

MRAC WRESTLING HISTORY

Regular Season Champions

YEAR	SCHOOL	SCORE	COACH
2000-01	Sioux City East	5-0	Phil Hamman
2001-02	Sioux City Heelan	5-0	Matt LaFleur
2002-03	C.B. Abraham Lincoln	5-0	Clark Allen
2003-04	Sioux City North	4-1	Rich Touney
	Sioux City East	4-1	Phil Hamman
2004-05	Sioux City North	4-1	Rich Touney
2005-06	Sioux City North	5-0	Rich Touney
2006-07	Sioux City North	5-0	John Torno
2007-08	Sioux City North	5-0	John Torno
2008-09	Sioux City North	5-0	John Torno
2009-10	Sioux City East	5-0	Vince Pederson
2010-11	Sioux City North	6-0	John Torno
2011-12	Sergeant Bluff-Luton	6-0	Clint Koedam
2012-13	Sioux City North	6-0	John Torno
2013-14	Sergeant Bluff-Luton	6-0	Clint Koedam
2014-15	Sioux City North	6-0	John Torno
2015-16	Sergeant Bluff-Luton	6-0	Clint Koedam
2016-17	Sergeant Bluff-Luton	6-0	Clint Koedam
2017-18	Bishop Heelan	6-0	Matt Pugh/Jordan Langley
2018-19	Sergeant Bluff-Luton	6-0	Clint Koedam
2019-20	Sergeant Bluff-Luton	7-0	Clint Koedam
2020-21	Sergeant Bluff-Luton	7-0	Clint Koedam
2021-22	Sergeant Bluff-Luton	7-0	Clint Koedam
2022-23	Sergeant Bluff-Luton	7-0	Clint Koedam
2023-24	Sergeant Bluff-Luton	7-0	Clint Koedam
2024-25	Sergeant Bluff-Luton	7-0	Clint Koedam
2025-26	Sergeant Bluff-Luton	7-0	Clint Koedam



MRAC WRESTLING HISTORY

Tournament Champions

YEAR	SCHOOL	SCORE	COACH
2000-01	Sioux City East	225	Phil Hamman
2001-02	Sioux City Heelan	211.5	Matt LaFleur
2002-03	C.B. Abraham Lincoln	271	Clark Allen
2003-04	C.B. Abraham Lincoln	300	Clark Allen
2004-05	Sioux City North	296.5	Rich Touney
2005-06	Sioux City North	340.5	Rich Touney
2006-07	Sioux City North	384.5	John Torno
2007-08	Sioux City North	329.5	John Torno
2008-09	Sioux City North		John Torno
2009-10	Sioux City East	396.5	Vince Pederson
2010-11	Sioux City North	233.5	John Torno
2011-12	Sergeant Bluff-Luton	248.5	Clint Koedam
2012-13	Sioux City North	234.5	John Torno
2013-14	Sergeant Bluff-Luton	226	Clint Koedam
2014-15	C.B. Thomas Jefferson	226	August Manz
2015-16	Sergeant Bluff-Luton	213.5	Clint Koedam
2016-17	Sergeant Bluff-Luton	233	Clint Koedam
2017-18	Sergeant Bluff-Luton	242.5	Clint Koedam
2018-19	Sergeant Bluff-Luton	235	Clint Koedam
2019-20	Sergeant Bluff-Luton	259	Clint Koedam
2020-21	Le Mars	215	Shane Hessenius
2021-22	Sergeant Bluff-Luton	290.5	Clint Koedam
2022-23	Sergeant Bluff-Luton	279.5	Clint Koedam
2023-24	Sergeant Bluff-Luton	277.5	Clint Koedam
2024-25	Sergeant Bluff-Luton	288.5	Clint Koedam
2025-26	Sergeant Bluff-Luton	295	Clint Koedam



MRAC WRESTLING HISTORY

Regular Season

<u>2000-01</u>	<u>CONF</u>	<u>OVERALL</u>
East	5-0	14-2
Heelan	4-1	13-6
West	3-2	8-11
Abraham Lincoln	2-3	
North	1-4	5-10
Thomas Jefferson	0-5	

<u>2001-02</u>	<u>CONF</u>	<u>OVERALL</u>
Heelan	5-0	18-5
East	4-1	14-8
Abraham Lincoln	3-2	9-9
North	2-3	8-8
West	1-4	9-17
Thomas Jefferson	0-5	5-16

