

MRAC BOYS SOCCER HISTORY

Regular Season Champions

YEAR	SCHOOL	RECORD	COACH
2001	Sioux City North	4-0-1	George Tsiobanos
	Abraham Lincoln	4-0-1	
2002	Sioux City North	5-0	George Tsiobanos
2003	Sioux City North	5-0	George Tsiobanos
2004	Sioux City North	5-0	Costa Tsiobanos
2005	Sioux City North	4-1	Costa Tsiobanos
	Abraham Lincoln	4-1	Todd Devereaux
	Thomas Jefferson	4-1	Gail Anderson
2006	Sioux City Heelan	4-1	Chad Lang
2007	Sioux City West	4-1	David Olson
	Thomas Jefferson	4-1	Gail Anderson
2008	Sioux City East	5-0	Scott Clauson/Tyler Mogensen
2009	Sioux City Heelan	5-0	Chad Lang
2010	Sioux City Heelan	5-0	Chris Conley
2011	Sioux City West	5-0-1	Gary Fuentes
	Sioux City North	5-0-1	Costa Tsiobanos
2012	Sioux City North	6-0	Costa Tsiobanos
2013	Sioux City West	6-0	Gary Fuentes
2014	Sioux City West	6-0	Gary Fuentes
2015	Sioux City West	6-0	Gary Fuentes
2016	Sioux City Heelan	6-0	George Tsiobanos
2017	Sioux City Heelan	6-0	George Tsiobanos
2018	Sioux City East	6-0	Mike Borrall
2019	C.B. Abraham Lincoln	5-1	Jamison Parkhill
2020	SEASON CANCELED DUE TO COVID-19		
2021	Sioux City North	5-1	Ricky Azpeitia
2022	Sioux City East	7-0	Mike Borrall
2023	Sioux City Heelan	6-0	Pat Herbst
2024	Sioux City Heelan	6-1	Pat Herbst
2025	Sioux City North	6-0-1	Ricky Azpeitia



