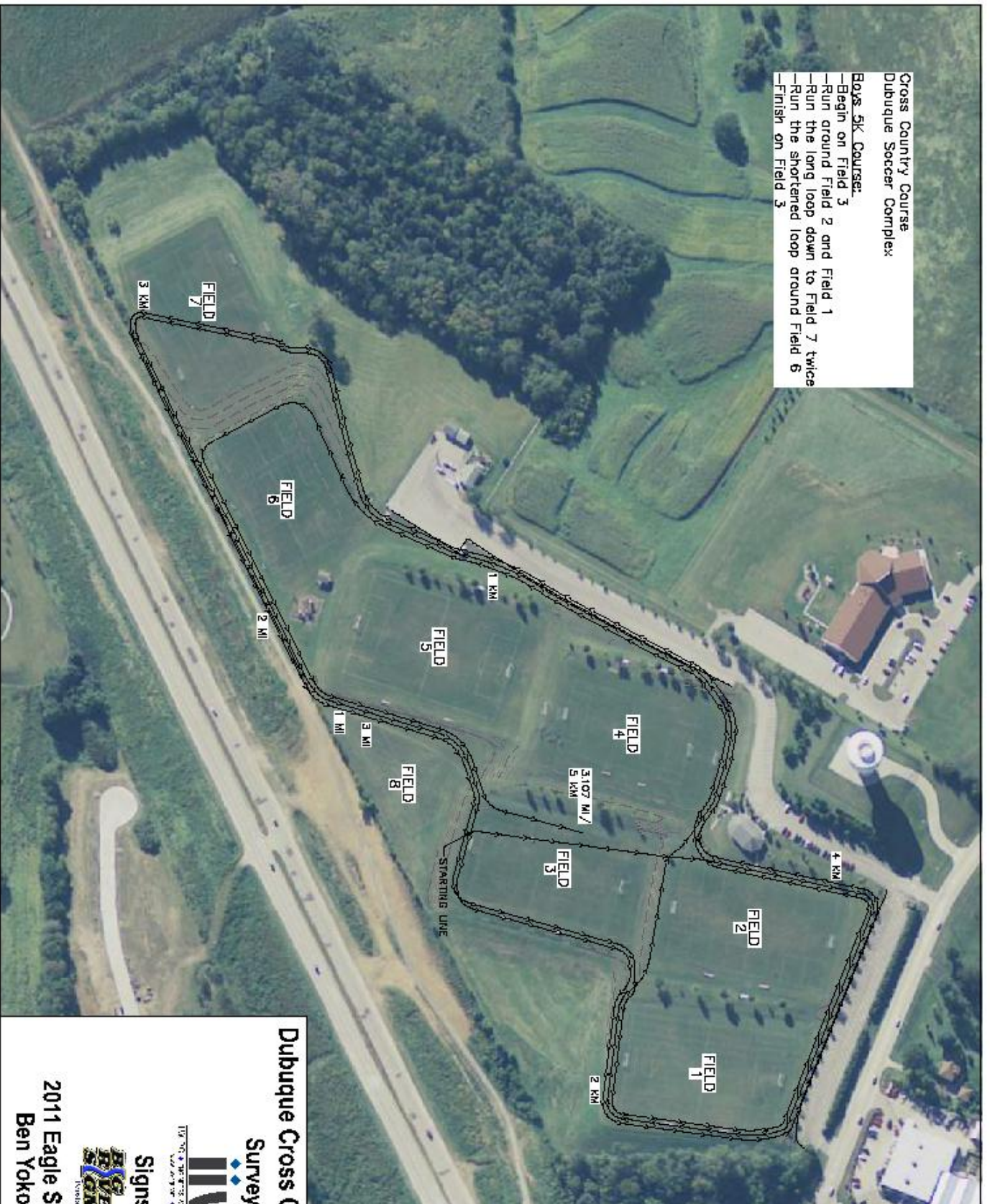
4. Register athletes for Jim Boughton XC

- Locate Jim Boughton XC on your team's main Cross Country page and click on it
- Click "Register Athletes"
- Follow instructions on the meet registration page to enter your athletes into the appropriate division(s).
- Use the "Add an athlete" buttons to add athletes to your roster if needed.

Cross Country Course Dubuque Soccer Complex

Boys 5K Course:

- Begin on Field 3
- Run around Field 2 and Field 1
- Run the long loop down to Field 7 twice
- Run the shortened loop around Field 6
- Finish on Field 3



Dubuque Cross Country Courses

Surveyed by:



Signs by:



2011 Eagle Scout Project
Ben Yoko, Troop 7

BOYS COURSE LAYOUT

Drawing Date Information
 Date: 10/1/11
 Drawn By: JMT
 Checked By: JMT
 Project No: 11-01
 Project Name: 2011 Eagle Scout Project
 Project Location: Dubuque Soccer Complex
 Project Description: Boys 5K Course Layout