<u>2002-03</u>	<u>CONF</u>	<u>OVERALL</u>
Abraham Lincoln	5-0	12-5
East	4-1	12-8
West	3-2	10-20
Heelan	2-3	7-16
North	1-4	6-10
Thomas Jefferson	0-5	1-11

<u>2003-04</u>	<u>CONF</u>	<u>OVERALL</u>
North	4-1	6-10
East	4-1	15-7
West	3-2	7-18
Abraham Lincoln	3-2	
Heelan	1-4	6-20
Thomas Jefferson	0-5	

<u>2004-05</u>	<u>CONF</u>	<u>OVERALL</u>
North	4-1	13-9
Thomas Jefferson	3-2	
Abraham Lincoln	3-2	
West	2-3	13-15
East	2-3	4-17
Heelan	1-4	4-22

<u>2005-06</u>	<u>CONF</u>	<u>OVERALL</u>
North	5-0	24-0
West	4-1	16-13
East	3-2	
Thomas Jefferson	2-3	
Heelan	1-4	
Abraham Lincoln	0-5	

<u>2006-07</u>	<u>CONF</u>	<u>OVERALL</u>
North	5-0	30-1
West	4-1	18-11
East	3-2	
Thomas Jefferson	1-4	
Heelan	0-5	
Abraham Lincoln	2-3	

<u>2007-08</u>	<u>CONF</u>	<u>OVERALL</u>
North	5-0	
East	4-1	12-10
West	3-2	7-15
Abraham Lincoln	2-3	
Heelan	1-4	
Thomas Jefferson	0-5	

<u>2008-09</u>	<u>CONF</u>	<u>OVERALL</u>
North	5-0	10-6
East		20
West		
Abraham Lincoln		
Heelan		
Thomas Jefferson		

<u>2009-10</u>	<u>CONF</u>	<u>OVERALL</u>
East	5-0	20-1
North	4-1	18-4
West		
Abraham Lincoln		
Heelan		
Thomas Jefferson		

<u>2010-11</u>	<u>CONF</u>	<u>OVERALL</u>
North	6-0	
Sergeant Bluff-Luton	5-1	21-4
East	3-3	9-5
West		
Abraham Lincoln		
Heelan		
Thomas Jefferson		

<u>2011-12</u>	<u>CONF</u>	<u>OVERALL</u>
Sergeant Bluff-Luton	6-0	18-2
North	5-1	
East		
West		
Abraham Lincoln		
Heelan		
Thomas Jefferson		

<u>2012-13</u>	<u>CONF</u>	<u>OVERALL</u>
North	6-0	28-3
Sergeant Bluff-Luton	5-1	16-2
Thomas Jefferson	4-2	18-5
East	3-3	9-12
Abraham Lincoln	2-4	7-14
Heelan	1-5	9-22
West	0-6	7-21

<u>2013-14</u>	<u>CONF</u>	<u>OVERALL</u>
Sergeant Bluff-Luton	6-0	20-2
North	5-1	24-5
Thomas Jefferson	4-2	18-10

Abraham Lincoln	3-3	14-14
East	2-4	17-11
Heelan	1-5	10-17
West	0-6	2-37

<u>2014-15</u>	<u>CONF</u>	<u>OVERALL</u>
North	6-0	29-3
Thomas Jefferson	5-1	14-3
Sergeant Bluff-Luton	4-2	16-7
East	3-3	10-6
Abraham Lincoln	2-4	8-16
Heelan	1-5	9-22
West	0-6	3-31

<u>2015-16</u>	<u>CONF</u>	<u>OVERALL</u>
Sergeant Bluff-Luton	6-0	15-3
Thomas Jefferson	5-1	
Heelan	4-2	
North	3-3	
East	2-4	
West	1-5	
Abraham Lincoln	0-6	

<u>2016-17</u>	<u>CONF</u>	<u>OVERALL</u>
Sergeant Bluff-Luton	6-0	21-3
Thomas Jefferson		
Heelan		
North		
East		
West		
Abraham Lincoln		