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<u>2000-01</u>	<u>CONF</u>	<u>OVERALL</u>	<u>2008</u>	<u>CONF</u>	<u>OVERALL</u>	<u>2014</u>	<u>CONF</u>	<u>OVERALL</u>
**North	4-0-1	14-0-2	**East	5-0	14-2	**West	6-0	18-2
**Abraham Lincoln	4-0-1	10-4-1	Abraham Lincoln	4-1	8-10	**Heelan	4-2	12-4
Thomas Jefferson	3-2	8-6	North	3-2	9-5	North	3-3	8-8
Heelan	2-3	8-7	Heelan	2-3	7-7	Thomas Jefferson	3-3	15-5
West	1-4	6-9	West	1-4	1-12	East	2-4	4-12
East	0-5	2-11	Thomas Jefferson	0-5		Sergeant Bluff-Luton	1-5	5-10
						Abraham Lincoln	0-6	0-17
<u>2002</u>	<u>CONF</u>	<u>OVERALL</u>	<u>2009</u>	<u>CONF</u>	<u>OVERALL</u>	<u>2015</u>	<u>CONF</u>	<u>OVERALL</u>
**North	5-0	17-3	Heelan	5-0		**West	6-0	20-2
Thomas Jefferson	4-1		North	3-2	8-10	**Heelan	5-1	15-2
Heelan	2-3	7-9-1	Thomas Jefferson	3-2	9-7	East	4-2	8-10
Abraham Lincoln	2-3		West	2-3		North	3-3	8-7
West	1-4	6-11	Abraham Lincoln	1-4	4-12	Thomas Jefferson	2-4	6-11
East	1-4	7-10	East	0-5		Abraham Lincoln	1-5	5-12
						Sergeant Bluff-Luton	0-6	3-12
<u>2003</u>	<u>CONF</u>	<u>OVERALL</u>	<u>2010</u>	<u>CONF</u>	<u>OVERALL</u>	<u>2016</u>	<u>CONF</u>	<u>OVERALL</u>
**North	5-0	20-1	**Heelan	5-0	15-5-1	**Heelan	6-0	15-2
Thomas Jefferson	4-1	12-5	Thomas Jefferson	4-1	12-5	West	5-1	14-4
East	2-3		North	2-3	9-10	North	4-2	11-7
West	2-3	6-12	**East	2-3	8-8	East	3-3	6-6
Abraham Lincoln	1-4	4-11	Abraham Lincoln	1-4	3-12	Thomas Jefferson	2-4	6-13
**Heelan	1-4	10-7-1	West	1-4	7-9	Sergeant Bluff-Luton	1-5	3-13
						Abraham Lincoln	0-6	4-13
<u>2004</u>	<u>CONF</u>	<u>OVERALL</u>	<u>2011</u>	<u>CONF</u>	<u>OVERALL</u>	<u>2017</u>	<u>CONF</u>	<u>OVERALL</u>
**North	5-0	16-2	**West	5-0-1	14-4	Heelan	6-0	14-1
Abraham Lincoln	4-1	6-8	North	5-0-1	12-3	North	5-1	11-6
West	2-3	7-7	East	4-2	6-11	Abraham Lincoln	3-3	11-5
Thomas Jefferson	2-3	6-8	Thomas Jefferson	3-3	8-9	East	4-2	6-9
East	1-4	5-10	Heelan	2-4	4-12	Thomas Jefferson	1-5	4-11
Heelan	1-4	4-11-1	Abraham Lincoln	1-5	5-12	Sergeant Bluff-Luton	1-5	6-9
			Sergeant Bluff-Luton	0-6	0-15	West	1-5	2-13
<u>2005</u>	<u>CONF</u>	<u>OVERALL</u>	<u>2012</u>	<u>CONF</u>	<u>OVERALL</u>	<u>2018</u>	<u>CONF</u>	<u>OVERALL</u>
**North	4-1	15-2	North	6-0	13-2	East	6-0	13-3
Abraham Lincoln	4-1	6-10	**West	4-2	12-8	Abraham Lincoln	5-1	14-4
Thomas Jefferson	4-1	10-6	East	4-2	11-9	Sergeant Bluff-Luton	4-2	10-5
Heelan	2-3	12-6	Heelan	4-2	9-7	North	3-3	8-8
West	1-4	4-10	Thomas Jefferson	2-4	5-13	West	2-4	6-10
East	0-5	2-12	Abraham Lincoln	0-5	4-12	Heelan	1-5	4-9
			Sergeant Bluff-Luton	0-5	0-14	Thomas Jefferson	0-6	1-17
<u>2006</u>	<u>CONF</u>	<u>OVERALL</u>	<u>2013</u>	<u>CONF</u>	<u>OVERALL</u>	<u>2019</u>	<u>CONF</u>	<u>OVERALL</u>
Heelan	4-1	15-3	**West	6-0	16-3	Abraham Lincoln	5-1	13-6
**North	4-1	15-3	North	5-1	8-7	Sergeant Bluff-Luton	4-2	11-5
Thomas Jefferson	3-2		Heelan	3-3	3-7	West	4-2	9-8
East	3-2		Thomas Jefferson	3-3	8-13	North	2-4	10-10
Abraham Lincoln	1-4		East	2-4	10-6	Heelan	2-4	7-11
West	0-5	2-14	Abraham Lincoln	2-4	6-10	Thomas Jefferson	2-4	6-13
			Sergeant Bluff-Luton	0-6	5-9	East	2-4	4-9
<u>2007</u>	<u>CONF</u>	<u>OVERALL</u>	<u>2020</u>	<u>CONF</u>	<u>OVERALL</u>	Season Canceled		
West	4-1	11-5						
Thomas Jefferson	4-1	12-5						
East	3-2	9-4						
North	2-3	8-6						
Heelan	1-4	4-12-1						
Abraham Lincoln	1-4	4-11-1						

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<u>2021</u>	<u>CONF</u>	<u>OVERALL</u>
North	5-1	12-5
**Sergeant Bluff-Luton	4-2	15-4
**West	4-2	15-3
Heelan	3-3	5-12
East	2-4	8-9
Abraham Lincoln	2-4	8-10
Thomas Jefferson	0-6	1-17

<u>2022</u>	<u>CONF</u>	<u>OVERALL</u>
East	7-0	14-4
North	6-1	12-5
Heelan	5-2	11-6
West	4-3	7-8
Sergeant Bluff-Luton	3-4	6-10
Abraham Lincoln	2-5	4-14
Le Mars	1-6	2-13
Thomas Jefferson	0-7	2-14

<u>2023</u>	<u>CONF</u>	<u>OVERALL</u>
**Heelan	6-0	14-3
North	6-1	10-6
Abraham Lincoln	5-2	12-6
West	4-2	6-7
East	3-4	6-9
Le Mars	2-5	7-10
Sergeant Bluff-Luton	1-6	3-13
Thomas Jefferson	0-7	2-14

<u>2024</u>	<u>CONF</u>	<u>OVERALL</u>
**Heelan (SC)	6-1	17-3
East	5-2	10-9
Abraham Lincoln	5-2	9-9
North	5-2	6-10
West	3-4	6-10
Sergeant Bluff-Luton	3-4	9-8
Le Mars	2-5	7-11
Thomas Jefferson	0-7	4-13

<u>2025</u>	<u>CONF</u>	<u>OVERALL</u>
North	6-0-1	10-6-2
**Heelan	6-1	18-3
Abraham Lincoln	5-2	10-8
Sergeant Bluff-Luton	3-2-2	7-7-4
Le Mars	3-3-1	9-6-1
West	2-5	3-10
Thomas Jefferson	0-6-1	6-10-2
East	0-6-1	3-13-1

**State qualifier
(SC) – State Champs

MRAC BOYS SOCCER HISTORY

All-Conference

2001

FIRST TEAM

2002

FIRST TEAM

Forward: Marcus Jaromillo, North; Jose Luis Zuniga, North; Steve Jensen, North; Charlie Petersen, Abraham Lincoln.

Midfield: Seung Yong Turner, Thomas Jefferson; Chris Story, Thomas Jefferson; Ricky Azpeitia, North; Scott Trefl, West.

Fullback: Zack Petersen, Abraham Lincoln; Scott Davis, North; Nick Bennett, North; Josh Fuxa, Heelan.

Goalkeeper: Adam VanVolthenberg, Abraham Lincoln.

2003

FIRST TEAM

Forward: Jose Ponce, North; Marcos Jaramillo, North; Rogelio Canchino, West; Torri Hensley, Thomas Jefferson.

Midfield: Ricky Azpeitia, North; Steve Jensen, North; Chris Story, Thomas Jefferson; Kevin Lohry, West.

Fullback: Mike Yager, North; Tyler Zellmer, North; Matthew Delzell, East; Greg Berger, Heelan.

Goalkeeper: Cole Lapierre, East.

2004

FIRST TEAM

Forward: Kyle Yager, North; Jose Ponce, North; Rafael Aguilar, Abraham Lincoln; Tom Leber, Abraham Lincoln.

Midfield: Kevin Lohry, West; Carlos Martinez, West; Ricky Azpeitia, North; John Standford, Abraham Lincoln.

Fullback: Chris Rock, Thomas Jefferson; Pat Berger, Heelan; Clayton Triick, North; Erick Deleon, North.

Goalkeeper: Cole Lapierre, East.

2005

FIRST TEAM

Forward: Derek Townsend, Thomas Jefferson; Nestor Gallan, West; Kyle Yager, North; Martin Adjikpa, North.