<u>2017-18</u>	<u>CONF</u>	<u>OVERALL</u>
Heelan	6-0	
Sergeant Bluff-Luton	5-1	17-2
Thomas Jefferson		
North		
East		
West		
Abraham Lincoln		

<u>2018-19</u>	<u>CONF</u>	<u>OVERALL</u>
Sergeant Bluff-Luton	6-0	
Heelan	4-2	
Thomas Jefferson	4-2	
East	3-3	
North	2-4	
Abraham Lincoln	2-4	
West	0-6	

MRAC WRESTLING HISTORY

<u>2019-20</u>	<u>CONF</u>	<u>OVERALL</u>	<u>2022-23</u>	<u>CONF</u>	<u>OVERALL</u>	<u>2025-26</u>	<u>CONF</u>	<u>OVERALL</u>
Sergeant Bluff-Luton	7-0		**Sergeant Bluff-Luton	7-0	18-1	Sergeant Bluff-Luton	7-0	19-1
Le Mars	6-1		Le Mars	6-1	19-5	Abraham Lincoln	6-1	15-2
Heelan	5-2		Heelan	5-2	17-6	Le Mars	5-2	9-11
Abraham Lincoln	4-3		Abraham Lincoln	4-3	14-7	East	4-3	7-9
East	3-4		East	3-4	5-8	Thomas Jefferson	3-4	7-11
Thomas Jefferson	2-5		North	2-5	3-24	North	2-5	6-15
North	1-6		Thomas Jefferson	1-6	3-11	Heelan	1-6	4-16
West	0-7		West	0-7	1-13	West	0-7	0-22

<u>2020-21</u>	<u>CONF</u>	<u>OVERALL</u>	<u>2023-24</u>	<u>CONF</u>	<u>OVERALL</u>
Sergeant Bluff-Luton	7-0		**Sergeant Bluff-Luton	7-0	21-1
Le Mars	6-1		Abraham Lincoln	6-1	19-4
Heelan	5-2		East	4-3	8-11
Abraham Lincoln	4-3		Le Mars	4-3	9-16
East	3-4		Heelan	3-4	5-6
North	2-5		North	2-5	6-22
West	1-6		Thomas Jefferson	1-6	3-8
Thomas Jefferson	0-7		West	0-7	0-16

**State Duals qualifier
(SC) – State Champs

<u>2021-22</u>	<u>CONF</u>	<u>OVERALL</u>	<u>2024-25</u>	<u>CONF</u>	<u>OVERALL</u>
Sergeant Bluff-Luton	7-0		**Sergeant Bluff-Luton	7-0	16-2
Le Mars	5-2		Abraham Lincoln	6-1	16-4
Heelan	5-2		Le Mars	5-2	8-12
Abraham Lincoln	4-3		East	4-3	7-13
East	4-3		Thomas Jefferson	3-4	7-11
North	2-5		Heelan	2-5	5-11
West	1-6		North	1-6	3-20
Thomas Jefferson	0-7		West	0-7	0-18

MRAC WRESTLING HISTORY

Tournament

<u>2000-01</u>	<u>SCORE</u>
East	225
Heelan	190
Abraham Lincoln	167
West	142
North	135
Thomas Jefferson	135

<u>2001-02</u>	<u>SCORE</u>
Heelan	211.5
East	197
Abraham Lincoln	193.5
North	159
Thomas Jefferson	121
West	109

<u>2002-03</u>	<u>SCORE</u>
Abraham Lincoln	271
West	269
East	264
North	247
Heelan	226.5
Thomas Jefferson	154.5

<u>2003-04</u>	<u>SCORE</u>
Abraham Lincoln	300
East	280.5
Heelan	245.5
North	215.5
Thomas Jefferson	213
West	178.5

<u>2004-05</u>	<u>SCORE</u>
North	296.5
Abraham Lincoln	291.5
Heelan	230.5
Thomas Jefferson	222
West	216
East	185

<u>2005-06</u>	<u>SCORE</u>
North	340.5
East	270
West	266.5
Thomas Jefferson	234
Abraham Lincoln	183
Heelan	149.5

INDIVIDUAL CHAMPIONS

- 103 - Eric Ryan, North, 5-0
- 112 - Jon Van Beest, North, 5-0
- 119 - Frankie Ramirez, North, 5-0
- 125 - Aaron Williamson, West, 5-0
- 130 - Micah Sheffield, North, 4-1
- 135 - Justin Froehlich, Heelan, 5-0