Midfield: Ben Heithoff, Abraham Lincoln; Ryan Jennings, Heelan; Corey Miller, Heelan; Javier Soto, North.

Fullback: Jake Smith, Thomas Jefferson; Chris Hogue, Abraham Lincoln; Frank Petersen, Abraham Lincoln; Edwin Franco, North.

Goalkeeper: Pat Brouillette, North.

2006

FIRST TEAM

Forward: Martin Adjikpa, North; Nestor Gallan, North; Jesse Witzke, Thomas Jefferson; Julio Martinez, East.

Midfield: Tony Maxey, Heelan; Jose Suriano, North; Corey Miller, Heelan; Alex Cardona, West.

Fullback: John Pritchard, North; Aaron Maly, Heelan; Jacob Tweedy, East; Cody Johnson, Thomas Jefferson.

Goalkeeper: Jay Hart, Heelan.

2007

FIRST TEAM

Forward: Jaciel Perez, North; Joe Greer, Heelan; Alex Cardona, West; James Driver, Thomas Jefferson.

Midfield: Julio Martinez, East; Joaquin Cruz, West; Nestor Galan, West; Martin Ceballos, Thomas Jefferson.

Fullback: Long Vo, West; Jacob Tweedy, East; Ed Hagen, Heelan; A.J. Keller, Thomas Jefferson.

Goalkeeper: Ethan Bartels, Thomas Jefferson.

2008

FIRST TEAM

Forward: Julio Martinez, East; Chris Erickson, East; Juan Enano Garcia, North; Eric Fjare, Abraham Lincoln.

Midfield: Kory Kraker, East; Joe Greer, Heelan; Pancho Ochoa, North; Mark Samuelson, North.

Fullback: Jacob Tweedy, East; Max Martin, North; Ed Hagen, Heelan; Ben Sitzman, Heelan.

Goalkeeper: Ethan Bartels, Thomas Jefferson.

SECOND TEAM

CBAL: Josh Jerkovich, Sam Milder, Danny Nixon; Heelan: Stephan Chicoine; East: Jose Martinez, Mitch Amundson, Juan Pena, Tyler Walters; CBTJ: Jesse Witzke, Matt Evans; West: Gustavo Perez, Mario Reyes, Long Vo.

2009

FIRST TEAM

Forward: Erick Estrada, Thomas Jefferson; Mario Reyes, West; Jose Magana, Heelan.

Midfield: Jaciel Perez, North; Rigo Gonzalez, West; Sam Heithoff, Abraham Lincoln; Dominick Wetzbarger, Heelan.

Fullback: Nathan Shew, Thomas Jefferson; Ryan Hanson, North; Nick Berger, Heelan; Danny Nixon, Abraham Lincoln.

Goalkeeper: Oscar Luna, West.

SECOND TEAM

East: Mitch Amundson, Ethan Raysby; CBTJ: Jeff Hempel, Jaymison Coffelt, Ethan Arrick, Sean Lanegan; Heelan: William Maly, Derek Tigges; West: Edgar Reyes, Fernando Franco.

2010

FIRST TEAM

Forward: Erick Estrada, Thomas Jefferson; Edurado Salcido, North; Ryan Anderson, East; Alex Perez, Thomas Jefferson.

Midfield: Ylises Carrizalez, Thomas Jefferson; Fernando Lizama, North; Dominick Wetzbarger, Heelan; Walter Perez, West.

Fullback: Nate Huebner, Abraham Lincoln; Jawad Najdawi, North; Tyler Rojas, Thomas Jefferson; Nick Berger, Heelan.

Goalkeeper: Mitch Amundson, East.

SECOND TEAM

Forward: Victor Perez, West; Javie Magana, Heelan; Derek Tigges, Heelan; Brett Figueroa, Abraham Lincoln.

Midfield: Abdalla Obsa, North; Vincente Mendez, Heelan; Hugo Melendez, West; Luis Espinoza, East.