- 140 - Blaze Gill, North, 5-0
- 145 - Austin Greer, North, 5-0
- 152 - Kevin Pottebaum, East, 5-0
- 160 - Robert Kellogg, North, 5-0
- 171 - Levi Gates, Thomas Jefferson, 5-0
- 189 - Ryan Bell, East, 5-0
- 215 - Scott Landean, West, 5-0
- 285 - Andy Burger, East, 5-0

<u>2006-07</u>	<u>SCORE</u>
North	384.5
East	303
West	269
Heelan	193.5
Abraham Lincoln	171
Thomas Jefferson	139

<u>2007-08</u>	<u>SCORE</u>
North	329.5
East	255
Abraham Lincoln	254.5
West	220
Heelan	208.5
Thomas Jefferson	161

<u>2008-09</u>	<u>SCORE</u>
North	
East	
Abraham Lincoln	
West	
Heelan	
Thomas Jefferson	

<u>2009-10</u>	<u>SCORE</u>
East	396.5
North	297
Abraham Lincoln	
West	
Heelan	
Thomas Jefferson	

<u>2010-11</u>	<u>SCORE</u>
North	233.5
Sergeant Bluff-Luton	229.5
East	166
Thomas Jefferson	145.5
West	118.5
Abraham Lincoln	101
Heelan	64.5

Note: First season of traditional tourney format

<u>2011-12 AT NORTH</u>	<u>SCORE</u>
Sergeant Bluff-Luton	248.5
Thomas Jefferson	195
North	180.5

East	174.5
Abraham Lincoln	119.5
West	102
Heelan	89

INDIVIDUAL CHAMPIONS

- 106 - Gabe Hoogers, North
- 113 - Randy Schultz, Thomas Jefferson
- 120 - Shane Gill, North
- 126 - Colton McCrystal, Sergeant Bluff-Luton
- 132 - Steven Garcia, Sergeant Bluff-Luton
- 138 - Hunter Langley, Sergeant Bluff-Luton
- 145 - Julian Ysquierdo, East
- 152 - Ethan Lara, East
- 160 - Josh King, Sergeant Bluff-Luton
- 170 - Christian Brobst, Heelan
- 182 - Sean Fitzgerald, Sergeant Bluff-Luton
- 195 - Kenny Rhodd, Thomas Jefferson
- 220 - Tyler Nguyen, Sergeant Bluff-Luton
- 285 - Jordan Bywater, Abraham Lincoln

<u>2012-13 AT SBL</u>	<u>SCORE</u>
North	234.5
Sergeant Bluff-Luton	214
Thomas Jefferson	145
East	134
Abraham Lincoln	110
Heelan	100
West	69.5

INDIVIDUAL CHAMPIONS

- 106 - Colton Clingenpeel, Thomas Jefferson
- 113 - Jordan Peterson, Abraham Lincoln
- 120 - Shane Gill, North
- 126 - Dalton Hanson, North
- 132 - Colton McCrystal, Sergeant Bluff-Luton
- 138 - Steven Garcia, Sergeant Bluff-Luton
- 145 - Taron Flemister, West
- 152 - Bret Tomoson, Sergeant Bluff-Luton
- 160 - Mitch Otto, East
- 170 - Dustin Fuller, North
- 182 - Dylan Thomas, North
- 195 - Christian Brobst, Heelan
- 220 - Tyler Nguyen, Sergeant Bluff-Luton
- 285 - Max Stewart, North

<u>2013-14 AT CBTJ</u>	<u>SCORE</u>
Sergeant Bluff-Luton	226
East	206.5
North	199
Thomas Jefferson	140
Heelan	103
Abraham Lincoln	91
West	51.5

MRAC WRESTLING HISTORY

INDIVIDUAL CHAMPIONS

106 - Brayden Curry, Sergeant Bluff-Luton
 113 - Devin Phaly, Sergeant Bluff-Luton
 120 - Robbie Finch, Abraham Lincoln
 126 - Colton Clingenpeel, Thomas Jefferson
 132 - Calton Hanson, North
 138 - Johnny Stephens, East
 145 - Steven Garcia, Sergeant Bluff-Luton
 152 - Bret Tomoson, Sergeant Bluff-Luton
 160 - Wisam Najdawi, North
 170 - Mitchell Otto, East
 182 - Calvin Buchanan, East
 195 - Christian Brobst, Heelan
 220 - Brendon Armbruster, North
 285 - Jordan Bywater, Abraham Lincoln