Fullback: Ethan Raysby, East; Francisco Padilla, East; Ryan Hanson, North; Will Maly, Heelan.

Goalkeeper: Adam Sitzmann, Heelan.

2011

FIRST TEAM

Forward: Victor Perez, West; Jesse Rodriguez, North; Erick Estrada, Thomas Jefferson; Javier Magana, Heelan.

Midfield: Juan Magana, Heelan; Hugo Martinez, North; Kris O'Neill, North; Denis Gonzalez, West.

Fullback: Zoro Martinez, North; Sergio Garcia, North; Oscar Gonzalez, West; Miguel Rojas, East.

Goalkeeper: Eduie Curiel, North.

SECOND TEAM

Forward: Miguel Espinoza, Abraham Lincoln; Ryan Anderson, East; Hector Alvarez, East; Daniel Garcia, West.

Midfield: Luis Espinoza, East; Miguel Ruiz, East; Brett Figueroa, Abraham Lincoln; Fernando Rosas, West.

Fullback: Mike Gustavsen, West; Rigo Arambula, North; Zach Maxey, Heelan; Sean Lanegan, Abraham Lincoln.

Goalkeeper: Oscar Luna, West.

2012

FIRST TEAM

Forward: Hector Alvarez, East; Luis Magana,

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Heelan; Jesse Rodriguez, North; Roger Whitebeaver, West.

Midfield: Luis Espinoza, East; Pedro Luna, North; Juan Magana, Heelan; Kris O'Neill, North.

Fullback: Sergio Garcia, North; Oscar Gonzalez, West; Zoro Martinez, North; Miguel Rojas, East.

Goalkeeper: Oscar Luna, West.

SECOND TEAM

Forward: Gilbert Garcia, West; Drew Gerch, North; Jaron Neumann, Abraham Lincoln; Conner Richie, Thomas Jefferson.

Midfield: Miguel Espinoza, Abraham Lincoln; Nardos Hargwayn, West; Muhktar Ali West; Carlos Silva, Thomas Jefferson.

Fullback: Corrado Dessi, Heelan; Brett Figueroa, Abraham Lincoln; Loui Luna, West; Jason Schmitt, Sergeant Bluff-Luton.

Goalkeeper: Victor Magana, Heelan.

2013

FIRST TEAM

Forward: Gilbert Garcia, West; Roger Whitebeaver, West; Tyler Stolen, Heelan; Miguel Espinoza, Abraham Lincoln.

Midfield: Trevor Hobbs, East; Pedro Luna, North; Antonio Hernandez, West; Muhktar Ali, West.

Fullback: Eliceo Melgoza, East; John Oynes, North; Dalton Clark, Thomas Jefferson; Michael Heffernan, Heelan.

Goalkeeper: Felipe Barbosa, West.

SECOND TEAM

Forward: Omar Guerrero, East; Luis Camacho, Abraham Lincoln; Juan Carlos Aguilera, Thomas Jefferson; Carlos Silva, Thomas Jefferson.

Midfield: Efrain Guerrero, Abraham Lincoln; Miguel Rojas, East; Marco Carrillo, North; Luis Magana, Heelan.

Fullback: Yoni Zamudio, North; Faris Najdawi, North; Oscar Gonzalez, West; Rogelio Serrano, West.

Goalkeeper: Austin Sitzmann, Sergeant Bluff-Luton.

2014

FIRST TEAM

Forward: Gilbert Garcia, West; Antonio Hernandez, West; Connor Gill, Heelan; Juan Carlos Aguilera, Thomas Jefferson.

Midfield: Juan Perez, West; Muhktar Ali, West; Jared Jochum, Heelan; Luis Hernandez, North.

Fullback: Loui Luna, West; Raul Anguiano, East; Faris Najdawi, North; Jack Hatting, North.

Goalkeeper: Jared Amundson, East.

SECOND TEAM

Forward: Ben Vonheeder, Sergeant Bluff-Luton; Alejandro Vasquez, East; Sam Sandy, East; Ismael Camacho, Thomas Jefferson.

Midfield: Julio Aguilar, Thomas Jefferson; Alex Watkins, Heelan; Zach Ingram, East; Jesse Mondragon, West.

Fullback: Austin Suhr, Heelan; Dalton Clark, Thomas Jefferson; Ronnie Rasmussen, North; John Oynes, North.

Goalkeeper: Felipe Barbosa, West.

2015

FIRST TEAM

Forward: Suleiman Adirahman, North; Gilbert Garcia, West; Antonio Hernandez, West; Connor Gill, Heelan.

Midfield: Juan Perez, West; Adam Rodriguez, Heelan; Luis Hernandez, Heelan; Ulysses Azpeitia, Heelan.

Fullback: Jack Hatting, North; David Soto, East; Misael Castaneda, East; Alec Kefgen, Heelan.

Goalkeeper: Nathan Gobell, Heelan.

SECOND TEAM

Forward: Jose Orozco, North; Pedro Valdez, Abraham Lincoln; Juan Ceballos, Thomas Jefferson; Eulisses Ochoa, East.

Midfield: Kevin Perez, North; Cristian Valenzuela, North; Jake Lilly, East; Zach Ingram, East.

Fullback: Danny Mondragon, West; Absolon Espinoza, West; Armando Mora, North; Garret Aesoph, Heelan.

Goalkeeper: Jared Amundson, East.

2016

FIRST TEAM

Forward: Antonio Hernandez, West; Ulysses Azpeitia, Heelan; Suleiman Adirahman, North; Ismael Camacho, Thomas Jefferson.

Midfield: Esake Hasen, West; Carlos Munoz, West; Jose Orozco, North; Roman Lavariega, North.

Fullback: Grant Delperdang, Heelan; Jerry Luna, North; Jack Hatting, North; Zach Ingram, East.

Goalkeeper: Nathan Gobell, Heelan.

SECOND TEAM

Forward: Hunter Hendrix, Abraham Lincoln; Austin Lingle, Heelan; Colin Margellos, Sergeant Bluff-Luton; Sergio Ruiz, East.

Midfield: Adan Rodriguez, Heelan; Luis Padilla, Heelan; Emmanuel Coronado, East; Jared Schroeder, East.

Fullback: Alec Kefgen, Heelan; Garret Aesoph, Heelan; Bryan Alvarez, East; David Soto, East.

Goalkeeper: Manuel Garcia, West.

2017

FIRST TEAM

Forward: Ismael Camancho, Thomas Jefferson; Miguel Estrada, North; Esake Hasen, West; Austin Lingle, Heelan.

Midfield: Marcos Azpeitia, Heelan; Andres Gonzalez, North; Carlos Morales, Thomas Jefferson; Luis Padilla, Heelan.

Fullback: Garrett Aesoph, Heelan; Grant Delperdang, Heelan; Jerry Luna, North; Terrell Morrison, Thomas Jefferson.

Goalkeeper: Nathan Gobell, Heelan.

SECOND TEAM

Forward: Saybein Clark, Heelan; Jesus Garcia, North; Taylor Hewitt, Abraham Lincoln; Sergio Ruiz, East.

Midfield: Nathan Barber, Heelan; Emmanuel Coronado, East; Willie Pardo, North; Miguel Ponce, North.

Fullback: Adam Friessen, Heelan; James Marksbury, Heelan; Jesus Rublo, Thomas Jefferson; Omar Santos Mendez, North.

Goalkeeper: Anthony Tran, North.

2018

FIRST TEAM

Forward: Emmanuel Coronado, East; Hunter Hendrix, Abraham Lincoln; Polo Lopez, Heelan; Efreem Sadi, North.

Midfield: Esake Hasen, West; Jacob Jensen, Abraham Lincoln; Christian Lavariega, North; Carlos Morales, Abraham Lincoln.