<u>2014-15 AT WEST</u>	<u>SCORE</u>
Thomas Jefferson	226
North	217.5
Sergeant Bluff-Luton	208
East	169
Abraham Lincoln	92
Heelan	85
West	46

INDIVIDUAL CHAMPIONS

106 - McGwire Midkiff, Thomas Jefferson
 113 - Devin Phaly, Sergeant Bluff-Luton
 120 - Brayden Curry, Sergeant Bluff-Luton
 126 - Rhyker Sims, Sergeant Bluff-Luton
 132 - Cain Blenderman, Sergeant Bluff-Luton
 138 - Colton Clingenpeel, Thomas Jefferson
 145 - Johnny Stephens, East
 152 - Connor Coyle, North
 160 - Deion Clayborne, North
 170 - Tyler Strong, Sergeant Bluff-Luton
 182 - Mitchell Otto, East
 195 - Brendan Anderson, Thomas Jefferson
 220 - Tanner Hulit, East
 285 - Jack Niggeling, Heelan

<u>2015-16 AT CBAL</u>	<u>SCORE</u>
Sergeant Bluff-Luton	213.5
Thomas Jefferson	201
East	178
Heelan	164
North	125.5
Abraham Lincoln	106
West	60

INDIVIDUAL CHAMPIONS

106 - Dominique Hollowell, Sergeant Bluff-Luton
 113 - McGwire Midkiff, Thomas Jefferson
 120 - Rhyker Sims, Sergeant Bluff-Luton
 126 - Brayden Curry, Sergeant Bluff-Luton
 132 - Easton Graff, Sergeant Bluff-Luton

138 - Lanny Herzog, Abraham Lincoln
 145 - Dom Strawn, West
 152 - Colton Clingenpeel, Thomas Jefferson
 160 - Shyler Langley, Heelan
 170 - Deion Clayborne, North
 182 - Jacob Wiley, East
 195 - Cameron Baker, Thomas Jefferson
 220 - Brady Stange, East
 285 - Jesse Ramirez, West

<u>2016-17 AT EAST</u>	<u>SCORE</u>
Sergeant Bluff-Luton	233
Heelan	186
Thomas Jefferson	193
East	151
North	142.5
Abraham Lincoln	104
West	53

INDIVIDUAL CHAMPIONS

106 - Sean Henney, East
 113 - Dominique Hollowell, Sergeant Bluff-Luton
 120 - Anthony Watts, Thomas Jefferson
 126 - McGwire Midkiff, Thomas Jefferson
 132 - Brayden Curry, Sergeant Bluff-Luton
 138 - Easton Graff, Sergeant Bluff-Luton
 145 - Lanny Herzog, Abraham Lincoln
 152 - Luke Martin, Heelan
 160 - Clement Oyadare, North
 170 - Shyler Langley, Heelan
 182 - Kyle Benson, Sergeant Bluff-Luton
 195 - Cameron Baker, Thomas Jefferson
 220 - Dustin Samaniego, Heelan
 285 - Damon Wilson, Abraham Lincoln

<u>2017-18 AT NORTH</u>	<u>SCORE</u>
Sergeant Bluff-Luton	242.5
Heelan	225.5
North	168
East	141
Thomas Jefferson	141
Abraham Lincoln	98
West	27

INDIVIDUAL CHAMPIONS

106 - Mason Allen, Thomas Jefferson
 113 - Nate Curry, Sergeant Bluff-Luton
 120 - Jack Gaukel, Sergeant Bluff-Luton
 126 - Isaac Bryan, Sergeant Bluff-Luton
 132 - Cesar Salazar, Thomas Jefferson
 138 - Easton Graff, Sergeant Bluff-Luton
 145 - Lanny Herzog, Abraham Lincoln
 152 - Eric Steele, East
 160 - Luke Martin, Heelan
 170 - Clement Oyadare, North
 182 - Caleb Engel, Heelan

195 - Shyler Langley, Heelan
 220 - Diego Samaniego, Heelan
 285 - Kobe Clayborne, Heelan