Fullback: Jerry Luna, North; Colin Margellos, Sergeant Bluff-Luton; Landon Mohr, Abraham Lincoln; Terrell Morrison, Abraham Lincoln.

Goalkeeper: Javier Huerta, Abraham Lincoln.

SECOND TEAM

Forward: Hamza Deko, North; Taylor Hewitt, Abraham Lincoln; Thaddeus Kinney, Abraham Lincoln; Jose Ortega, West.

Midfield: Javier Fuentes, West; Lami Gameda, North; David Moritz, Abraham Lincoln; Miguel Ponce, East.

Fullback: Blake Dunkirk, Abraham Lincoln; Bryce Reynolds, Heelan; Jared Schroeder, East; Tim Sorge, Sergeant Bluff-Luton.

Goalkeeper: Rafael Serrano, West.

2019

FIRST TEAM

Forward: Hunter Hendrix, Abraham Lincoln; Christian Lavariega, North; Ty Shoulders, Sergeant Bluff-Luton; Taylor Hewitt, Abraham Lincoln.

Midfield: Eduardo Ramirez, East; Trenton Hewitt, Abraham Lincoln; Jesus Pena-Lopez, Heelan; Javier Fuentes, West.

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Fullback: Colin Margellos, Sergeant Bluff-Luton; Jovani Gomez, North; Dave Karisa, North; Omar De los Santos, Heelan.

Goalkeeper: Anthony Tran, North.

SECOND TEAM

Forward: Alex Perez, West; Hampus Jacobsson, Abraham Lincoln; Efrem Sadi, North; Angel Cortez, Heelan.

Midfield: Tavian Sanchez, Sergeant Bluff-Luton; Marcos Azpeitia, Heelan; Oscar Perez, West; Saymon Hagos, North.

Fullback: Enio Garcia, North; Jaime Gutierrez, Abraham Lincoln; Gerardo Gorostieta, East; Ty Harold, Thomas Jefferson.

Goalkeeper: Cesar Vazquez, West.

2020

Season canceled

2021

FIRST TEAM

Forward: Alan Magana, North; Brandon Toledo, Abraham Lincoln; Jamie Perez, West; Ty Shoulders, Sergeant Bluff-Luton.

Midfield: Brady Schaap, Sergeant Bluff-Luton; Jack Lloyd, North; Oscar Perez, West; Kiernan Day, Abraham Lincoln.

Fullback: Gadisa Bazuneh, North; Alex Tule, West; Marcus Headid, Sergeant Bluff-Luton; Alex Stogdill, Abraham Lincoln.

Goalkeeper: Cesar Vazquez, West.

SECOND TEAM

Forward: Spencer Hewitt, Abraham Lincoln; Julian Garcia, West; Amir Farrah, North; Cesar Ponce, Sergeant Bluff-Luton.

Midfield: Rodrigo Ochoa, East; David Clausen, Sergeant Bluff-Luton; Josue Mendoza, East; Rey Gonzalez, West.

Fullback: Javi Ruiz, East; Abraham Ponce, West; Anthony Maeda, North; Jacob Spring, Sergeant Bluff-Luton.

Goalkeeper: Mikey Selig, Sergeant Bluff-Luton.

2022

FIRST TEAM

Forward: David Ochoa, East; Brian Sanchez, West; Michael Avery, North; Sergio Mijangos, Heelan.

Midfield: Alejandro Suarez, Heelan; Jack Lloyd, North; Jacob Schroeder, East; Oscar Perez, West.

Fullback: Jack Conlon, East; Luke Soldati, North; Rodrigo Ochoa, East; Isaac Rogel, North.

Goalkeeper: Yoseth Valiente, East.

SECOND TEAM

Forward: Jovany Kabongo, Le Mars; Wilson

Santos, West; Germeda Mideso, North; Beni Puelele, East.

Midfield: Alejandro Gonzalez, Heelan; Sakariye Mahamed, North; Antonio Araujo, East; Carlos Rodriguez, Sergeant Bluff-Luton.