<u>2018-19 AT SBL</u>	<u>SCORE</u>
Sergeant Bluff-Luton	235
Heelan	225.5
Thomas Jefferson	144
East	143
North	131
Abraham Lincoln	92
West	38

INDIVIDUAL CHAMPIONS

106 - Tanner Potter, Abraham Lincoln
 113 - Brayden Graff, Sergeant Bluff-Luton
 120 - Nate Curry, Sergeant Bluff-Luton
 126 - Jude Ryan, Abraham Lincoln
 132 - Jack Gaukel, Sergeant Bluff-Luton
 138 - Brennan Todd, Heelan
 145 - Seneca Calhoun, Thomas Jefferson
 152 - Easton Graff, Sergeant Bluff-Luton
 160 - Luke Martin, Heelan
 170 - Frank Vondrak, Heelan
 182 - Colby Wilmesherr, Heelan
 195 - Gabe Warren, Sergeant Bluff-Luton
 220 - Cameron Baker, Thomas Jefferson
 285 - Kobe Clayborne, Heelan

<u>2019-20 AT HEELAN</u>	<u>SCORE</u>
Sergeant Bluff-Luton	259
Le Mars	203.5
Heelan	162.5
East	161.5
Thomas Jefferson	122
North	119
Abraham Lincoln	100.5
West	46

INDIVIDUAL CHAMPIONS

106 - Alex Mendoza, Thomas Jefferson
 113 - Logan Williams, North
 120 - Jacob McGowan, Heelan
 126 - Nick Walters, North
 132 - Nate Curry, Sergeant Bluff-Luton
 138 - Isaac Bryan, Sergeant Bluff-Luton
 145 - Cory Bates, Sergeant Bluff-Luton
 152 - Jack Gaukel, Sergeant Bluff-Luton
 160 - Jake Francksen-Small, Le Mars
 170 - Blake Liebe, Sergeant Bluff-Luton
 182 - Colton Hoag, Le Mars
 195 - Wade Phair, Sergeant Bluff-Luton
 220 - Patrick Conley, East
 285 - Steven Huscher, East

<u>2020-21 AT LONG LINES RC</u>	<u>SCORE</u>
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MRAC WRESTLING HISTORY

Le Mars	215
Sergeant Bluff-Luton	209
East	187.5
Heelan	174.5
Abraham Lincoln	139
North	86
West	58
Thomas Jefferson	33.5

INDIVIDUAL CHAMPIONS

106 - Ethan Skoglund, Sergeant Bluff-Luton
113 - Nick Fehl, East
120 - Luke Brockelsby, East
126 - Nick Walters, North
132 - Hunter Steffans, Sergeant Bluff-Luton
138 - Marcus Headid, Sergeant Bluff-Luton
145 - Jude Ryan, Abraham Lincoln
152 - Jackson Sudtelgte, Le Mars
160 - Jack Gaukel, Sergeant Bluff-Luton
170 - Mitchell Joines, Heelan
182 - Ayden Hoag, Le Mars
195 - Riley Sadoski, Le Mars
220 - Colton Hoag, Le Mars
285 - Colin Hubbell, Heelan

2021-22 AT LONG LINES RC SCORE

Sergeant Bluff-Luton	290.5
Heelan	186
Abraham Lincoln	142.5
Le Mars	141
East	113
West	84
North	35
Thomas Jefferson	22

INDIVIDUAL CHAMPIONS

106 - Ethan Skoglund, Sergeant Bluff-Luton
113 - Nick Fehl, East
120 - Jackson Kinnetz, Heelan
126 - Bo Koedam, Sergeant Bluff-Luton
132 - Noah Parmelee, Sergeant Bluff-Luton
138 - Sir Brandon Watts, Heelan
145 - Hunter Steffans, Sergeant Bluff-Luton
152 - Zander Ernst, Sergeant Bluff-Luton
160 - Zayvion Ellington, Sergeant Bluff-Luton
170 - Ethan DeLeon, Heelan
182 - Garrett McHugh, Sergeant Bluff-Luton
195 - Camden Feuerhelm, Le Mars
220 - Ayden Hoag, Le Mars
285 - Kaden Dillavou, Sergeant Bluff-Luton