Fullback: Grannt Parrott, Abraham Lincoln; George Tsiobanos, Heelan; Bryan Taracena, West; Henry Eckhoff, Sergeant Bluff-Luton.

Goalkeeper: Caleb Cross, North.

2023

FIRST TEAM

Forward: Sergio Mijangos, Bishop Heelan; Beni Puelele, East; Irving Cruz, Abraham Lincoln; Michael Avery, North.

Midfield: Alejandro Suarez, Bishop Heelan; Jovany Kabongo, Le Mars; Jonathon Amador, Abraham Lincoln; Isaac Rogel, North.

Defender: George Tsiobanos, Bishop Heelan; Jack Conlon, East; Logan Vargas, Abraham Lincoln; Luke Soldati, North.

Goalkeeper: Caleb Cross, North.

SECOND TEAM

Forward: Charly Perez, West; Julian Jimenez, Abraham Lincoln; Gebrewahid Mekonnen, North; Ben Martin, Le Mars

Midfield: Jack Lloyd, North; Dylan Schaap, Sergeant Bluff-Luton; Andres Gonzalez, Bishop Heelan; Alex Gonzalez, Bishop Heelan.

Defender: Antonio Sibrian, Bishop Heelan; Bryan Taracena, West; Jared Magana, North; Mauricio Ballegas, East.

Goalkeeper: Landon Block, Bishop Heelan.

2024

FIRST TEAM

Forward: Sergio Mijangos, Bishop Heelan; Beni Puelele, East; Jonathan Amador, Abraham Lincoln; Charly Perez Rojas, West.

Midfield: Andres Gonzalez, Bishop Heelan; Dylan Karnes, Bishop Heelan; Jovany Kabongo, Le Mars; Braulio Gonzalez, Sergeant Bluff-Luton.

Defender: George Tsiobanos, Bishop Heelan; Milton Medina, North; Jack Conlon, East; Grannt Parrott, Abraham Lincoln.

Goalkeeper: Caleb Cross, North.

SECOND TEAM

Forward: Jacob Plueger, Le Mars; Diego Alferez, East; Ethan Pirie, Abraham Lincoln; Vereak Mai Meng, North.

Midfield: Isaac Rogel, North; Faustino Gomez, East; Julian Jimenez, Abraham Lincoln; Konnor Parrott, Abraham Lincoln.

Defender: Bernardo Velasquez, Bishop Heelan; Necco Rojas, Sergeant Bluff-Luton; Rudy Tule, West; Mauricio Villegas, East.

Goalkeeper; Landon Block, Bishop Heelan.

2025

FIRST TEAM

Forward: Sergio Mijangos, Bishop Heelan; Gabe Newberg, Bishop Heelan, Jonathon Amador, Abraham Lincoln, Jovany Kabongo, Le Mars.

Midfield: Andres Gonzalez, Bishop Heelan; Dylan Karnes, Bishop Heelan; Irving Cruz, Abraham Lincoln; Petros Kifle, North.

Fullback: Cesar DeLeon, Bishop Heelan; Milton Medina, North; Alex Soldati, North; Grannt Parrott, Abraham Lincoln.

Goalkeeper: Landon Block, Bishop Heelan

SECOND TEAM

Forward: Mayson Kramer, Thomas Jefferson; Necco Rojas, Sergeant Bluff-Luton; Edgar Perez Marroquim, North; Kuma Gutema, North.

Midfield: Braulio Gonzalez, Sergeant Bluff-Luton; Degi Kabongo, Le Mars; Jose Mata Rivera, North; Kai Bergeson, Abraham Lincoln.

Fullback: Bryan Rios, Bishop Heelan; Chris Padilla, Bishop Heelan; Jude Dougherty, Le Mars; Brady Watts, Abraham Lincoln.

Goalkeeper: Ian Ocegueda, North.