2022-23 AT LE MARS SCORE

Sergeant Bluff-Luton	279.5
Le Mars	200.5
Heelan	191
Abraham Lincoln	158.5

East	88
West	71
Thomas Jefferson	65
North	58

INDIVIDUAL CHAMPIONS

106 - Jayce Curry, Sergeant Bluff-Luton
113 - Danny Cleveland, East
120 - Ethan Skoglund, Sergeant Bluff-Luton
126 - Dalton VanWyhe, Sergeant Bluff-Luton
132 - Bo Koedam, Sergeant Bluff-Luton
138 - Parker Herzog, Abraham Lincoln
145 - Ty Koedam, Sergeant Bluff-Luton
152 - Hunter Steffans, Sergeant Bluff-Luton
160 - Zayvion Ellington, Sergeant Bluff-Luton
170 - Sir Brandon Watts, Heelan
182 - Ethan DeLeon, Heelan
195 - Garrett McHugh, Sergeant Bluff-Luton
220 - Ayden Hoag, Le Mars
285 - Kaden Buss, West

2023-24 AT CBAL SCORE

Sergeant Bluff-Luton	277.5
Abraham Lincoln	204
East	152
Heelan	136.5
Le Mars	122
North	88
Thomas Jefferson	61
West	32

INDIVIDUAL CHAMPIONS

106 - Braydon Tranmer, Abraham Lincoln
113 - Jayce Curry, Sergeant Bluff-Luton
120 - Jaymeson VanderVelde, Abraham Lincoln
126 - Ethan Skoglund, Sergeant Bluff-Luton
132 - Cassidy Craig, Sergeant Bluff-Luton
138 - Dalton VanWyhe, Sergeant Bluff-Luton
144 - Jackson Kinnetz, Heelan
150 - Ayden McRoberts, Sergeant Bluff-Luton
157 - Bo Koedam, Sergeant Bluff-Luton
165 - Zayvion Ellington, Sergeant Bluff-Luton
175 - Kaleb Pendergast, Sergeant Bluff-Luton
190 - Camden Feuerhelm, Le Mars
215 - Ethan Erickson, Heelan
285 - Garrett Walling, East

2024-25 AT EAST SCORE

Sergeant Bluff-Luton	288.5
Abraham Lincoln	223.5
Le Mars	156.5
Heelan	114
East	109
Thomas Jefferson	98.5
North	55.5

West	28.5
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INDIVIDUAL CHAMPIONS

106 - Braydon Tranmer, Abraham Lincoln
113 - Gabe Showers, Abraham Lincoln
120 - Drake Howard, Sergeant Bluff-Luton
126 - Jayce Curry, Sergeant Bluff-Luton
132 - Luis Avalos, Abraham Lincoln
138 - Dax Koedam, Sergeant Bluff-Luton
144 - Ben Walsh, Sergeant Bluff-Luton
150 - Ayden McRoberts, Sergeant Bluff-Luton
157 - Logan Dunn, Sergeant Bluff-Luton
165 - Bo Koedam, Sergeant Bluff-Luton
175 - Zayvion Ellington, Sergeant Bluff-Luton
190 - Kaleb Pendergast, Sergeant Bluff-Luton
215 - Ethan Erickson, Heelan
285 - Hayden Overgaard, Heelan

2025-26 AT NORTH SCORE

Sergeant Bluff-Luton	295
Abraham Lincoln	180
East	149.5
Le Mars	143
North	109.5
Thomas Jefferson	91
Heelan	48
West	35

INDIVIDUAL CHAMPIONS

106 - Luke Walsh, Sergeant Bluff-Luton
113 - Josh Gray, Sergeant Bluff-Luton
120 - Isaiah Greer, East
126 - Jayce Curry, Sergeant Bluff-Luton
132 - Danny Cleveland, East
138 - Kevin Klein, East
144 - Drake Howard, Sergeant Bluff-Luton
150 - Ben Walsh, Sergeant Bluff-Luton
157 - Dax Koedam, Sergeant Bluff-Luton
165 - Noah Chapman, Sergeant Bluff-Luton
175 - Koven Dighton, Abraham Lincoln
190 - Kougar Sargisson, Le Mars
215 - Ayden Dather, Sergeant Bluff-Luton
285 - Leslie Sliter, North